



YOURDESTINYISHEREINC

LINDA J. IVEY MINISTRIES
GREATER IS COMING

DESTINY – HOPE



In the last edition of Your Destiny is Here, Inc. (November 2022) we shared with you where we started, what we've accomplished thus far, and our future plans. While our mission "to reach everyone who has a desire for greater" remains the same, we see ourselves enlarging our efforts in 2023. As we have moved into our vision, we have become wiser, stronger, and surer about our purpose. Our Advisory Board Members are one in mission and purpose, *praise the Lord*. All of our Destinies are assured, and we plan to walk in them for the good of YDH, the community and to the Glory of God.

What about you? What are you hoping for in 2023? What are your desires? Are you walking in the destiny and plans God has for you? Are you listening for His leading, evaluating your steps, making adjustments when needed? Are you being a blessing to others? All of these are steps to fulfilling the destiny God has for you. If you haven't made these choices, why are you waiting? Whether you believe it or not, "God has **plans** to prosper you and not to harm you". Notice God has '**plans**' plural. "**Plans** to give you a hope and a future", Jeremiah 29:11. Don't believe it? I suggest you give the Lord a try in 2023, especially if you've tried everything else. *Taste and see that the Lord is good* (Psalm 34:8).

WALKING IN DESTINY SCRIPTURE



For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future. Jeremiah 29:11

This is what the LORD says – your Redeemer, the Holy One of Israel: "I am the LORD your God, who teaches you what is good for you and leads you along the paths you should follow. Isaiah 48:17

I will instruct you and teach you the way you should go; I will give you counsel and watch over you. Psalm 32:8

CALL TO ACTION – MANAGING JUDGMENTS OF OTHERS



This month's call to action is to be mindful of judgments of others. When dealing with others, think on these things:

- 1 - Do I hold myself to the same standards that I have for others?
- 2 - Are my judgments of others based on what the other person can do or on what I want them to do?

Many of us have judgments of others, especially when someone does or says the 'wrong thing'. We all have made mistakes, and none of us are perfect. None of us are any better than the other, no matter our fame, beauty, color, finances, or education. What if God judged us and stopped blessing us because of our past mistakes? Think of all the blessings we would have missed. Just as we make mistakes, ask for forgiveness, and receive mercy, we must give the same grace to others. Follow the Word of the Lord and it will help check our judgmental attitudes.

Luke 36:31 - Do unto others as you would have others do unto you.

James 2:12-13 - You will be judged on whether or not you are doing what Christ wants you to. So watch what you do and what you think; for there will be no mercy to those who have shown no mercy. But if you have been merciful, then God's mercy toward you will win out over his judgment against you.

Colossians 3:12-13 - Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness, and patience. Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.

TRIVIA QUESTION

Who invented refrigerated trucks?



(Answer at the end of the newsletter)

DISCOVERY



"Forget the former things; do not dwell on the past. See, I am doing a new thing! Now it springs up; do you not perceive it? I am making a way in the wilderness and streams in the wasteland."
Isaiah 43:18-19

Search for words associated with a new start.

K	I	C	K	O	F	F	N	W	S	F	N	U
H	O	P	E	R	N	E	W	B	I	R	T	H
T	N	W	R	A	T	S	A	H	S	E	W	C
R	S	F	A	I	T	H	D	S	E	S	D	N
O	E	R	R	E	N	E	W	E	N	H	E	U
F	T	F	E	C	W	N	E	M	E	S	V	A
G	N	I	D	L	O	F	N	U	G	T	E	L
N	O	I	T	P	E	C	N	O	C	A	L	L
I	N	O	I	T	A	N	I	G	I	R	O	W
R	I	S	E	C	O	D	E	B	U	T	P	W
P	T	N	E	M	E	C	N	E	M	M	O	C
S	G	N	I	N	N	I	G	E	B	W	E	N
T	A	K	E	T	H	E	P	L	U	N	G	E

COMMENCEMENT
 CONCEPTION
 DAWN
 DEBUT
 DEVELOP
 FAITH
 FRESH START
 GENESIS
 HOPE
 KICKOFF
 LAUNCH
 NEW BEGINNINGS
 NEW BIRTH
 ONSET
 ORIGINATION
 RENEW
 RISE
 SPRING FORTH
 TAKE THE PLUNGE
 UNFOLDING



