



Information Pack

2025

COMPETITIVE CHEERLEADING
PORT STEPHENS
1B Mitchell Street, Soldiers Point

info@cheerintensityallstars.com.au



Welcome TO

CHEER INTENSITY

ALL STARS

SEASON 2

Thank you for your interest in our program for the 2025 season. We are so excited to continue our Cheer and Dance journey!

Cheerleading is such a unique team sport! Fostering development as athletes and as individuals. Athletes are able to progress at their own pace as well as work within a team environment to achieve a common goal. We want to create a community where this is not just weekly classes, we want our gym to be a place where athletes make lifelong friendships and learn important life skills.

Cheer Intensity recognises that each athlete has a different pathway and progression through the world of Cheer and Dance, athletes will carefully selected for teams where we believe they will have the most success and the most beneficial for their development.

WHAT IS CHEERLEADING?

Cheerleading is one of the fastest growing sports in the world. It's a fast-paced, dynamic sport that encompasses stunt, tumbling, tosses & dance whilst teaching confidence through performance. Cheerleading requires dedication and a strong work ethic from athletes participating in a competitive squad. Athletes are expected to maintain a higher level of attendance for all competition classes.

Cheerleading also teaches coordination, increases overall strength, fitness and well-being, and is a fantastic social outlet. Cheerleading supports athletes to develop strong team work skills as well as resilience, dedication, positive attitudes and sportsmanship amongst many other things.

Cheer Intensity All Stars offer a range of competitive teams for ages 4yrs+, from beginner to level 3 in 2025.

CHEER, DANCE AND TUMBLE PROGRAM

REGISTRATION

FEE

\$60

T-shirt included!

2025 PROGRAM	Fun, Fitness and Progression	Intro to comps Experience the excitement of cheer teams.	Committed Athletes Join the excitement of competing in All Star Cheerleading
Program	Recreational	Semi Competitive	Competitive
Level of commitment	LOW	MEDIUM	HIGH
Teams and ages	TUMBLE 4+ years FLYER / STRETCH 6+ years PRIVATES 4+ years	TINY CHEER 4-6years TINY DANCE 4-6years CHEERABILITY 4-6years DANCEABILITY 4-6years	CHEERLEADING TEAMS 6+ years TEAM DANCE 6+ years
Training per week	30min	1hr	1.5hrs
Training fee per term (based on 10 weeks)	\$100	\$165	\$250
Training uniform (Set - compulsory for all competition teams)	\$50	\$50	\$50
Competition Uniform	-	Tiny Cheer compete in training uniform Cheer / Danceability TBA	\$200 (Cheer Only - dance TBA)
Competitions exact dates are listed in "Important dates" (Athletes will perform on one of the dates listed. Exact date and time will be announced 2-3 weeks before competition)	-	Battle at the Beaches Newcastle October 24th - 26th CheerCon Nationals Sydney ICC December 5th - 7th	DCE NSW State Stanhope Sydney July 26th - 27th Aussie Gold NSW State Sydney August 2nd - 3rd TBA DCE Nationals Stanhope Sydney September 27th - 28th Battle at the Beaches Newcastle October 24th - 26th CheerCon Nationals Sydney ICC December 5th - 7th
Cheerleading Competition Package (Includes registration fees to all comps, personal accident insurance and custom music)	-	\$200	\$390 4 competitions (First routine only - additional routines to be invoiced separately. \$30-\$45 per routine)

Recreational

CLASSES

At Cheer Intensity we understand that not everyone can make the commitment of a competitive team but want to work on progressing through skills at their own pace. We offer casual Tumble and Flyer / Stretch classes 3 days a week for ages 4+.

Private Classes

Looking for some extra one-on-one or smaller group training? Our qualified coaches offer private sessions during the week and on weekends for individuals or groups. Private sessions are not compulsory for athletes, but they do provide the chance to improve, develop and perfect new or existing skills.

