

JoHari Window

The JoHari window is a theory about awareness, what we and others are conscious and unconscious about our thoughts, feelings and behavior. The first example is a balanced scenario of this theory, yet this is rare. The second example is just one of many configurations for the amount of information that is “seen” and “unseen.” The shading represents the amount of information that is conscious, with the white being the most and darkest being the least.

	Known to Self	Not Known to Self
Known to Others	Open/Arena	Blind Spot
Not Known to Others	Closed/Hidden Area/Façade	Subconscious/Unknown

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