All prices include 20% VAT

Catering and treatments at Spa Houses

Welcome Afternoon Tea - 5pm Frídays

This will be served on vintage china but buffet style so you can take at a time that suits you or if you want to get straight into the spa on arrival.

GET THE WEEKEND STARTED!

Grab a glass of fizz from our ice bucket!

APPETISER

A taster of freshly made salmorejo (a nourishing puree consisting of vine tomatoes, red pepper, bread and flavorings, originating from Andalucia, south Spain.

FINGER SANDWICHES

Cream cheese and cucumber (hummus for vegans), egg mayonnaise and cress, ham cheese and pickle.

HOT SAVOURIES

Home made sausage rolls, cheese for vegetarian (ready for you to warm up on a low heat when ready)

SCONES AND CAKES

Míní sweet treats Scone with clotted cream and jam

Gluten free choices are available on some items.

Breakfast - Served buffet style Saturday and Sunday around 930am.

CEREALS, TOAST AND CROISSANTS

HOT ITEMS

Bacon Scrambled eggs Baked beans Hash Browns Tattíe Scones Sausages (Veg avaílable on request)

COFFEE, TEA, ORANGE JUICE

Light lunch - Served buffet style Saturday around 2pm

Soup of the day (gluten free). Examples: Parsníp, sweet potato and chillí, lentíl, cream of red pepper and tomato. Daíry free optíon for vegans available Freshly baked bread Macaroní cheese(or another pasta or rísotto dísh of your choice)

Spa treatments (timings are one each website)

Hydrating Deep cleansing Hot towel facial

Towels soaked in essential oils are wrapped around the face to deeply cleanse and tone the skin. A traditional facial massage follows to complete this purifying and relaxing treatment

Essential oil back, neck and shoulders massage

Natural, holistic system of a balancing techniques concentrating on certain pressure points to ease the tension and knotted areas using a relaxing aromatic essential oil blend based on your preferred scent

Salt and Oil Body Scrub

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for a body Massage as an additional treatment

Foot scrub and leg massage

An excellent treat for tired legs and feet. This involves a foot scrub, removed by hot towels soaked in essential oils and followed by a relaxing leg massage



Sít down evening Dinner - Served around 8pm Saturdays & Sunday

FIRST COURSE

Bruschetta (vegan, gluten free on request) Pate/cheese with oatcakes (gluten free on request) with salad and chutney Goats cheese, and mixed onion Italian salad with balsamic glaze (gluten free, vegan if cheese omitted)

MAIN COURSE

Baby potatoes with honey glazed carrots with a choice: Breast of chicken with sherry, paprika and cream (GF) Breast of chicken with peppercorn, brandy and cream Slow cooked steak and merlot pie Pastry with cheese for vegetarians Quorn fillet with sauce choice above (sauce is cooked separately)

DESSERT

Sticky toffee pudding with whipped or ice cream (GF on request). A vegan option of this is available Warmed rich dark and creamy milk chocolate brownie with whipped or ice cream (GF on request) Summer berry meringue (GF)

CHEESE PLATTER

COFFEE AND CHOCOLATE MINTS

As all hot/baked dishes are home made, if guests select gluten free, the entire item is made gluten free



Venue	Spa treatments robes and slippers	Buffet breakfast for 2 days	Afternoon tea with fizz	Light lunch (not available on own)	5 course dinner	Cocktail masterclass	Total package cost	Full package saving
Old Nunnery Main venue (min 14)	£30 (Decleor)	£20	£20	£10	£25	Not available	£85	£20
Old Nunnery Spa suite (min 6)	£30 (Decleor)	£20 (weekends only)	£20	£10 (weekends only as part of full package)	£25 (weekends only)	Not available	£85	£20
Wee Nunnery (min 14)	£30 (Decleor)	£20	£20	£10	£25	Not available	£85	£20