CHEERABILITY AND DANCEABILITY

New to 2025 Cheer Intensity is dedicated to bring together athletes with disabilities to express themselves in the fun and wonderful world of Cheer and Dance. These classes are for people of all ages with all types of disabilities to provide equal access. Our coaches have professional experience working with a range of disabilities holding certificates such as Individual Support and Disability Support. Coaches also hold current NDISWC, WWCC, Police checks and Responding to Risks of Harm, Abuse and Neglect - Education and Care. We are excited to be currently going through the process to be recognised with Special Olympics Australia.

More information about this program coming soon!

All Star DANCE

Team Dance compete a range of styles! Pom, Jazz, Lyrical and Hip Hop. Each team picks 2/3 styles per class and perform these routines throughout the year. In 2025 we will be adding Dance Duos and Solos to our timetable. Dance Duos and Solos will compete at two DCE competitions in Sydney as well as various local Eisteddfods.

ADULT ATHLETES

The safety of our athletes is our top priority, and for the safety and wellbeing of our underage athletes, we kindly request that all participants over the age of 18 provide a Working with Children Check (WWCC).

2025 TERM DATES

TERM 1
3RD FEB - 13TH APRIL

TERM 2
28TH APRIL - 6TH JULY

TERM 3
21ST JULY - 28TH SEP

TERM 4
13TH OCT - 21ST DEC

Timetable

2025 TIMETABLE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TINY TUMBLE 4-6yrs 4:00-4:30 TINY CHEER 4-6yrs 4:30-5:30 TUMBLE 5:30-6:00 JUNIOR CHEER 9-15yrs 6:00-7:30 FLYER / STRETCH 7:30-8:00	CHEERABILITY 4:00-5:00 DANCEABILITY 5:00-6:00 SENIOR CHEER 11-18yrs 6:00-7:30 TUMBLE 7:30-8:00 FLYER / STRETCH 8:00-8:30	TUMBLE 4:00-4:30 MINI / YOUTH CHEER 6-12yrs 4:30-6:00 TUMBLE 6:00-6:30 FLYER / STRETCH 6:30-7:00 PRIVATEES 7:00-8	TINY TEAM DANCE 4-6yrs 4:00-5:00 MINI TEAM DANCE 6-9yrs 5:00-6:30 DANCE DOUBLE / SOLOS 6:30-8	YOUTH TEAM DANCE 7-12yrs 4:00-5:30 JUNIOR TEAM DANCE 10-15yrs 5:30-7:00 OPEN TEAM DANCE 14+ 7:00-8:00

PRIVATEES / DANCE DOUBLE / SOLOS - CONTACT US FOR MORE TIMES

Tuition AND FEES

Currently our 2025 Enrolment and Tuition will be set up through the Parent Portal with Dance Studio Pro, where customers can access and update fees and classes at any point. All statements will be available via the Parent Portal.

ADDITIONAL INFORMATION

- Please note that if a team is invited to participate in an additional competition, this will be billed outside their competition pack.
- We offer a 10% family discount on tuition for families with multiple athletes enrolled.
- We offer multiple discounts on additional classes - for example 2nd class at 5% off, 3rd class at 10% off and so on. (Classes are capped at 5 - additional classes after this are at no cost)
- Athletes who crossover onto more than one of the same style competitive team (for example two cheer teams) will have their secondary team significantly discounted.
- The cancellation Policy, Refund Policy and Financial Terms and Conditions are all agreed to upon enrolment via Dance Studio Pro.

Enrolment INFORMATION

CLICK HERE
TO ENROL



Cheer Intensity All Stars [Login](#) [Classes](#) [Contact](#)

Please sign in

Email Address:

Password:

Passwords are Case-Sensitive

Sign in

[Forgot your password?](#)

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First time here?

Create your account today! Don't worry, it's quick and easy!

Create Account

Welcome to our parent portal



REGISTRATION
FEE

\$60

T-shirt included!

Cheer Intensity All Stars

[Register](#)

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Hello,
Lucy



Your Account

Complete your parent profile and add your athlete! You can then select the classes you want to enrol in. The parent portal allows you to view and pay for class fees. You will be able to see all past transactions and invoices.

NOT READY TO ENROL? WANT TO TRY FIRST?

Contact us for a FREE trial at info@cheerintensityallstars.com.au

CLICK THE ICONS TO
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