A blue and white logo

Description automatically generated

Personal Goals

Determining your priorities is a personal journey; there's no right or wrong answers. It's about what matters most to you, as everyone's objectives may vary. Please rank the provided list of words in the first column according to your priorities, numbering them from 1 to 23. Remember, this exercise reflects your individual goals.

|  |  |  |
| --- | --- | --- |
| **Description** | **Most Important** | **Program Session Use only** |
|  |  |  |
| Balance |  | 1,2,3,4,5,6 |
| Choices |  | 1,2,3,4,5,6 |
| Clothes |  | 1,2,3,4,5,6 |
| Education |  | 1,2,3,4,5,6 |
| Family |  | 1,2,3,4,5,6 |
| Finances |  | 1,2,3,4,5,6 |
| Friends |  | 1,2,3,4,5,6 |
| Fun |  | 1,2,3,4,5,6 |
| Hair |  | 1,2,3,4,5,6 |
| Happiness |  | 1,2,3,4,5,6 |
| Holidays |  | 1,2,3,4,5,6 |
| Home |  | 1,2,3,4,5,6 |
| Income |  | 1,2,3,4,5,6 |
| Laughter |  | 1,2,3,4,5,6 |
| Life |  | 1,2,3,4,5,6 |
| Live |  | 1,2,3,4,5,6 |
| Love |  | 1,2,3,4,5,6 |
| Loyalty |  | 1,2,3,4,5,6 |
| Money |  | 1,2,3,4,5,6 |
| Nails |  | 1,2,3,4,5,6 |
| Peace |  | 1,2,3,4,5,6 |
| Trust |  | 1,2,3,4,5,6 |
| Work |  | 1,2,3,4,5,6 |