| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| --- | --- | --- | --- | --- | --- | --- |
| **Skills progression** | **Ball Skills 1****(Invasion)**Tag Rugby/ Netball/ Basketball/ Handball | **Ball Skills Hands 2****(Striking and Fielding)**Cricket/ Tennis/ Rounders | **Games for understanding** Hockey | **Ball Skills Feet****(invasion)**Football | Health Related Exercise |
| **Little Learners** | **Locomotion: travelling (hang, climb, jump, push, pull, walk forwards, backwards with equipment in their environment)** **Rolling, crawling, sliding, shuffling. They run skilfully with wheeled toys, turning around obstacles and corners.****Games for understanding: Dodge around equipment in the environment****Ball Skills Feet: kick a ball gently** |
|  **Nursery** | **Locomotion:**Walking  | **Locomotion:**Jumping  | **Dance** Nursery Rhymes | **Gymnastics:**High, Low, Under, Over(no apparatus) | Team Building | Ball Skills Hands 1 |
| **Reception** | **Locomotion:**Walking and Jumping | Ball Skills Hands 1 | **Dance:**Ourselves | **Gymnastics:**High, Low, Over, Under(apparatus) | Ball Skills Feet | Team Building |
| **Year 1** | **Locomotion**: Running | Games For Understanding | **Ball Skills Hands 1** | Multi Skills | **Gymnastics:** Body Parts | **Dance:**Growing | **Gymnastics**: Wide, Narrow, Curled | **Dance:** The Zoo | Ball Skills Hands 2 | Team Building | Health Related Exercise | **Locomotion:** Jumping |
| **Year 2** | **Locomotion**: Dodging | Games For Understanding | **Ball Skills Hands 1** | Multi Skills | **Gymnastics:**Pathways | **Dance:**Water | **Gymnastics**: Linking | **Dance:** Exploring | Ball Skills Hands 2 | Team Building | Health Related Exercise  | **Locomotion:** Jumping |
| **Year 3** | **Invasion:** Tag Rugby | **Invasion:** Hockey | **Invasion**: Netball | Multi Skills | Health Related Exercise | **Gymnastics** Symmetry & Asymmetry | **Gymnastics** Symmetry & Asymmetry | **Dance** Wild Animals | **Striking & Fielding** Cricket | **OAA:**Problem Solving | TargetCurling/ Boccia | **Athletics** |
| **Year 4** | **Invasion:** Tag Rugby | **Invasion:** Hockey | **Invasion**: Netball | Multi Skills | Health Related Exercise  | **Gymnastics:**Bridges | **Gymnastics:**Bridges | **Dance:**Weather | **Striking & Fielding** Cricket | **OAA:**Problem Solving | TargetCurling/ Boccia | **Athletics** |
| **Year 5** | **Invasion:** Tag Rugby | **Invasion:** Hockey | **Invasion**: Netball | Multi Skills | Health Related Exercise  | **Dance:**Space | **Dance:**Carnival | **Gymnastics:**Bridges (Year 4 Unit) | Ball Skills Hands 2/ **Net and Wall****Tennis**  | **Striking & Fielding** Cricket | Ball Skills Hands 2/ **Net and Wall****Tennis**  | **Athletics**  |
| **Year 6** | **Invasion:** Tag Rugby | **Invasion:** Hockey | **Invasion**: Netball | Multi Skills | Health Related Exercise | **Gymnastics:** Counter Balance and Counter Tension | **Gymnastics:**Matching & Mirroring | **Dance: Titanic** | Ball Skills Hands 2/ **Net and Wall****Tennis**  | **Striking & Fielding** Cricket | Ball Skills Hands 2/ **Net and Wall****Tennis**  | **Athletics** |

Ball