► **LumiNature | Philadelphia Zoo | 3400 W. Girard Street, Phila, PA 19104**

Runs thru January 7th, 5pm – 10pm

If you don't mind hanging out in the cold, check out the Philadelphia Zoo and experience LumiNature, the Zoo's annual walk-through display of animals, tunnels, and trees made of colorful lights. Open through **January 7th**. Go to <https://www.philadelphiazoo.org/luminature/> to reserve and get ticket prices.

► **Salsa & Balchata Dance Party | Love Park | Arch Street, Phila, PA 19102**

7pm – 10pm, Fridays – January 6th, 13th, 20th and 27th

Join Siempre Salsa Philly and Dance Republic for a group Dance Lesson immediately followed by the opportunity to "dance the night away" to the sounds of Philly's top Latin DJs and/or the region's best salsa bands.

► **Free Science Saturdays | Ferko Playground, 1101 E. Cayuga Street, Phila, 19124**

12pm – 9pm on Saturday, January 7th, 14th, 21st, 28th

What do dinosaurs, river critters, and the sprayground at Ferko Playground have in common? Come find out while you map your relationship to the watershed with Independence Seaport Museum. The event is hosted by Tookany/Tacony Frankward Watershed Partnership.

Please view TTF's event calendar for event updates and changes: tffwatershed.org/events

*You may not control all the events that happen to you,
but you can decide not to be reduced by them.*

Maya Angelou



RESOURCES IN PHILADELPHIA AND THE SURROUNDING AREAS

At the time of publication, resources listed were obtainable.

Covid-19 resources change daily. We recommend you call and verify that what you are interested in is still available.

Please share the following with friends, family, neighbors and within your social and ministry circles.
Feel free to post on your personal social media and church bulletin boards.

■ **COVID-19 VACCINES**

(Information from the CDC)

Covid-19 vaccines in the United States are effective at protecting people from getting seriously ill, being hospitalized, and dying. As with other vaccine-preventable diseases, you are protected best from Covid-19 when you stay up to date with the recommended vaccinations, including recommended boosters.

Four Covid-19 vaccines are approved or authorized in the United States: Pfizer-BioNTech, Moderna, Novavax, Johnson & Johnson's Janssen (J&J/Janssen). (The CDC recommends that the J&J/Janssen Covid-19 vaccine only be considered in certain situations due to safety concerns.)

Updated (Bivalent) Boosters

The updated (bivalent) boosters are called "bivalent" because they protect against **both** the original virus that causes Covid-19 **and** the Omicron variant BA.4 and BA.5. Previous boosters are called "monovalent" because they were designed to protect against the original virus that caused Covid-19. They also provide some protection against Omicron, but not as much as the updated (bivalent) boosters.

The virus that causes Covid-19 has changed over time. The different versions of the virus that have developed are called variants.

Two Covid-19 vaccine manufacturers, Pfizer and Moderna, have developed updated (bivalent) Covid-19 boosters.

When Are You Up to Date?

You are **up to date** with your Covid-19 vaccines when you have completed a Covid-19 vaccine primary series and got the most recent booster dose recommended for you by the CDC.

■ COVID RELIEF

Philadelphians who have lost loved ones due to covid, can receive FEMA aid to cover funeral expenses, up to \$9,000 per person lost. Call 844-684-6333 to apply.

■ COVID-19 VACCINATIONS

Pharmacies across the city offer the vaccines. Most local pharmacies will give second shots to people who are due or overdue, regardless of where you got your first dose. Check with your local pharmacy for details.

You may be able to get your COVID-19 vaccine or booster at home.

This program is for:

- People who are homebound.
- People who have disabilities or health issues that prevent them from leaving their home for a vaccine.
- Anyone who is having a hard time accessing the vaccine, including people with transportation and scheduling issues.

To request an in-home appointment, **fill out the online form**



FOLLOWING ARE COVID-19 VACCINATION SITES BY ZIP CODE.

