

# Programs that help pay for long-term care to help support people with Parkinson's

**Presented by : Kim Searles, Director of Education** 

### Adam Searles with Parkinson's Disease



- Pictured is Adam Searles, Kim's brother. He just shaved his head ready for his DBS brain surgery Sept 2019.
- Today, Kim is passionate about sharing long-term care Medicaid to help other people!



## How to utilize Beneficent to support caregivers

- Do you have Parkinson's? Do you personally need support?
- Are you a caregiver for someone with Parkinson's? How can a caregiver get a break?
- Caregiving is an honor, but it comes with stress, learn about programs that will support caregivers.
- Caregivers are often overworked, and some give up their careers to support their loved ones.
- Learn how programs can pay a caregiver or care facility if that assistance is needed.



# Strategies to pay for the high cost of care.



- We help caregivers tap into programs to protect family's cash and avoid spend-down.
- Beneficent connects seniors and disabled individuals to funds that pay for the high-quality care.
- We have 100% application success rate.
- Beneficent has been privileged to successfully assist thousands of families and individuals through asset preservation while coping with long-term care costs.

#### **Generational Testimony**



- Stacy's parents believed they had to "spend-down."
- They lost their grandmother's home.
- Do you have something they want to keep for the next generation?



## VA Aid + Attendance and Long-term Care Medicaid

VA Aid + Attendance and Long-term Care Medicaid are financial programs that help pay for long-term care including in-home care, assisted living, memory care, and full skilled care.

- In the state of Colorado, families are searching for ways to cover the high costs of long-term care.
- Certified Medicaid Planners represent clients that have been denied due to common application mistakes. Certified Medicaid Planners can avoid those common errors.
- It is important to understand the Department of Health Care Policy + Finance (HCPF) policies, guidelines and rules around Longterm Care Medicaid programs.
- Families with the correct information can obtain benefits.
  Beneficent.

### Why are we here today?

Presentation Overview:

- Understanding payment for: private pay facilities, non-medical companies and placement agencies
- Understand a case study
- Creating clarity around how the process works
- Identifying clients who may benefit for these state and federal programs.



## How to Qualify for Long-term Care Medicaid or VA Aid + Attendance?

- Based on the department of human services information, 70% of applicants that apply for long-term care on their own are denied due to inaccurate information and incomplete filing.
- It is important to know the rules, so the "spend-down" process is completed inside of the guidelines for qualification.
- Many families are told they will not qualify for state and federal programs because they have too much income or too many assets. That is not always true!



## VA Aid + Attendance Program 2022 Veterans Benefits: Monthly Pension Rates

Single Veteran	\$2,050
Two Married Veterans	\$3,261
Surviving Spouse	\$1,318
One Married Veteran w/ Spouse	\$2,431

\$138,489 in assets, excluding home and car and still qualify!

- Aid + Attendance allows for eligible veterans or their spouses to afford the care they need without any payback or reclaim to the government.
- The funds are tax free. VA Aid + Attendance can be used for in-home care, assisted living, full skilled nursing care and monthly prescription premiums.
- The Vet needs to have served 90 days of active duty with at least one day during wartime and must be considered "totally disabled" (needs help with 2 activities of daily living).

## **Colorado** Health First Program

Colorado Medicaid will pay for: in-home care, assisted living, memory care, full skilled nursing.

**Income Trusts** are used when a Medicaid applicant has <u>too much income</u> to qualify for Medicaid but not enough to pay for long-term care.



## "Spend Down" funds are kept safe

- Clients set aside "spend down" money for a set period of time to privately pay for In-Home Care or to stay in a facility.
- No family members have access to these funds so it grantees private pay funds to pay for care.

## Colorado Health First Program

Income Trust Gross Income Cap = CO State Regions		
Region I	\$9,500	
Region II	\$8,627	
Region III	\$8,166	
Region IV	\$8,145	

- Qualification Requirements:
  - Must be over the age of 65, blind, or disabled adult
  - Income cap of \$2,523 unless an Income Trust is used
  - Asset limit of \$137,400 for married couples
  - Asset limit of \$2000 for single people
  - If you don't meet those requirements there are strategies to access benefits
  - Help with 2 activities of daily living
- Following the guidelines carefully and having an experienced planner can ensure that the maximum amount of benefit is derived with the **least amount of** erosion of personal assets.

## **Single Person Case Study**

Shari was residing in a non-Medicaid Certified Assisted Living Facility. Shari declared a home, a vehicle, a life insurance policy, and cash.

- Prior to application, Shari sold her property receiving \$193,000 in cash
- Shari's vehicle is exempt
- Shari's life insurance policy had a face value of \$25,000 and a cash value of \$2,000 which she transferred to a family member
- Shari gave a cash gift of \$170,000 to a family member
- The penalty assessed by the State was 20 months (based on cash gift and life insurance transfer)
- A spend down fund account was created for \$35,000 increasing her monthly income for 20 months

**Outcome:** Shari will continue to live in her current Assisted Living Facility during the penalty and has the money from the spend down account to pay for this care.

## **Married Couple Case Study**

Case Study: Married Couple: Mark and Jill

What they have:

- Cash in the Bank \$61,000
- Investment Account \$125,000
- Mark Has a Roth IRA \$140000
- Jill has a Roth IRA 65,000
- Primary Home in Colorado and Two Cars.

Jill Needs Care in Assisted Living for Advanced Dementia and has care costs of \$5000/month

Jill can only have direct access to \$2000 when we apply for Long Term Care.

## **Married Couple Case Study**

Continued, Case Study: Married Couple: Mark and Jill

#### What Happens to Assets:

- Mark is assigned to the bank and investment accounts; He keeps his Roth by utilizing a spend down account to hold Roth investments and cash that's above the \$137K Community Spouse Resource Limit under Mark's name.
- Their Colorado home is exempt and so are the cars.
- Jill's Roth is cashed out and cash held in with other investments.
- The State of Colorado will pay for Jill's care as of the date we file for Long Term Care.
- 100% of their assets are available for Mark to use as he wishes in his lifetime. There are no Penalties to transfer assets to a spouse.

## Solutions

Almost every problem to long-term care costs has a solution. Proper education ensures eligibility can be obtained <u>and</u> assets preserved.

## Learn More on Our Website



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