



Vancouver Volleyball Club
Player Contract

As a student athlete, I, _____ (print full name), understand that volleyball is a team sport and that my obligations to my team include:

1. I will attend all scheduled practices and matches and will be on time. If I will be late to practice, I will text or call the coach DIRECTLY. I will not miss practice unless I have informed the coach ahead of time. (ie: if I am sick or not feeling well).
2. I understand that athletes are only excused from practices or matches when they are ill and absent from school. If I will be missing a match, I will inform my coach ASAP so that she/he can adjust the lineup. (Excuses are granted in VERY limited circumstances—usually in the event of illness, emergency or previously approved conflict.)
3. I understand that time management is my responsibility, and that homework is not considered an appropriate excuse to miss a match or practice.
4. I will complete my commitment to the volleyball team/season before beginning a condition or practice for any other sport.
5. I will be courteous to my teammates and always treat all players and coaches with respect. If I do not, I will not play.
6. I will be coachable. I will accept feedback because I know it will help me become the best player I can be.
7. I understand that playing time will not be equal and that it is earned by hard work, performance, attitude, circumstance, ability and compatibility. During BENCH TIME I will maintain the same focus and enthusiasm as when in the game. I will keep my head in the game at every moment and be ready to come in at any opportunity.
8. I will only post positive comments that support my teammates, Vancouver Volleyball Club as well as my competitors on social media sites (such as Facebook, Twitter, etc.).
9. As a Vancouver Volleyball Club player, I will always be on my best behaviour. I understand that inappropriate language will not be tolerated. I will report any team concerns and player issues to my coach.
10. I will respect the referees. I will never question a call or respond in a disrespectful fashion. Any questions will come from the coaching staff only.
11. I understand that as a student athlete I am required to conduct myself as a leader, and I will represent my team and my teammates by adhering to all school and team rules. I will always refrain from alcohol or drug use. Any discipline referrals will result in punishment or dismissal from the team.
12. As a team player, I will always focus on effort, team and attitude, not wins and losses. I will win with humility and lose with dignity. I will celebrate every great play and brush off lost points.
13. I will make sure that I have fun and enjoy the game!

Club Player Signature: _____ Age Level: _____ Gender: _____ Date: _____