Note - site dates and times vary daily.

19104

- ▶ **Health Center 3 Annex, Pop-Up Covid-19 Clinic** | 4219 Chester Ave, Phila, 19104 Open to all Philadelphians age 5 and older. To schedule an appointment, call 215-685-2933.

8am – 1pm on Mon 2nd, Wed 4th, Thu 5th, Fri 6th, Mon 9th, Wed 11th, Thu 12th, Fri 13th, Mon 16th, Wed 18th, Thu 19th, Fri 20th, Mon 23rd, Wed 25th, Thu 26th, Fri 27th and Mon 30th

8am – 3pm on Tuesdays, 3rd, 10th, 17th, 24th and 31st

- ▶ **Health Center 4, Pop-Up Covid-19 Clinic** | 4400 Haverford Ave, Phila, 19104 By appointment only. To schedule an appointment, call 215-685-2933.

8am – 12:30pm on Mon 2nd, Tue 3rd, Mon 9th, Tue 10th, Tue 17th, Mon 23rd, Tue 24th, Mon 30th and Tue 31st

19121

Berks Street Annex, Pop-Up Covid-19 Clinic | 2001 W. Berks St, Phila, 19121

Open to all Philadelphians age 5 and older. To schedule an appointment call 215-685-2933.

8am – 1pm on Mon 2nd, Wed 4th, Thu 5th, Fri 6th, Mon 9th, Wed 11th, Thu 12th, Fri 13th, Mon 16th, Wed 18th, Thu 19th, Fri 20th, Mon 23rd, Wed 25th, Thu 26th, Fri 27th and Mon 30th

8am – 3pm on Tuesdays, 3rd, 10th, 17th, 24th and 31st

19123

Health Center 6 Annex, Pop-Up Covid-19 Clinic | 301 W. Girard Ave, Phila, 19123

Open to all Philadelphians age 5 and older. To schedule an appointment call 215-685-2933.

8am – 1pm on Mon 2nd, Wed 4th, Thu 5th, Fri 6th, Mon 9th, Wed 11th, Thu 12th, Fri 13th, Mon 16th, Wed 18th, Thu 19th, Fri 20th, Mon 23rd, Wed 25th, Thu 26th, Fri 27th and Mon 30th

8am – 3pm on Tuesdays – 3rd, 10th, 17th, 24th and 31st

19132

- ▶ **The Black Doctor's Consortium** | 2001 W. Lehigh Avenue (20th & Dr. Ala Stanford Way) Phila, 19132, 1-844-4-BDC-DOC

Weekly, free, vaccinations and testing.

Click here for information: <https://blackdoctorsconsortium.com/free-covid-19-testing-vaxx/>

Click here to make an appointment: <https://bdccares.com/appointments/>

- ▶ **Strawberry Mansion Health Center, Pop-Up Vaccine Clinic** | 2840 W. Dauphin St, Phila, 19132
By appointment only, call 215-685-2933

8am – 12:30pm Mon 2nd, Tue 3rd, Mon 9th, Tue 10th, Mon 16th, Tue 17th, Mon 23rd, Tue 24th, Mon 30th and Tue 31st

19144

Health Center 9, Pop-Up Vaccine Clinic | 131 E. Cheltenham Ave, Phila 19144

By appointment only, call 215-685-2933 for scheduling.

8am – 12:30 pm on Mon 2nd, Thu 5th, Fri 6th, Mon 9th, Thu 12th, Fri 13th, Mon 16th, Thu 19th, Fri 20th, Mon 23rd, Thu 26th, Fri 27th and Mon 30th

19145

Health Center 2, Pop-Up Covid-19 Clinic | 1700 S. Broad St, Phila, 19145, Location Unit 201

By appointment only. To schedule an appointment call 215-685-2933.

8am – 12:30pm on Mon 2nd, Tue 3rd, Wed 4th, Fri 6th, Mon 9th, Tue 10th, Wed 11th, Fri 13th, Mon 16th, Tue 17th, Wed 18th, Fri 20th, Mon 23rd, Tue 24th, Wed 25th, Fri 27th, Mon 30th and Tue 31st

19149

Health Center 10 Annex, Pop-Up Covid-19 Clinic | 2230 Cottman Ave, Phila, 19149

Open to all Philadelphians age 5 and older. To schedule an appointment call 215-685-2933.

