

## Medical Nutrition Therapy Referral Form

### REQUIRED

Provider Name \_\_\_\_\_ Provider Signature: \_\_\_\_\_

Provider NPI #: \_\_\_\_\_ Provider Phone: \_\_\_\_\_

Provider Type: Physician/Psychiatrist/Therapist Provider Fax: \_\_\_\_\_

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Gender: \_\_\_\_\_

### Reason for Medical Nutrition Therapy Referral

#### Eating Disorders

- Anorexia Nervosa, Unspecified – F50.00
- Avoidant Restrictive Food Intake Disorder – F50.82
- Other Specified Eating Disorder – F50.89
- Eating Disorder, Unspecified – F50.9

#### Binge Eating Disorder

- Mild – F50.810
- Moderate – F50.811
- Severe – F50.812
- Extreme – F50.813
- In remission – F50.814
- Unspecified – F50.819

#### Anorexia Nervosa, Restricting Type

- Mild – F50.010
- Moderate – F50.011
- Severe – F50.012
- Extreme – F50.013
- In remission – F50.014
- Unspecified – F50.019

#### Bulimia Nervosa

- Mild – F50.21
- Moderate – F50.22
- Severe – F50.23
- Extreme – F50.24
- In remission – F50.25
- Unspecified – F50.20

#### Anorexia Nervosa, Binge Eating/Purging Type

- Mild – F50.020
- Moderate – F50.021
- Severe – F50.022
- Extreme – F50.023
- In remission – F50.024
- Unspecified – F50.029

Fax completed form to 833-860-7211 or Email to [hello@alo-nutrition.com](mailto:hello@alo-nutrition.com)

\*Please include growth charts for pediatric, adolescent and young adult patients as available.\*

**Symptoms & Signs Concerning Food & Fluid Intake**

- Feeding Difficulties, Unspecified – R63.30
- Other Feeding Difficulties – R63.39
- Abnormal Weight Loss – R63.4
- Abnormal Weight Gain – R63.5
- Underweight – R63.6
- Other Symptoms & Signs Concerning Food & Fluid Intake – R63.8
- Other \_\_\_\_\_

**Gastrointestinal**

- Gastroparesis – K31.84
- IBS with Diarrhea – K58.0
- IBS with Constipation – K58.1
- Constipation, Unspecified – K59.00
- GERD without Esophagitis – K21.9
- Celiac – K90.0
- Ulcerative Colitis K code \_\_\_\_\_
- Other \_\_\_\_\_

**Overweight & Obesity**

- Overweight E66.3
- Obesity, unspecified E66.9
- Morbid Obesity due to Excess Calories – E66.01
- Other Obesity due to Excess Calories – E66.09
- Obesity Class 1 – E66.811
- Obesity Class 2 – E66.812
- Obesity Class 3 – E66.813
- BMI specific E code \_\_\_\_\_
- Other \_\_\_\_\_

**Endocrine/Hormonal**

- Diabetes Mellitus E code \_\_\_\_\_
- Prediabetes – R73.03
- Metabolic Syndrome – E88.810
- PCOS E28.2
- Other \_\_\_\_\_

**Cardiovascular**

- Pure Hypercholesterolemia, Unspecified – E78.00
- Hyperlipidemia, Unspecified – E78.5
- Primary Hypertension – I10
- Other \_\_\_\_\_