

Homily Summary – Trinity Sunday (2025)

Main Points

1. **Miracle of the Loaves Points to the Eucharist**
 - Jesus takes, blesses, breaks, and gives the bread (cf. Matthew 14:13–21), which foreshadows the Last Supper and the Mass.
 - The multiplication was not just to feed hunger but to reveal His identity and His gift of self.
 2. **The Eucharist is the Real Presence of Christ**
 - The Eucharist is not a symbol—it is Jesus Himself: Body, Blood, Soul, and Divinity.
 - St. Cyril of Jerusalem affirmed: “Since Christ Himself has said, ‘This is My Body,’ who shall dare to doubt?”
 3. **The Eucharist is the Memorial of the Passion**
 - St. Thomas Aquinas teaches it is the *perfect sacrament of the Lord’s Passion*.
 - St. Paul says: “As often as you eat this bread and drink this cup, you proclaim the Lord’s death until He comes” (1 Corinthians 11:26).
 4. **The Eucharist Transforms Us**
 - We become what we receive. St. Augustine: “We become what we receive.”
 - The Eucharist makes us the Body of Christ to the world.
 5. **Reverence and Sacredness Matter**
 - Fragments of the Eucharist are collected with care. Sacred linens are treated with deep reverence.
 - Every piece of the Eucharist is Christ, and no part is to be lost.
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Scripture References (NRSVCE)

- **Matthew 14:13–21** – *Feeding of the five thousand.*
 - **Luke 22:19** – *“Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them...”*
 - **1 Corinthians 11:26** – *“For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.”*
 - **John 6:51** – *“I am the living bread that came down from heaven. Whoever eats of this bread will live forever...”*
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Catechism of the Catholic Church References

- **CCC 1323** – *The Eucharist is the source and summit of Christian life.*
 - **CCC 1373–1377** – *Christ’s real presence in the Eucharist.*
 - **CCC 1380–1381** – *The adoration and reverence owed to the Eucharist.*
 - **CCC 1391–1397** – *The fruits of Holy Communion and transformation into Christ.*
 - **CCC 1412** – *Matter and form of the sacrament of the Eucharist.*
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Reflection Questions

1. Do I truly believe in the Real Presence of Jesus in the Eucharist?
 2. How do I prepare myself to receive Holy Communion?
 3. Do I live differently because I receive Christ in the Eucharist?
 4. Have I considered that each Mass is a miracle where heaven meets earth?
 5. Do I show reverence to the Eucharist in how I receive and how I live afterward?
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Rhyme Summary

Christ’s loaves, blessed and broken, feed the longing soul,
In Sacred Rite, Christ’s love makes mortals whole.
From heaven’s gaze, He multiplies His grace,
The Eucharist, Christ’s Passion’s timeless trace.
Christ’s Body and Blood in Mass our hearts ignite,
Transforming us to bear Christ’s holy light.
Each fragment kept, revered, no gift to lose,
In Him we rise, His boundless life to choose.

Reasons to come to Mass each weekend

Hebrews 10:24-25 - "And let us consider how to provoke one another to love and good deeds, not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day approaching."

Exodus 20:8 - "Remember the sabbath day, and keep it holy."

Luke 22:19 - "Then he took a loaf of bread, and when he had given thanks, he broke it and gave it to them, saying, 'This is my body, which is given for you. Do this in remembrance of me.'"

Acts 2:42 - "They devoted themselves to the apostles' teaching and fellowship, to the breaking of bread and the prayers."

John 6:53-54 - "So Jesus said to them, 'Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day.'"

Psalms 122:1 - "I was glad when they said to me, 'Let us go to the house of the Lord!'"

Matthew 18:20 - "For where two or three are gathered in my name, I am there among them."

Colossians 3:16 - "Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God."

Additional resources to learn more about God and the Catholic faith

- Check out the resource list available on www.frmerkley.com
- Catholic Answers: <https://www.catholic.com/>
- Word on Fire: <https://www.wordonfire.org/>
- Formed: <https://formed.org/>
- The Coming Home Network: <https://chnetwork.org/>
- Catholic Exchange: <https://catholicexchange.com/>
- Dynamic Catholic: <https://dynamiccatholic.com/>
- The Augustine Institute: <https://augustineinstitute.org/>
- Ascension Press: <https://ascensionpress.com/>
- EWTN: <https://www.ewtn.com/>
- The Catholic Company: <https://www.catholiccompany.com/>
- Busted Halo: <https://bustedhalo.com/>
- CatholicCulture.org: <https://www.catholicculture.org/>
- The Thomistic Institute: <https://thomisticinstitute.org/>
- Ignatius Press: <https://www.ignatius.com/>
- Catholic Education Resource Center (CERC): <https://www.catholiceducation.org/>