

# YOURDESTINYISHEREING

# LINDA J. IVEY MINISTRIES GREATER IS COMING

# **DESTINY CALL TO ACTION: REJUVENATING YOUR MIND, BODY AND SPIRIT**



October is the month for healing and rest. While the flowers may be gone, that doesn't stop God from continuing to dazzle us with nature's splendor. The magnificence of God's work in creating golden and fiery amber leaves that fall and become blankets of marigold, tangerine and pumpkin colors across our lawns, is beautiful to behold. While appreciating all the radiant colors of fall, we must also assess and plan our healing and rest for the fall and winter months, which are full of demanding activities. There are the children returning to school activities, preparing for holidays and related events, and celebrating the upcoming New Year. Without a plan, the fall and

winter months can leave you emotionally, spiritually and physically depleted.

Therefore, you must incorporate rest and healing after each and every demanding fall and winter activity. It's essential that you schedule a pedicure after an event that had you standing, walking or running for hours. Or have a massage to loosen those tight muscles from carrying bags and packages. Or sneak away to the movies and recline in oversized lounge chairs as you relax to watch the latest release. While this may seem frivolous, or selfish to some, these strategically placed healing and restful breaks serve to rejuvenate and energize your mind, body and spirit. Even God, who created the world, rested on the seventh day.



Your Destiny is Here, Inc. provides resource information as a public service for persons in need. While we try to keep the information timely and accurate, we make no guarantees. Services provided by listed organizations and businesses are the sole responsibility of the organization or business.

#### WALKING IN DESTINY SCRIPTURES



#### Genesis 2:2

And on the seventh day God ended his work which he had made; and he rested on the seventh day from all his work which he had made.

#### Matthew 11:28-30

"Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

#### **Exodus 33:14**

And he said, "My presence will go with you, and I will give you rest."



In a time of uncertainty, the divide among the American people has become undeniable. The social contract that once held us together is unraveling at an accelerating pace, leaving our democracy vulnerable and pushing us toward the mistakes of the past. As corruption deepens, we risk becoming dangerously compliant, adopting the very tools of division used to keep communities apart.

Misinformation thrives in this environment, reinforcing the narrative of "us versus them." When individualism is promoted over community, and when education—and with it, a deeper understanding of social cohesion—is neglected, propaganda becomes difficult to resist. The result is not only polarization, but also a weakening of the very foundations that democracy depends on: trust, accountability, and shared responsibility.

Ignorance may feel like a shield, but in reality, it allows fractures to widen until they threaten our collective future. Recognizing these dangers is the first step toward reclaiming our story. In the effort to prevent further descent into political and economic deterioration, we at *Your Destiny Is Here, Inc.* urge you and your family to: educate yourselves on the history and future of our country and our global neighbors, listen closely to what is happening around you, and get involved.

We know many have lost faith in voting but your vote matters.

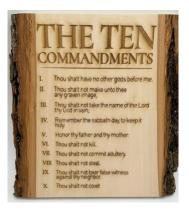


## SPIRITUAL ENRICHMENT



If you're looking for a place to learn more about God and gain insight into His word see the list of suggestions below. If you know a place that provides spiritual enrichment let us know so we can add them to the list.

- 'Girl Talk' | Every Sunday, 2pm 3 pm on:
   Facebook: WTGB or online: https://tgbtgb.org/girl-talk-2/
- ▶ <u>Ascension Church</u> | Services held inside Tinley Temple Methodist Church 750-62 S. Broad Street, Phila., 19146 | Pastor John Brice
- ▶ <u>Abiding Love Deliverance Center</u> | 1520 West Blvd. Suite l, Charlotte, NC 28208 Sabbath Worship Experience Saturday 11am - Live Streaming via Zoom Password: JESUSJOY / Apostles Tomy and Stephanie D. Jordan
- Change Church | 895 Rancocas Road, Westhampton, NJ 08060
   Sunday morning worship 11:30am | Pastor Dharius Daniels
- ▶ <u>Dare to Imagine Church</u> | 6610 Anderson Street, Phila., 19119 Sunday morning worship - 9:00am and 11:00 am | Rev. James Scott, Jr.
- ► <u>Ebenezer Baptist Church</u> | 1002 N. 10th Street, Phila., 19133 Sunday morning worship – 11am | Pastor Malcom Medley
- ► Faith Chapel Church 1 108 E Price St, Phila., 19144 Sunday morning worship - 10am 1 Pastor John H. Graves
- Mediator Lutheran Church | 2845 N. 28th Street, Phila., 19132
   Sunday morning worship 11am | Pastor Regina Goodrich
- New Covenant Church of Philadelphia 7500 Germantown Avenue, Phila., 19119
   Sunday morning worship 9:30am Executive Pastor Bob Oliver
- Polite Temple Baptist Church 38 E. Price Street, Phila., 19144
   Morning Worship 10:00am Pastor Bernadine Waterman
- Providence Baptist Church 87 E. Haines Street, Phila., 19144
   Sunday morning worship 10am Pastor A. Gregory Jackson
- ► Temple of Divine Love Church 1518 W. Girard Avenue, Phila., 19130 Sunday morning worship 11am Reverend Phillip L. Hudson, Jr.