8am – 1pm on Mon 2nd, Wed 4th, Thu 5th, Fri 6th, Mon 9th, Wed 11th, Thu 12th, Fri 13th, Mon 16th, Wed 18th, Thu 19th, Fri 20th, Mon 23rd, Wed 25th, Thu 26th, Fri 27th and Mon 30th
– 3pm on Tuesdays – 3rd, 17th, 24th and 31st

■ COVID-19 TESTING

For information and distribution locations go to:

<https://www.phila.gov/2022-05-24-get-tested-at-home-for-covid-19/>

Testing map - Search this map of permanent testing sites. You can: Search for a testing site by address; Click on a location for specific site information; Filter the list of sites.



FOLLOWING ARE COVID-19 TESTING SITES BY ZIP CODE.

Note - site dates and times vary daily.

19120

Resource Hub | Mi Salud Wellness Center | Distribution Only Covid-19 at home test
200 E. Wyoming Ave, Phila, 19120

Distribution of at-home Covid-19 rapid antigen tests. o Insurance or ID required.

Each person eligible to receive two at-home testing kit. PDPH staff available on-site to provide instructions on how to use the test, isolation/quarantine guidance, and answer questions.

9am – 4pm on Mon 2nd, Wed 4th, Thu 5th, Mon 9th, Wed 11th, Thu 12th, Mon 16th, Wed 18th, Thu 19th, Mon 23rd, Wed 25th, Thu 26th, Fri 27th and Mon 30th

12pm – 7pm on Tuesdays, 3rd, 10th, 17th, 24th and 31st

830 am – 330pm on Fridays - 6th, 13th and 20th

19138

Resource Hub | The Shoppes at LaSalle | Distribution Only Covid-19 at home test
5301 Chew Ave, Phila, 19138

Distribution of at-home Covid-19 rapid antigen tests. No Insurance or ID required.

Each person eligible to receive two at-home testing kit. PDPH staff available on-site to provide instructions on how to use the test, isolation/quarantine guidance, and answer questions.

10am – 4pm on Sundays - 1st and 15th

10am – 5 pm on Mon 2nd, Tue 3rd, Thu 5th, Sun 8th, Mon 9th, Tue 10th, Thu 12th, Mon 16th, Tue 17th, Thu 19th, Sun 22nd, Mon 23rd, Tue 24th, Thu 26th, Sun 29th, Mon 30th and Tue 31st

12pm – 7pm on Wednesdays - 4th, 11th, 18th and 25th

19143

Resource Hub | Bethany Baptist Church | Distribution Only Covid-19 at home test
5747 Warrington Ave, St, Phila, 19143

Distribution of at-home Covid-19 rapid antigen tests. Insurance or ID required.

Each person eligible to receive two at-home testing kit. PDPH staff available on-site to provide instructions on how to use the test, isolation/quarantine guidance, and answer questions.

9am – 4pm on Mon 2nd, Tue 3rd, Thu 5th, Fri 6th, Mon 9th, Tue 10th, Thu 12th, Fri 13th, Mon 16th, Tue 17th, Thu 19th, Fri 20th, Mon 23rd, Tue 24th, Wed 25th, Thu 26th, Fri 27th, Mon 30th and Tue 31st

11am – 6pm on Wednesdays - 4th, 11th and 18th

19148

- ▶ **Resource Hub | Mt. Enon Baptist Church | Distribution Only Covid-19 at home test**
500 Snyder Ave, Phila, 19148

Distribution of at-home Covid-19 rapid antigen tests. o Insurance or ID required.

Each person eligible to receive two at-home testing kit. PDPH staff available on-site to provide instructions on how to use the test, isolation/quarantine guidance, and answer questions.

