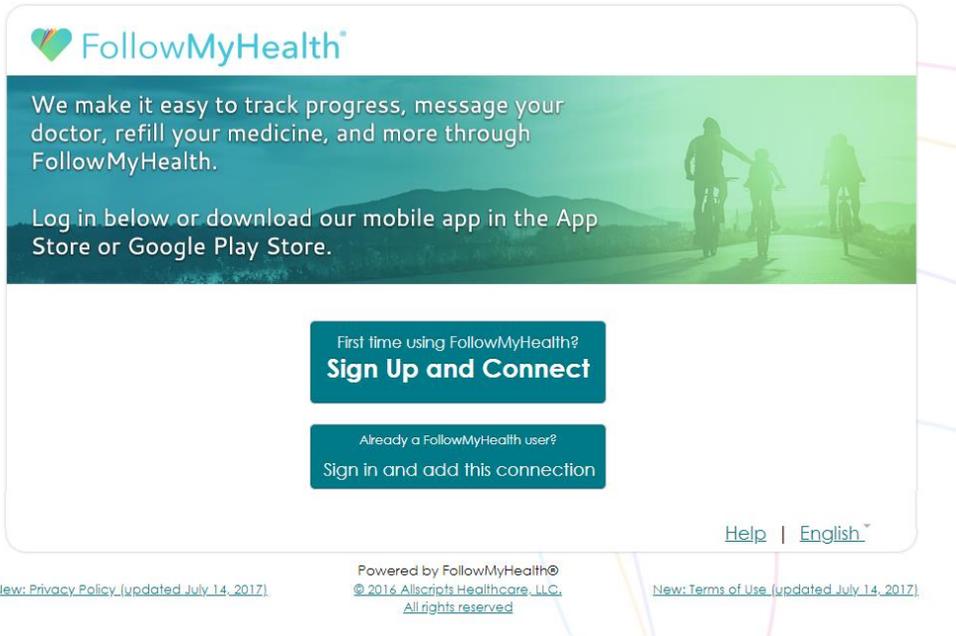


To create a FollowMyHealth® Universal Health Record from an Invitation from your provider, please follow the process below:

Once you have clicked the registration link from the email invitation, you will see the following screens with the below mentioned options:



Select the "Sign Up and Connect" option.



Next, is the username and password screen. By default, the email address your invitation was sent to will be in the username field. It is recommended that you use your email address as your username.

However, if you share an email address, or prefer to use a different username, you can remove the email and create a username of your choice.

Once the username has been created, you will then move to the password creation section of the page. Create your password according to the specified list to the right. As they are completed, the list will turn green with check marks next to each item. Any item still in red means the criteria has not yet been met.



We make it easy to track progress, message your doctor, refill your medicine, and more through FollowMyHealth.

Log in below or download our mobile app in the App Store or Google Play Store.

Sign Up and Connect

Create Username (Using your email is recommended)

Create Password

- ✓ Must begin with a letter or a number
- ✓ If using your email, must be a validly formatted email address

- ✓ Must be at least 8 characters
- ✓ Must contain at least one number
- ✓ Must contain at least one special character. For example: !@#%&*()-
- ✓ Passwords must match

« Back
Confirm and Continue

[Help](#) | [English](#)

[New: Privacy Policy \(updated July 14, 2017\)](#)

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[New: Terms of Use \(updated July 14, 2017\)](#)

Once the list is completely green, select "Confirm and Continue" at the bottom of the page. After you log in, you will be presented with a series of 5 steps to create the connection to your medical organization.

Step 1: Welcome

- You will see a Welcome screen, select "Next" to continue

Connect your account

Step 1: Welcome

Welcome Someone,

These screens will take you through the 5-step process of connecting your Universal Health Record to GW Medical Faculty Associates. Please allow sufficient time to complete this process from start to finish. If your session is interrupted, you will be asked to start again from the beginning.

Please click "Next" to continue.



Step 2: Accept the Terms of Service

- Read through the Terms and select the "I Accept" button on the bottom of the window.

- Please note, by hitting "I Decline", the patient portal creation process will not complete.

Connect your account

Step 2: Accept Terms of Service

Please review the terms of service below: [\[Print\]](#)

FollowMyHealth Universal Health Record

Terms of Use

Welcome to the FollowMyHealth Universal Health Record. All users of this web site, as well as the FollowMyHealth Universal Health Record and all related products and services (collectively, the "Service"), are subject to the following terms and conditions of use (these "Terms of Use"). Please read these Terms of Use carefully before accessing or using any part of the Service. **By accessing or using the Service, you agree that you have read, understand, and agree to be bound by these Terms of Use, as amended from time to time, and agree to be bound by FollowMyHealth [Privacy Policy](#) which is hereby incorporated into these Terms of Use.** If you do not wish to agree to these Terms of Use and/or the FollowMyHealth Privacy Policy, do not access or use any part of the Service.

I. Definitions

(a) **Aggregate Data.** Aggregate Data is PHR Data that: (1) has names and other identifiers removed or altered and (2) is grouped so it does not identify or connect to you as an individual. In other words, Aggregate Data is information that does not identify an individual Services user

By clicking on 'I Accept' below you are agreeing to the Terms of Service above and the [Privacy Policy](#).

➔

Step 3: Enter Invite Code

- This is the invite code entry and its format is designated in the invitation you received from your medical organization
- Input the Invite Code in the box and select "Next"

Connect your account

Step 3: Enter Invite Code

The invite code is a secret between the patient and the healthcare provider with whom you are connecting. If you were not given a code directly from your provider, it will most likely be either the last four digits of your social security number or year of birth (yyyy). Remember, if you are setting up a proxy account for a child or dependent adult, the code applies to that patient and will be the last four digits of his/her social security number or year of birth (unless you were given a specific invite code from the provider for that patient).

For more information, please refer to the invitation email you received from noreply@followmyhealth.com or contact your provider.

Step 4: Release of Information

- Read through the Release of Information and select the "I Accept" button on the bottom of the window.
- Please note, by hitting "I Decline", the patient portal creation process will not complete.

Connect your account

Step 4: Release of Information

Please review this Release of Information and click "I Accept" or "I Decline" below.

FollowMyHealth
Authorization Release of Information

First Name:

Middle Initial: Last Name:

I, , authorize to release any and all healthcare information about me to my FollowMyHealth personal health record for my own uses and purposes. I acknowledge that such healthcare information may include the following: x-rays, clinical diagnosis, histories of present illnesses, immunizations, allergies, prescription drug information, mental health screenings, treatment, including psychotherapy notes, diagnostic screening and testing, laboratory results, HIV/AIDS, infectious disease, sexually transmitted

Print



I Accept

I Decline

Step 5: Upload of the Health Record to the Portal

- This will show a series of animations as different aspects of your Health Record are being placed in the portal.

Connect your account

Step 5: Upload Health Record



Once the upload has been completed, you will be brought directly into your online patient portal, and your medical information will be available to view.