


Monday	Tuesday	Wednesday	Thursday	Friday
3 Savory Cheese Crisp Applesauce Cup Fresh Pear	4 Animal Crackers 100% Fruit Juice Fresh Orange	5 Cheese Stick Graham Crackers	6 Veggie Crisp 100% Fruit Juice Fresh Pear	7  <b>NO SCHOOL!</b>
10 Animal Crackers, Mixed Berry Fresh Pear	11 Apple Muffin 100% Fruit Juice Fresh Orange	12 Hummus Cup Celery Sticks Ginger Gold Apple	13 Veggie Crisp 100% Fruit Juice Ginger Gold Apple	14 Animal Crackers Cheese Stick
17 Savory Cheese Crisp Applesauce Cup Fresh Pear	18 Animal Crackers 100% Fruit Juice Fresh Orange	19 Cheese Stick Graham Crackers	20 Veggie Crisp 100% Fruit Juice Fresh Pear	21 Sun Chips Fresh Orange Fresh Apples
24 Animal Crackers, Mixed Berry Fresh Pear	25 Apple Muffin 100% Fruit Juice Fresh Orange	26 	27 	28 



**Snack Fruit & Milk  
Nutrition**

**Seasonal Fresh Fruit**

Apples, Oranges, Nectarines,  
Plums, Watermelon,  
Peaches, Bananas  
([Fruit Nutrition](#))  
([Milk Nutrition](#))

Menu is subject to change.

**Afterschool snacks  
must contain at least  
two different  
components of the  
following four: a serving  
of fluid milk; a serving  
of meat or meat  
alternate; a serving of  
vegetables or fruits; a  
serving of whole grain.**