# TRIVIA QUESTION...

Where did God give Moses the Ten Commandments??

(Answer on last page)



### RESOURCES IN PHILADELPHIA AND THE SURROUNDING AREAS

At the time of publication, listed resources were available. Contact to verify that what you are interested in is still happening or accessible.

Please share the following with friends, family, neighbors, your social and ministry circles, etc.

Feel free to post on your personal social media and church bulletin boards.

**FOOD RESOURCES** - We are listing known food distributions. If you know of a resource not listed here, feel free to let us know and we will add them to future issues of the newsletter. Thank you.

### **FREE FOOD & PRODUCE**

- ▶ Mi Salud Wellness Center, 200 E Wyoming Ave, Phila PA, 19120 | <u>CLICK HERE for INFO</u> or place the following in your browser: https://www.misaludwellness.org/ Mondays and Wednesdays at 6pm - first come first served until food runs out - 215.220.4421
- ▶ JeffCARES Community Pantry 5587 Park Ave., Phila PA 19141 Tues 8am-1pm and Thu 1pm-4pm
- LemonTree Free Food in Wynnefield PA Helpline: <u>CLICK HERE FOR INFO</u> or place the following in your browser: <a href="https://www.foodhelpline.org/directory/locations/wynnefield">https://www.foodhelpline.org/directory/locations/wynnefield</a>
- ▶ Councilmember Jamie Gautier, 606 S. 52nd Street, 19139 grocery giveaway open to all local residents; 2nd and 4th Thursday of each month; no pre-registration required. First come, first served basis. Attendees advised to bring their own bags to carry the items.
- ▶ New Covenant Church of Philadelphia 7500 Germantown Ave. Phila PA 19119 215.247.7500 2 Fish 5 Loaves Food Pantry serves on the 2nd, 3rd and 4th Saturdays of the month until food runs out. Closed during inclement weather and holidays.
- ▶ Philly Free Food and Meals Finder: <u>CLICK HERE FOR INFO</u> or place the following in your browser: <u>https://www.phila.gov/food/#/</u>
- ▶ Faith Chapel Church Food Distribution, 108 E Price St, Philadelphia, PA 19144, Thursdays, 10am 12 noon

#### **OTHER**

- ► <u>Chestnut Hill Farmers' Market</u>: <u>Saturdays</u> 10 am 12 pm / <u>CLICK HERE FOR INFO</u> Winston Road between Germantown Avenue & Mermaid Lane, 19107 / 215.733.9599
- ▶ Clark Park Farmers Market: Saturdays 10 am- 2 pm 4300-4398 Baltimore Ave., Phila. 19104 (215) 686-1776
- ▶ <u>East Falls Farmers' Market</u>: Saturdays 10 am 1pm 4100 Ridge Ave., 19129 Under the Twin Bridges CLICK HERE FOR INFO
- ▶ Rittenhouse Farmers' Market: Saturday's 10 am 2 pm : 18th & Walnut Streets, 19107 / 215.733.9599 CLICK HERE FOR INFO
- ▶ Philly Farmers Markets Finder: <a href="https://www.phila.gov/farmers-markets/">https://www.phila.gov/farmers-markets/</a> <a href="https://www.phila.gov/farmers-markets/">CLICK HERE FOR INFO</a>
- ▶ Share Food Program, Food Map by County: <a href="https://www.sharefoodprogram.org/">https://www.sharefoodprogram.org/</a>
- ► The Food Trust: <a href="https://thefoodtrust.org/what-we-do/farmers-markets/">https://thefoodtrust.org/what-we-do/farmers-markets/</a> Includes info for several neighborhoods in Philadelphia. <a href="https://creativecommons.org/">CLICK HERE FOR INFO</a>
- ▶ PA Food Pantries: https://www.pa.gov/en/agencies/dhs/resources/ending-hunger/food-pantries.html

# **ALL AROUND RESOURCES & ASSISTANCE**

# ▶ **Prevention Hotline** | dial 211

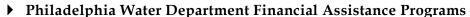
If you need to connect with resources in your community, but don't know where to look, PA 211 is a great place to start. From help with a utilities bill, to housing assistance, after-school programs for kids, and more, you can dial 211 or text your zip code to 898-211 to talk with a resource specialist for free. Our specialists will listen to your needs and give you information on programs in your community that might be able to help. Visit our <u>search page</u> to explore programs available in your community by categories such as financial assistance, housing, and food. You can also connect with a resource specialist via <u>chat</u> during business hours.