9am – 4pm on Mon 2nd, Tue 3rd, Wed 4th, Thu 5th, Fri 6th, Mon 9th, Tue 10th, Wed 11th, Thu 12th, Fri 13th, Mon 16th, Tue 17th, Wed 18th, Thu 19th, Fri 20th, Mon 23rd, Tue 24th, Wed 25th, Thu 26th, Fri 27th, Mon 30th and Tue 31st

- ▶ **Resource Hub | Whitman Plaza | Distribution Only Covid-19 at home test**
330 W. Oregon Ave, Phila, 19148

Distribution of at-home Covid-19 rapid antigen tests. o Insurance or ID required.

Each person eligible to receive two at-home testing kit. PDPH staff available on-site to provide instructions on how to use the test, isolation/quarantine guidance, and answer questions.

10am – 5pm on Mon 2nd, Tue 3rd, Wed 4th, Thu 5th, Fri 6th, Mon 9th, Tue 10th, Wed 11th, Thu 12th, Fri 13th, Mon 16th, Tue 17th, Wed 18th, Thu 19th, Fri 20th, Mon 23rd, Tue 24th, Wed 25th, Thu 26th, Fri 27th, Mon 30th and Tue 31st

FOOD RESOURCES

The City and its partners provide free food and meals to supplement the existing food pantry network.

- Food distribution sites offer free food for residents. No ID or proof of income is required.
- Student meal sites provide free meals for children and youth in safe spaces throughout the city. Senior meal sites offer grab-and-go meals for older adults. You must contact the site to reserve your meal for pick-up.
- Meal sites for residents experiencing hunger and homelessness. Please confirm mealtimes prior to arriving at the site.

To find children, youth, and senior meal providers near you: [**VIEW THE FOOD SITES MAP**](#)

Click here to [**Find meal sites for residents experiencing hunger and homelessness**](#)

FOLLOWING ARE FOOD DISTRIBUTION SITES BY ZIP CODE.

19119

New Covenant Church of Philadelphia | 7500 Germantown Ave, Phila, 19119 1pm until all food is distributed, Saturdays, 7th, 14th, 21st

19121

Fresh For All Wednesdays | Greater Enon Missionary Baptist Church
1854 N. 22nd St, Phila, 19121 | 215-765-3135

Weekly produce stand. Free to all, runs weather dependent. Find it in front of the school.
12:30pm – 1:30pm on Wednesdays – 4th, 11th, 18th and 25th

19135

Grab-n-Go Distribution | 6801 Cottage St, Phila, 19135

Stop by at the back of Disston to grab a free 5-10 lb bag of produce. Open to anyone in the community.
2:30pm – 3:30pm on Wednesdays – 4th, 11th, 18th, and 25th

19141

Einstein Healthcare Network & Philabundance

At the corner of 11th Street @W. Clarkson Street. Phila, 19141

Tuesday mornings starting at 9:30 – 10:30 am

A weekly produce market where fresh fruits and vegetables are distributed at no cost.
On the Einstein Medical Center Philadelphia campus.

HOUSEHOLD RESOURCES

▶ **Housing Assistance**

[Homeowners](#) and [renters assistance](#) is available for those struggling with monthly payments due to the Covid-19 pandemic.



▶ **Smoke Alarms**

Philadelphia residents call 3-1-1 to receive a free smoke alarm installation. You can also [submit a request to Philly 311 online](#).



▶ **Let's Talk Safety** | 900AM, 96.1FM or online at wurdradio.com

Saturday, January 14th, 3 pm to 4:00 pm

Fire Commissioner Adam Thiel hosts his monthly talk show on WURD-900AM.

▶ **Philly First Home**

A first time Home buyers down payment assistance program.

The City of Philadelphia is offering a homebuyer assistance grant of up to \$10,000 (or 6% of the home's purchase price, whichever is lower) to assist first-time homebuyers reduce the principal, cover down payment and loan closing costs for those purchasing their first home. For eligibility information go to: [Philly First Home](#)

Hold fast to dreams, for if dreams die, life is a broken winged bird that cannot fly."
Langston Hughes

► **How To Prevent A PECO Or PGW Shutoff** | *Info from the Community Legal Services of Philadelphia*

If you are behind on your bills or have already received a shutoff notice, follow these steps right away:

