Writer: Kim Hermida – Lead Hydrotherapist & Owner







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Veterinary Newsletter – Winter 2017

Pawsome Paddles 1 year anniversary...

It is hard to believe but January will mark one year since Pawsome Paddles Hydrotherapy Centre opened and started treating patients. As Owner and Lead Hydrotherapist I would like to thank you for trusting your patients with us and supporting us to ensure that our first year of business has been a success. Without your support none of this would have been possible. I hope that you feel that you are receiving a service from us which is benefiting your patients and satisfying your clients alike. We always welcome feedback so please do get in touch if there is anything you feel we can do to assist your practice and patients further.

Recent success stories...

Dexy - 8 month old

Border Terrier





Dexy came to us when she was 5 months old and was facing the prospect of surgery due to bilateral hip dysplasia. At home she would hardly walk due to discomfort and spent her time sat playing with toys within her reach. Dexy's owners started her on a course of hydrotherapy with some scepticism as to how much benefit it would have but were dedicated to bringing her for twice weekly sessions. Now 3 months on Dexy in her current condition no longer requires surgery, has been able to half her pain medication and leads an active puppy life. Going forward Dexy will need hydrotherapy for the long term but over time the duration between sessions will gradually be reduced. Dexy is not only a testament to how amazing hydrotherapy can be but also her owners who are committed to ensuring she has the best possible quality of life.

Barney - 7 year old

Cockapoo

Barney was referred to us back in July due to left patella luxation and left hind atrophy. When Barney had his initial assessment he was offloading his left hind limb with deferred stiffness in his right hind and overloading his right forelimb to compensate. Barney's treatment included pod work to enhance his hind limb proprioception and even loading so he would build even muscle tone and reduce deferred stiffness. Barney also particularly enjoyed the aerobic swimming aspect of his treatment which not only built his muscle mass back up to stabilise the patella but also improved his range of motion. Barney is doing really well and is now attending monthly maintenance sessions to keep on top of the results he has achieved.

Christmas closure...

Please note that the centre will be closed from the 23rd December and reopening on the 2nd of January. During this time should you need to get in contact please call 07923074372 or email kim@pawsomepaddles.com and we will do our very best to get back to you ASAP.



Pawsome Paddles would like to wish all your practice members a Merry Christmas and Happy New Year!