While the hotline provides critical support, individuals facing immediate danger should always contact 911

# **HOUSEHOLD RESOURCES**

# ► Smoke Alarms - <a href="https://www.phila.gov/departments/philly311/">https://www.phila.gov/departments/philly311/</a>

Philadelphia residents call 3-1-1 to receive a free smoke alarm installation. You can also <u>submit a request to Philly 311 online</u>.



If you're having problems paying your water bill or maintaining your service, Philadelphia Water Department has programs that may help you. For a view of the options available visit: <a href="https://water.phila.gov/financial-assistance/">https://water.phila.gov/financial-assistance/</a>





### **EDUCATIONAL RESOURCES & OPPORTUNITIES**

# ▶ Philadelphia School District Relaunches Parent and Family University

Philadelphia school leaders are reinvesting in parent education to improve student outcomes and build trust between families and the district. They've announced the relaunch of the district's **Parent and Family University** program...fulfilling a longstanding promise from Superintendent Tony Watlington to help parents and families engage with their children, schools, and communities. Parents will be able to access new resources, like online classes, physical and mental health information, and tools to support their children's learning. In-person sessions will feature free babysitting and childcare services, food, and other resources. CLICK HERE for more information.

# ▶ Philadelphia School District Re-Engagement Center

The School District of Philadelphia understands that every student has unique needs. So, they are offering alternative schools and programs tailored to support students success, ensuring graduates are ready for college or a career. For more information call <u>215-400-4000</u> or go to: <a href="https://www.philasd.org/backontrack/">https://www.philasd.org/backontrack/</a>

▶ DadLab | Meetings held online with Zoom

This is a group of fathers-to-be, new fathers, and their partners who come together to share and learn what it means to be a new parent and how to build a strong bond with their baby. It's a safe space where members learn from each other and support each other on their parenthood journey.



Click and page through the link below for meeting dates or contact co-facilitator Clarence B. Iszard at 484-471-7005 or https://academiccommons.jefferson.edu/ext/parent\_education/index.cfm?cat=all

# ▶ Project Home/Honickman Learning Center Comcast Technology Labs

Check the website for FREE community events, adult learning classes, workshops, job fairs, wellness programs, volunteer opportunities, art shows and fundraisers: <a href="https://www.projecthome.org/events">https://www.projecthome.org/events</a>

- ▶ **FREE CLASSES** The Free Library of Philadelphia offers a wide variety of free classes at branches around the city. Additionally, the City of Philadelphia works with community partners to give adult learners access to education, digital skills training, and a path to job readiness. CLICK the links below for info...
  - Adult education at the Free Library
  - Other programs and services at the Free Library
  - Adult education through the Office of Children and Families

# COVID & HEALTH/HEALING RESOURCES

#### Covid-19 Vaccinations

Covid-19 vaccinations and boosters are available in numerous locations throughout Philadelphia and its surrounding cities and counties.

To find COVID-19 vaccine locations near you:

- go to: <a href="https://www.phila.gov/services/mental-physical-health/get-vaccinated/get-your-covid-19-vaccine-or-booster/">https://www.phila.gov/services/mental-physical-health/get-vaccinated/get-your-covid-19-vaccine-or-booster/</a>
- Search vaccines.gov,
- Text your ZIP code to 438829, or
- Call 1-800-232-0233.
- Many neighborhood pharmacies continue to offer vaccines. Check with your local pharmacy.
- To request an in-home appointment, call 215-685-5488 (press 2 for Spanish or 3 for all other languages). Dial 711 for TRS/TTY assistance.

### Covid-19 Testing

To find a testing site <u>CLICK HERE</u> or the following link: <u>https://www.phila.gov/covid-testing-sites/.</u>

- North Philadelphia Resource Hub at Mi Salud Wellness Center, 200 E Wyoming Ave, 19120 https://www.misaludwellness.org/
  - Free At-Home Covid-19 & HIV Test Kits Mon Thu 9am 4pm Fri 8:30 3:30
  - Free Walk-in Health Screenings No ID or insurance needed (Entrance on A Street) Second and Third Tuesday of every month 1-4pm



#### Have You Heard About STAMP?

STAMP is the acronym for Students at Museums in Philly. Through STAMP any Philadelphia high school student can visit 20 museums and cultural sites for free. Just show your high school student ID and enjoy the STAMP discount. The STAMP discount is for individual use only. CLICK HERE for a list of participating museums.

# Children's Corner

**1st Things First** – The Word for this month is "HARVEST". The Bible uses "HARVEST" to symbolize various concepts, including God's abundant provision and blessings, a time for celebration and gratitude, and a reminder of the natural law of sowing and reaping.