1. **Apply For Grant Assistance:** Apply for utility grants from LIHEAP (applications are open from October 18th - June 17th) and Utility Emergency Services Fund (UESF). These grants can be used to pay your gas or electric bill, rescind a shutoff notice, and do not need to be repaid.
LIHEAP: You can apply online through compass.state.pa.us, in person at your county assistance office or by phone by calling (866) 857-7095. Call 215-972-5170 (Requires service shutoff or shutoff notice).
2. **Apply For A Low-Income Assistance Program:**
PECO's Customer Assistance Program (CAP) or PGW's Customer Responsibility Program (CRP) help low-income customers lower their monthly bills and assist with debt forgiveness. Enrolling in one of these programs may prevent a shutoff.
PECO's CAP: Call (800) 774-7040 or apply online at tinyurl.com/Apply-CAP-PECO
PGW's CRP: Call (215) 684-6100 or apply online at www.pgworks.com/customer-care/crp
3. **Request A Payment Arrangement:** Anyone, regardless of income can request a payment arrangement. Do not agree to a payment arrangement that you can't afford. If you're denied a payment arrangement and you wish to challenge that decision, request the reason for your denial and call the PUC's Bureau of Consumer Services office. Call PECO at (888) 480-1533 or PGW at (215) 235-1777 and ask for a payment agreement on your balance.
4. **Request A Medical Certificate:** If you or someone in your house has a serious illness or medical condition that would be impacted by loss of utilities, you may be eligible for a medical certificate, which stops termination for 30 days. (Additional 30 day renewals may be possible.)
Call PECO or PGW. Give the utility your medical provider's fax number. The utility will fax a medical certificate to the medical provider.
5. **File A Dispute With The Public Utility Commission (Puc):** If filed before the day of shutoff, an informal complaint, regarding your bill or pending termination, will temporarily stop the shutoff while the PUC investigates. Call the Bureau of Consumer Services at (800) 692-7380.

*Keep digging. Nobody said it's going to be easy. You have to dig into yourself.
Think about your family, think about the journey itself. Think in the moment.
Meb Keflezighi, 2014 Boston Marathon Winner and 2004 Olympic silver medalist.*

► **Water Assistance Program/LIHWAP**

The Low-Income Household Water Assistance Program (LIHWAP) is a temporary emergency program to help low-income families pay overdue water bills. LIHWAP is a grant. **You do not have to repay it.**

LIHWAP crisis grants may be available if you have an emergency situation and are in jeopardy of losing your water service. You can receive one crisis grant for your drinking water service and one crisis grant for your wastewater service, up to \$2,500 each.



How to Apply

- **Online:** www.compass.state.pa.us
- **Paper:** You can download a paper application, print it, fill it out, and return it to your local county assistance office.
 - **LIHWAP Paper Application – English (PDF)**
 - **LIHWAP Paper Application – Spanish (PDF)**
- **Phone:** Request an application by calling the Statewide Customer Service Center at 877-395-8930 or call PA Relay at 711 for the hearing impaired.
- **In-Person:** Applications are available at your local county assistance office. For more information go to: <https://www.dhs.pa.gov/Services/Assistance/Pages/LIHWAP.aspx>

EMPLOYMENT OPPORTUNITIES

- City of Philadelphia Office of Human Resources
Painter 1 – Applications being accepted through January 6, 2023. Starting salary of \$45,263. Opportunity to work with youth. Advancement opportunities. Health benefits. Pension and benefits. Paid time off, holidays, vacation, sick days. Apply online at www.phila.gov/jobs
- Job Opportunities in PA <https://www.employment.pa.gov/Pages/default.aspx>

EDUCATIONAL OPPORTUNITIES

- **CEA Learning Series: Community Meeting Management** | Virtual meeting

Learn how to host a successful meeting and manage conflict.

Wednesday, January 18th, 6 pm to 7:30 pm via Zoom

The Civic Engagement Academy (CEA) is a free training program that provides community members with the tools to create lasting positive change. The trainings encourage local problem solving and prepare residents to become community leaders, organizers, and activists. The Civic Engagement Academy is about inspiring local community change through training and skills development. The Civic Engagement Academy Learning Series offers training sessions throughout the year. These trainings provide tools and strategies that Philadelphians can apply to their work within their own communities. The topics of the trainings vary from month to month. There is no cost to attend.

