



The S.I.R.E.N. Project Newsletter

November 2025 Edition

"Lighting the Way for Our First Responders"

A YEAR OF HEALING AND HOPE

Dear Friends and Family of The S.I.R.E.N. Project,

In just a short time since our founding, we've witnessed something extraordinary — over 100 first responders and spouses have experienced profound healing through our traditional, authentic entheogenic ceremonies in Mexico.

These brave souls — firefighters, law enforcement officers, paramedics, dispatchers, and the partners who support them — have faced trauma that most can only imagine. Thanks to your generosity and belief in this mission, many are rediscovering peace, purpose, and connection.

Together, we are proving that healing is possible when science, spirit, and compassion come together.

HEALING BEYOND THE BADGE

"After my last call, I didn't think I'd ever feel whole again. The S.I.R.E.N. retreat gave me my life back — and my wife says she got her husband back too."

— Firefighter, Arizona

DEEP GRATITUDE TO OUR ALUMNI AND DONORS

To our incredible S.I.R.E.N. alumni — you are not only the heart of our mission, but you've become its greatest supporters. Many of you have already given back through generous donations, and we are beyond grateful.

Because of your contributions, we've been able to bring healing to over 100 first responders and spouses in such a short time. Your donations have helped fund travel, accommodations, integration support, and ceremonial costs for each retreat.

Unfortunately, we have had to change to a "Pay-It-Forward" model in order to sustain operation costs and continue our mission. We would like to especially thank those Alumni that have donated before even realizing the impact these therapies could have. We appreciate your trust in us.

To give you a sense of the impact:

- Each participant's healing journey costs approximately \$4,000 to sponsor.
- Each tribe includes about 8 participants, bringing the total cost per retreat to around \$32,000.

Every dollar you contribute directly supports these brave men and women in finding peace, recovery, and purpose after years of service. Your generosity doesn't just change lives — it saves them.

We have over 100 people on our waitlist in need of healing. At this time will be rostering at least 4 retreats in 2026 because of your generosity.

EXCITING NEWS: UPCOMING RETREAT & DOCUMENTARY

We're thrilled to share that our January 2026 retreat will be documented by award-winning filmmaker Chris Newman, whose work has earned multiple accolades — including a Peabody Award for his Netflix documentary "Mountain Queen: The Summits of Lhakpa Sherpa."

This film will capture the heart of The S.I.R.E.N. Project — the courage, healing, and transformation experienced by our first responder community. Our hope is that this documentary will raise awareness, inspire compassion, and generate donations to help even more responders find their path to healing.

Stay tuned for updates and behind-the-scenes glimpses as the project unfolds!

SAVE THE DATE: THE S.I.R.E.N. GALA — SEPTEMBER 2026

Mark your calendars for our first fundraising gala, taking place in September 2026, aligned with September 11, a date that holds deep meaning for our community.

Special Guest Speaker: "Mia", the real-life CIA operative whose story inspired Zero Dark Thirty.

We are also in the process of confirming an additional guest — another voice of courage and transformation — to make this evening unforgettable.

All funds raised will directly support future retreats and scholarships for first responders seeking healing through our programs.

TEE IT UP FOR MENTAL HEALTH GOLF TOURNAMENT

We are excited to announce that registration for the 4th annual Tee It Up for Mental Health golf tournament opens imminently (Nov. 1)! The founders have been gracious enough to include The S.I.R.E.N. Project as one of the main benefactors. We hope to see as many of you out there as possible, so be sure to register early! Details and registration can be found on our website at www.teeitupgolftournament.com

HOW YOU CAN HELP

- Donate: Every dollar directly funds retreat costs and integration support.
- Sponsor a First Responder: \$4,000 sponsors one complete healing journey.
- Share Our Story: Forward this newsletter or follow us on social media to help grow our impact.

STAYING CONNECTED — WITH HEALTHY BOUNDARIES

As many of you know, The S.I.R.E.N. Project is a grassroots effort run by just the two of us — firefighters turned healers on a mission to serve our brothers and sisters in the responder community.

Because our hearts are fully invested in every person we serve, it can be easy for lines between personal and professional communication to blur. To help us stay organized, responsive, and healthy, we kindly ask that all questions, comments, or concerns be sent via email rather than text or phone.

Please email us at: angela@thesirenproject.org

This helps us ensure your message doesn't get lost, keeps information in one place, and allows us to maintain clear business hours and boundaries — so that we can continue to give our best energy to this mission and to you.

Thank you for understanding and supporting us in this transition as we continue to grow.

WITH GRATITUDE

The S.I.R.E.N. Project was born from our own journey as firefighters — from the calls we answered, to the healing we sought.

We're building a movement rooted in courage, connection, and consciousness.
Thank you for walking beside us and helping light the way.

With love and gratitude,
Tim & Angela
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