**2nd Thing** - How many common words can you make out of the word **HARVEST**? Give it a try and come back next month to compare your list with ours. (It's not cheating if you use the dictionary, in fact we encourage you to.)

**3rd Thing -** Last Month's word was UNDERSTANDING. Our Google search says there are over 1,000 words that can be found in UNDERSTANDING. Here's our top 3-letter words. How many words did you come up with?

1.	add	11. die	21. gin	31. rat	41. sat
2.	age	12. dig	22. gnu	32. red	42. sea
3.	aid	13. due	23. gun	33. rid	43. set
4.	air	14. dug	24. inn	34. rig	44. sin
5.	and	15. ear	25. ire	35. rod	45. sir
6.	ant	16. eat	26. nag	36. run	46. sit
7.	are	17. end	27. nun	37. rut	47. sue
8.	art	18. era	28. nut	38. sad	48. sun
9.	dad	19. gas	29. ran	39. sad	49. tag
10.	did	20. get	30. ran	40. sag	50. tan

# Now on to some fun for the kids, teens and everyone!

- Saturday Free Boating at Bartram Gardens, every Saturday through October 4, 2025, when weather permits. 5400 Lindbergh Avenue, Phila PA 19143 <a href="https://phillyfamily.com/event/free-boating-at-bartrams-garden/2025-08-23/">https://phillyfamily.com/event/free-boating-at-bartrams-garden/2025-08-23/</a>
- Visit Philly's 40+ Free Things To Do in Philly <u>CLICK HERE</u> or on the link below: <a href="https://www.visitphilly.com/articles/philadelphia/top-free-philadelphia-attractions/?utm\_medium=custom\_email&utm\_source=visitpennsylvania\_2025&utm\_campaign=September&utm\_source=newsletter&utm\_medium=email&utm\_content=Free%20Things%20to%20do%20in%20Philly&</a>
- Visit Philadelphia's Top Things to do in Philadelphia This October <u>CLICK HERE</u> or on the link below. https://www.visitphilly.com/articles/philadelphia/top-things-to-do-in-philadelphia-in-october/?utm\_medium=custom\_email&utm\_source=visitpennsylvania\_2025&utm\_campaign=September&utm\_source=newsletter&utm\_medium=email&utm\_content=Things%20to%20do%20in%20Philly%20in%20October&utm\_campaign=PD2509\_Philly
- Kids Out & About's Free Places to Take The Kids in and around Philadelphia, including a Guide to Everything for Kids, Teens & Families; Master Guide to Fall Fun; 101 Family Day Trips; CLICK HERE or on the link below. <a href="https://philly.kidsoutandabout.com/content/free-places-take-kids-and-around-philadelphia">https://philly.kidsoutandabout.com/content/free-places-take-kids-and-around-philadelphia</a>
- Philadelphia for Families: A Year-Round Guide to Kid Friendly Activities: <u>CLICK HERE</u> or on the link below. <a href="https://www.visitphilly.com/for-kids-families-in-philadelphia/">https://www.visitphilly.com/for-kids-families-in-philadelphia/</a>
- Philadelphia Family/Fall Family Fun Guide: <u>CLICK HERE</u> or on the link below: <a href="https://phillyfamily.com/fall/">https://phillyfamily.com/fall/</a>

# More Events for the Family... (click the underlined links below for more info)

- ▶ Mommy Poppins Find Daily Events in Philadelphia : CLICK HERE FOR INFO
- City of Philadelphia All Events: <a href="https://www.phila.gov/the-latest/all-events/">https://www.phila.gov/the-latest/all-events/</a>
- My Guide Philadelphia October 2025 Events: https://www.myguidephiladelphia.com/events/october-2025
- ▶ Free Library of Philadelphia calendar of events for the whole family: https://libwww.freelibrary.org/calendar/

# **DISCOVERY**



I know what it is to be in need and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. Philippians 4:12

S	Α	W	Е	G	0	D	L	0	V	Е	N	G
Α	С	0	0	L	В	Е	G	Α	I	L	0	F
L	Α	R	U	Т	L	U	С	F	D	N	ı	K
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Т	Н	S	0	Α	R	U	Ν	J	K	F	Α	Е
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0	С	Т	0	В	Е	R	С	В	F	Α	L	L

#### **WORD LIST**

Autumn	Kind
Awareness	Love
Awe	October
Cool	Peace
Cultural	Prayer
Faith	Pumpkin
Fall	Resources
Foliage	Scripture
Friend	Seasonal
God	Soar
Harvest	Thrive
Healing	Tradition
Health	Trust
Норе	Win
Joy	

### 10 COMMANDMENTS FOR KIDS



# TRIVIA QUESTION...

Where did God give Moses the Ten Commandments?

# THE ANSWER...

Mt. Sinai

Comments or questions? Email: <u>lindaivey81@gmail.com</u>

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