REGISTER FOR A LEARNING SERIES TRAINING

► **Volunteer Support Program: Engaging and Managing Volunteers** | Virtual Classroom
Thursday, January 19th, 2pm – 3pm

This Volunteer Support Program is about providing organizations who rely on volunteers with best engagement practices. The program is a series of one hour trainings meant to support those who engage volunteers in support of their mission, program, and projects.

This month's training will discuss best practices for managing volunteers. Focus is on setting everyone up for success through clear expectations, consistent communication, effective organization, and positive engagement.

Registrants will receive a link to the Zoom meeting by email closer to date.

RSVP at <https://bit.ly/VSPtrainings>

► **DadLab** | Meetings held online with Zoom |
Sponsored by Einstein Medical Center of Philadelphia

This is a group designed for new fathers to learn about being a dad. Transitioning to fatherhood can be overwhelming. Sharing your experiences and learning from others can help you build confidence and bond with your baby. You won't be lectured on the "right" way to father. You'll have an opportunity to share your fathering experiences, concerns and questions. You'll connect with other dads going through the same things as you. New moms and partners are also included because everyone benefits when co-parents communicate and coordinate their care. For meeting times, call or text DadLab Director Jay Cherney at 215-690-1029 or email him at cherney.jay@gmail.com. Or, contact Cofacilitator Clarence B. Iszard at 484-471-7005 or iszardc@einstein.edu.



► **Philadelphia School District Re-Engagement Center**

The School District of Philadelphia's Re-Engagement Center (REC) aims to provide students who have previously dropped out (or those in school and at risk of dropping out) with the chance to return to school by offering a range of "educational pathways". These pathways are designed to assist students by providing a "best fit path" to earn their high school diploma & prepare students for successful postsecondary experiences. For more information go to:

<https://www.philasd.org/opportunitynetwork/reengagement/>

"My humanity is bound up in yours, for we can only be human together."
Desmond Tutu

MIND, BODY, SPIRIT

- ▶ **Wednesday Meditations** | 990 West Northwestern Ave, Phila PARKING LOT 1, Phila, 19128, 9am – 10am | Wednesdays – January 4th, 11th, 18th and 25th

Explore various methods of meditation in this 6-week program. Meditation has many benefits. It can reduce stress, help control anxiety, improve sleep and emotional health, and reduce blood pressure and help control pain. This program is in partnership with the Andorra Library. For adults and Older Teens.



Please bring a mask. This will be indoors until the weather warms up a bit. Questions ? Contact us at wec@phila.gov or 215.685.9285

Registration is required at treehousewec.eventbrite.com, and will open one week before the program.

SPIRITUAL ENRICHMENT



- ▶ Apostle Tomy Jordan and Pastor Stephanie D. Jordan from Abiding Love Deliverance Center, NC are streaming live on Zoom every Saturday at noon. ID: 306 155 0388, Password: JESUSJOY

Dial 646-558-8656 to join them for Prayer on Tuesdays at 6pm and Wednesdays for Bible Study at 7 pm. Contact information: 267-290-0654 or abidinglovedeliverancecenter@gmail.com

- ▶ Join 'Girl Talk', every Sunday, 2pm – 3 pm on Facebook: WTGB or online: <https://tgbtgb.org/girl-talk-2/>

Your Destiny is Here, Inc. is providing resource information as a public service for persons in need. While we try to keep the information timely and accurate, we make no guarantees. Services provided by listed organizations and businesses are the sole responsibility of the organization or business.



TRIVIA QUESTION ANSWER

Who Invented Refrigerated Trucks?

Frederick McKinley Jones, an African American, Born May 17, 1893 in Covington, Kentucky



In 1940, Jones patented the cooling system that merchants used to preserve goods on trucks during extended periods of travel. Jones went on to co-found the U.S. Thermo Control Company, which later became Thermo King. The company played a vital role in World War II by helping preserve blood, food and other supplies. Before Jones' invention, the only way to keep goods cold during transport was to use ice.
