Writer: Kim Hermida – Lead Hydrotherapist & Owner



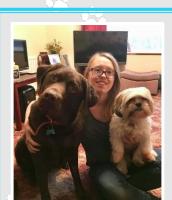




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Veterinary Newsletter – Winter 2018



New Team Member...

We're really excited to announce that Kathryn will be joining the Pawsome Paddles team in the New Year. Kathryn has a qualification in Animal Management and is passionate about all things dog. Initially Kathryn is going to be assisting in sessions and learning the ropes whilst becoming a certified hydrotherapist. To ensure consistency and guarantee that your patients get the best treatment available Kathryn will be completing her certificate with K9Hydroservices, as did I. Kathryn has already spent a couple of days with us and with her skills and compassion we're sure she's going to be an invaluable team member.

Did you know part of the requirement for Canine Hydrotherapy Association membership is that each hydrotherapist must complete 25hrs of CPD per year and renew their first aid certificate every 2yrs. Part of the reason we are members of the CHA is to help assure you that the patients you refer to us are in safe hands and that we are always up to date with best industry practice.

The importance of the pod...





For those of you who have already referred to us you will have heard plenty of reference to our pod in the reports we provide.

What is the pod?

It's an underwater platform. The depth at which it sits varies how much support and buoyancy the water provides to the patient. The surface of the pod can be covered in textured material to provide sensory input to the patient.

What is the pod used for?

The first use for the pod is to rest the patient on and perform health checks throughout the course of the session. Several treatments are also performed on the pod, to name a few... provide proprioceptive input, correct foot placement, work on balanced stands, improve range of movement and ensure correct muscle usage.

Hydrotherapy is so much more than 'swimming'...

Our patients spend anything up to \sim 90% of their session on the pod. Of course the swimming aspect of treatment is just as important but in conjunction with the pod work so much more can be achieved.

If you would like to know more about any of our treatment methods please do not hesitate to get in contact.

Christmas closure...

Please note that the centre will be closed from the 23rd December and reopening on the 2nd of January.

During this time should you need to get in contact please call 07923074372 or email kim@pawsomepaddles.com and we will do our very best to get back to you ASAP.



