

Positive Thinking Lesson Plan

1. *Do you consistently think in a positive manner?*
2. *Do you have a consistently positive outlook on life?*
3. *Do you have a good feeling about yourself?*
4. *Do you look for solutions or focus more on the problem at hand?*
5. *Do you associate with positive people or negative people?*

Positive Thinking Lesson Plan

6. *Do you spend time thinking about all the things you have to be thankful for?*
7. *Do you worry about a lot about what might happen?*
8. *Do you think about what you want to happen each day in your career?*
9. *Do you think about your goals with positive expectancy everyday?*
10. *Do you think about your Big Dream with positive expectancy everyday?*



***Mental
Toughness,
Always Positive
& Truthful
& Helping Others***



Life Lesson #1

***You truly can think
yourself to
greatness.***



Life Lesson #2

***Regardless of your
level of experience,
you need a coach.***



Life Lesson #3

***When you really
need help, don't be
afraid to ask for it.***



Life Lesson #4

***It is not what we don't
know that hurts us, it
is what we do know
and don't do.***



Life Lesson #5

***Be a student of good
information.***



Life Lesson #6

***Self discipline is the
master key to all riches
in life.***



Life Lesson #7

***You can only soar as
high as the standards
you set in life.***



Life Lesson #8

***To fail is to give up, to
succeed is to learn from
failure and continue.***

The background of the image is a modern interior. It features a dark, vertically-slatted wood-paneled wall. In the upper center, there is a glowing neon sign that appears to be in the shape of a hand or a stylized letter. Below the sign, there is a dark, rounded rectangular area containing the text. In the lower-left foreground, there is a mustard-yellow leather sofa with two white pillows. To the right of the sofa, there is a small, round, white object covered with a white cloth. On the far right, a small portion of a green plant is visible.

Life Lesson #9

***Shortcuts lead to dead
ends.***



Life Lesson #10

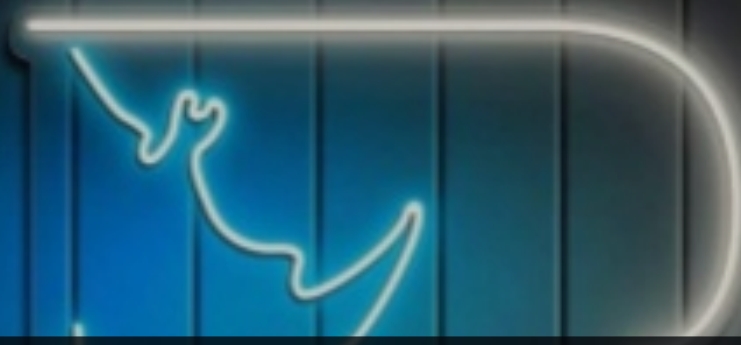
***Quitting is easier but it
produces no result.***



