

## **My experience with COVID-19**

On Thursday the 14<sup>th</sup> of January I started having a bad headache I did not take much notice as I thought it was just a simple headache then it started getting worse my head felt like it was going to explode so I asked Sarah if I could have a test as I heard that a headache was symptoms of COVID-19. So, Sarah got a lateral flow test, and it came back negative so I thought I was ok and just went to bed and slept a bit.

The next day I went to school I was ok still had a headache, but I just brushed it off and carried on with my day, then it was the weekend I had no energy my head started getting worse again just roamed about the house feeling sorry for myself.

Then it came to Monday morning I got out of bed feeling very achy and my head still hurt, and I brushed my teeth finding an ulcer on the inside of my bottom lip. I was in the car I started feeling very poorly and I had a sore throat I once again just brushed it off just saying to Melissa I had a cold and that it was not COVID-19 laughing about it.

I got to school and got my lateral flow test we were waiting for the results and Melissa was doing something suddenly, I felt panicked as the test had come up positive, I went to get Melissa staying as calm as I possibly could I then took another 2 tests as we had to make sure and one came back negative the other positive. I broke down in tears as I was told I needed to isolate and have a proper COVID-19 test. I

went to Leicester to go and get my test with Melissa after we had got our tests done, I went back home to isolate. It was then the start of 2 weeks isolation.

The first week I had a zoom call every morning and every afternoon with school so I could keep my education going. The lessons were ok but I couldn't hear what people were saying and I did get frustrated a couple of times. Aida did sort it out for the following days and it was better.

The English was easy and I like the topics because it was a lot of writing and I enjoyed it. I really liked to second week's topic on superheroes and less the first week on characters.

Maths was hard but the distraction was good as it got me out of the covid mind.

During the first week of my isolation I got told I was positive with COVID-19 it did not properly go into my head until about 3 hours after I got told.

The weeks went quick I watched series on Netflix, rang my family and friends and completed the homework set and work packs which were sent home by Aida.

As the next week came up and, on the Tuesday, I was able to come downstairs as I was less contagious. I cried as I got to the bottom step I cried which to this day I am not sure why. It felt weird and different being downstairs but also nice.

I took another test on Tuesday and morning after I ate my breakfast, I felt alright and Sarah said that it was negative Sarah was so happy that she was shouting with joy and jumping up and down with me.

It was the end of my isolation!!

Today is Monday 1<sup>st</sup> February and I am back at school and guess what, my first lesson is English.

**NN**

**Year 10**