

| Monday   | Tuesday   | Wednesday   | Thursday                                     | Friday  | -30     |
|--|---|---|--|---|---------|
| 3 Personal Pan Pizza                             | 4 Mandarin Orange<br>Chicken<br>w/ Brown Rice                       | 5 Salisbury Steak<br>w/Gravy<br>w/Dinner Roll     | 6 Popcorn Chicken<br>w/Dinner Roll           | 7   | 7       |
| Side Salad<br>Fresh Orange<br>Milk               | Green Beans<br>Fresh Apples<br>Milk                                 | Rosemary Garlic<br>Potatoes<br>Fresh Pear<br>Milk | Celery Stick w/Dip<br>Applesauce Cup<br>Milk | NO SCHOOL!  | Se      |
| 10 Chicken Fillet<br>Sandwich                    | 11 Korean BBQ<br>Chicken<br>w/ Brown Rice                           | <sub>12</sub> Personal Pan Pizza                  | 13 Popcorn Chicken<br>w/Dinner Roll          | <sub>14</sub> Glazed Mesquite<br>Chicken<br>Three Cheese<br>Cavatappi | l<br>Wa |
| Celery Stick w/Dip<br>Fresh Apples<br>Milk       | Green Beans<br>Fresh Pear<br>Milk                                   | Carrot Sticks w/Dip<br>Fresh Orange<br>Milk       | Celery Stick w/Dip<br>Applesauce Cup<br>Milk | Cucumber Coins<br>Fresh Plum<br>Milk                                  |         |
| 17 Cheeseburger on WG Bun or Hamburger on WG Bun | <sub>18</sub> Beef Taco Crisp Ups<br>w/ Salsa Cup<br>and Sour Cream | 19 Salisbury Steak<br>w/Gravy<br>w/Dinner Roll    | 20 Popcorn Chicken<br>w/Dinner Roll          | 21 Chicken Fillet<br>Sandwich   |         |
| Emoji Fries<br>Fresh Apples<br>Milk              | Carrot Sticks w/Dip<br>Fresh Orange<br>Milk                         | Mashed Potatoes<br>Fresh Pear<br>Milk             | Celery Stick w/Dip<br>Applesauce Cup<br>Milk | Side Salad<br>Fresh Plum<br>Milk                                      | In acc  |
| <sub>24</sub> Italian Meatball Sub               | <sub>25</sub> Personal Pan Pizza                                    | 26  | 27   | 28  | all fiv |
| Steamed Broccoli<br>Fresh Apples<br>Milk         | Carrot Sticks w/Dip<br>Fresh Orange<br>Milk                         | NO SCHOOL  Thanksgiving Break                     | Happy<br>Thanksgiving                        | NO SCHOOL  Thanksgiving Break   |         |



## Supper Fruit & Milk Nutrition Seasonal Fresh Fruit

Apples, Oranges, Nectarines, Plums, Watermelon, Peaches, Bananas (<u>Fruit Nutrition</u>) (<u>Milk Nutrition</u>)

Menu is subject to change.

n accordance with USDA guidelines, the student must select all five components.