I hereby promise to begin today,

To manifest the personal greatness

I know lies within me

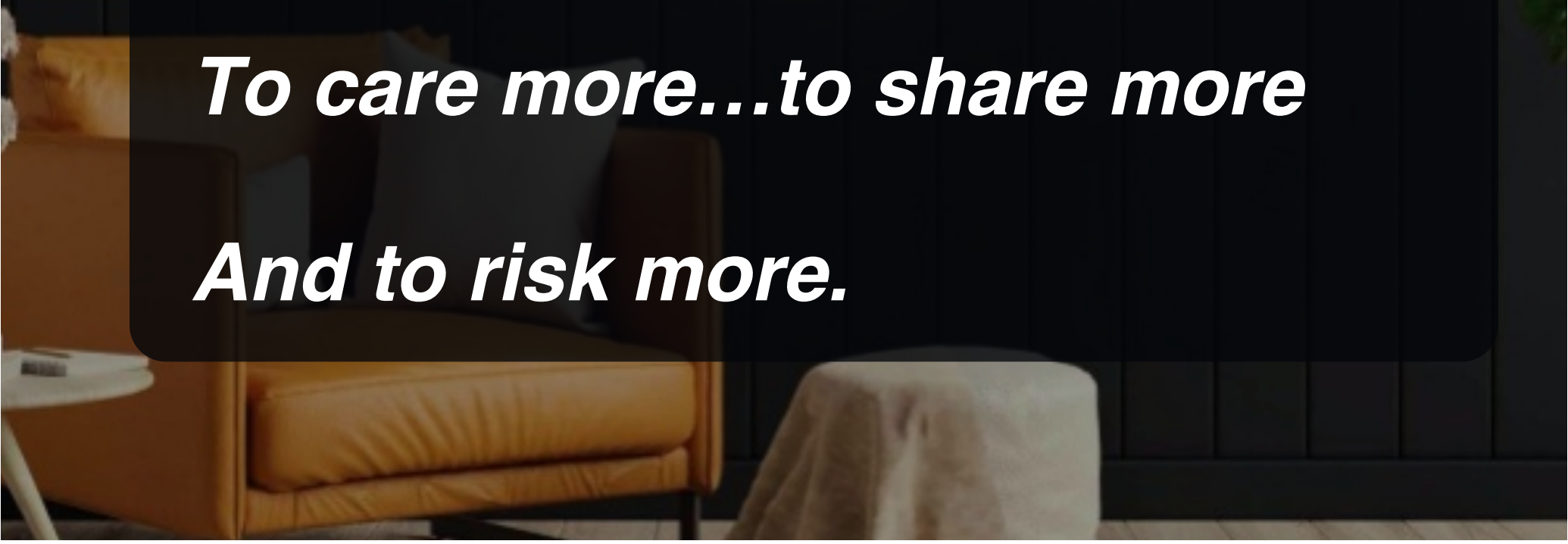


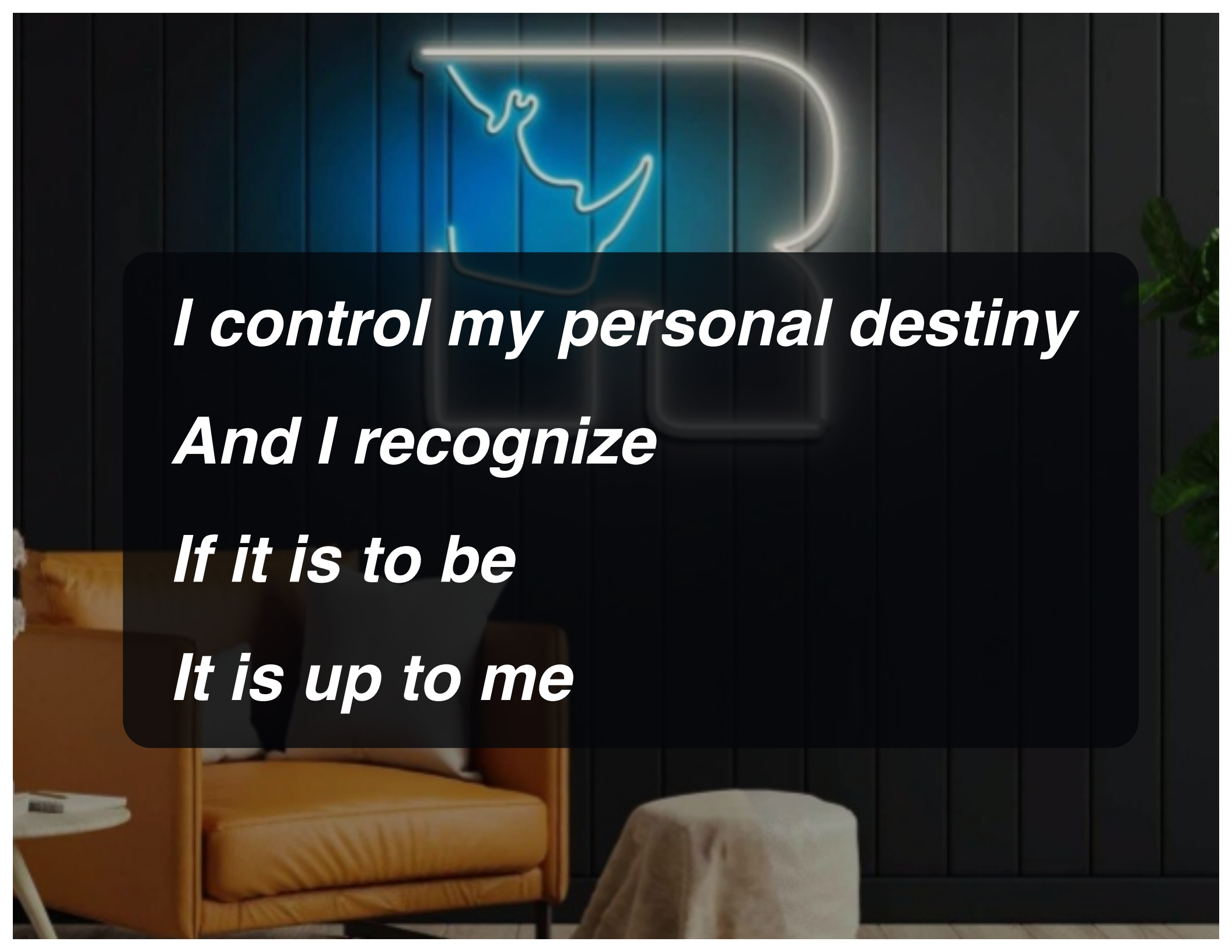
To improve the quality of my life

To learn more...to laugh more

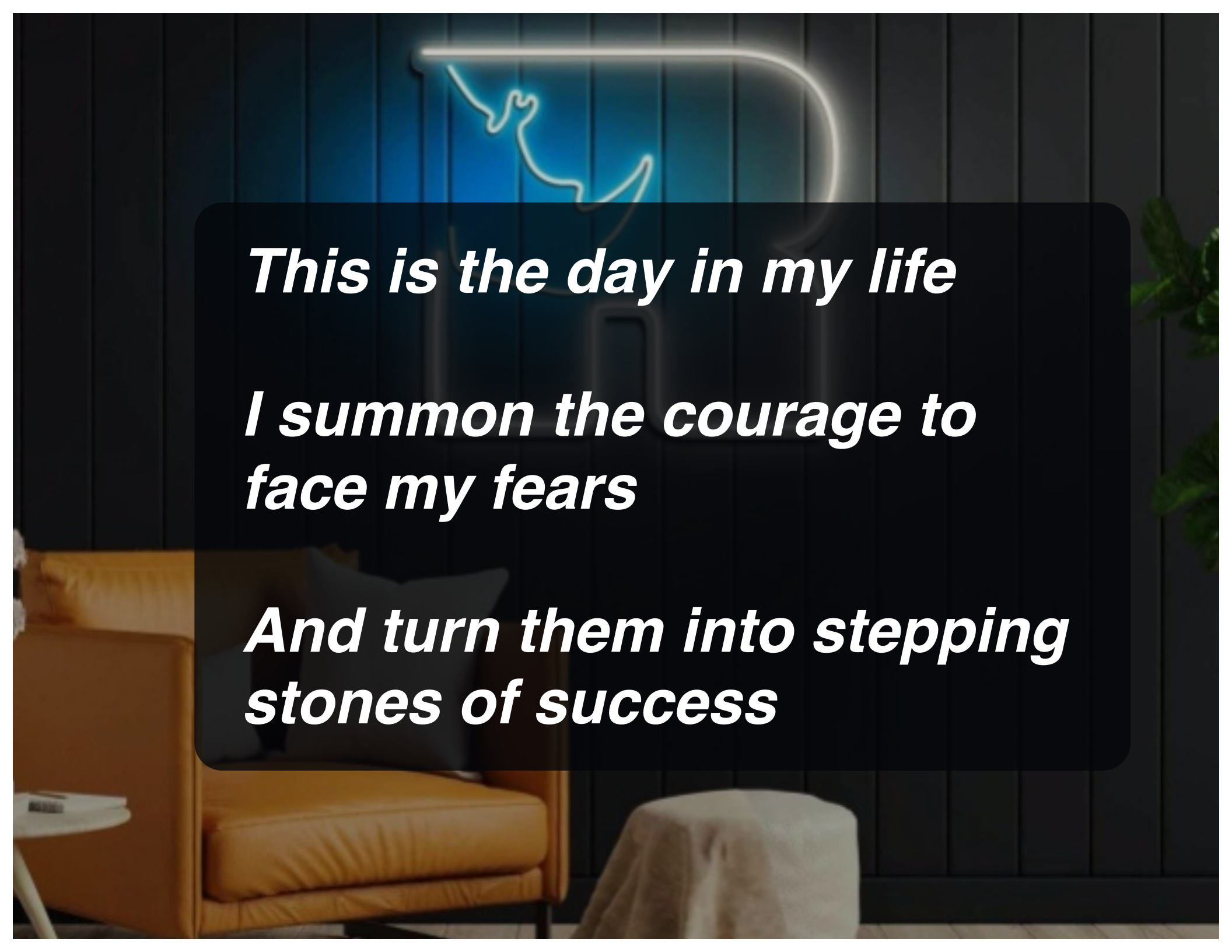
To care more...to share more

And to risk more.





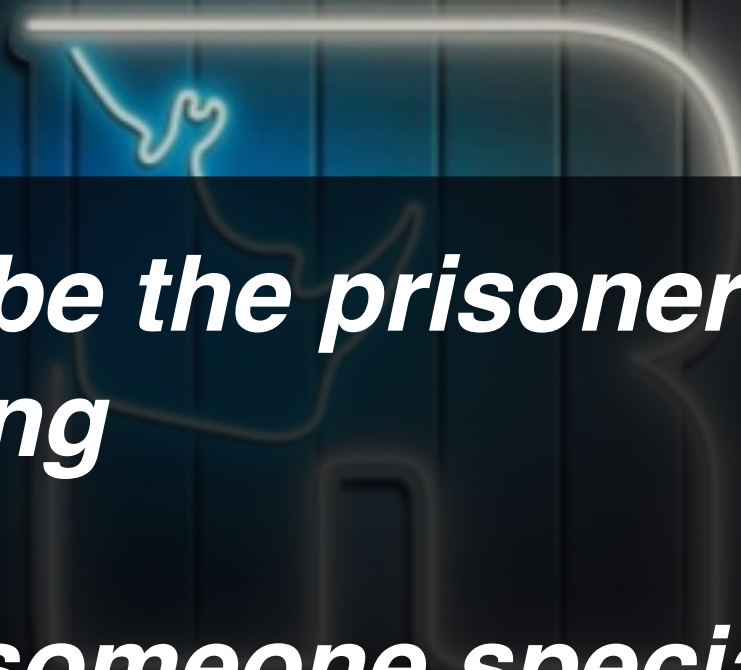
***I control my personal destiny
And I recognize
If it is to be
It is up to me***



This is the day in my life

***I summon the courage to
face my fears***

***And turn them into stepping
stones of success***



***I will be the prisoner of
nothing***

I am someone special

I will live my life

***Always Positive, Truthful and
Helping Others***



Everyday

Every time

Without fail

No exceptions.