

Pikes Peak Area
Agency on Aging-
How can we help
you?

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Agenda

- PPAAA- Who we are, what we do
- Getting Around the Pikes Peak Region
- Information and Assistance
- Family Caregiver Support Center

What is an Area Agency on Aging?

The Older American's Act was enacted to provide essential services and support to older adults, ensuring they can live independently and with dignity

- 1973 Area Agencies on Aging were established with the mission of creating home and community-based services to maximize the independence and dignity of older adults

Mandated to provide certain service categories



Core Services- Nutrition, Health & Wellness, Caregivers, Elder Rights, Supportive Services

Top Ten Most Common Supplemental Services Offered by AAAs

- Transportation services
- Case management
- Benefits/health insurance counseling or enrollment assistance
- Homemaker Personal assistance/personal care
- Options counseling
- Assessment for care planning
- Elder abuse prevention/intervention services
- Senior center programming and activities
- Long-term care ombudsman services



Transportation- Getting Around the Pikes Peak Region

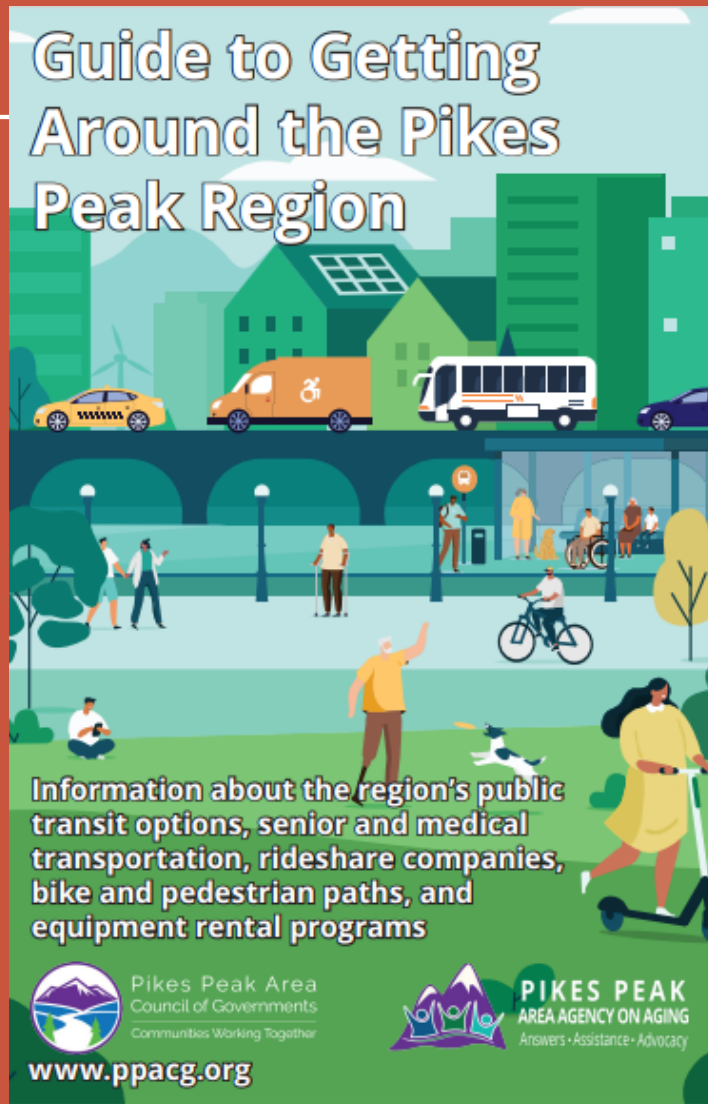
The Big 3

- 1. Public Bus Service
 - Mountain Metro and Fountain Municipal
 - All riders
- 2. Paratransit
 - Mountain Metro Mobility
 - Disabled, Senior- Anyone who needs help

Transportation- Getting Around the Pikes Peak Region

The Big 3

- 3. Specialized Transit
 - Envida, Silver Key, Fountain Valley Senior Center, PACE, Goodwheels
 - Medicaid non-emergent medical transportation
 - Veteran Transportation Services
 - Intercity- Bustang, Greyhound, Ramblin Express



El Paso County

Paratransit

Mountain Metro Mobility



Telephone 719-392-2396

Website mmtransit.com

Service For Individuals who, because of their disability, are unable to use Mountain Metro fixed-bus service

Wheelchair Accessible, Airport Service

Service Area 3/4 of a mile of fixed route service within Colorado Springs and Manitou Springs Level of Service Door-to-door Cost \$3.50	Hours of Service Mon-Fri 5 a.m. - 10:15 p.m. Sat 6 a.m. - 12:15 a.m. Sun 6 a.m. - 8:15 p.m. Advance Time to Schedule Rides 1-3 days advance for taxi choice option
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Additional Information
Must fill out an application. Within 21 days of receiving completed application, applicants will conduct an in-person interview to determine eligibility.

Service not provided on Thanksgiving Day, Christmas Day and New Year's Day.

Mountain Metro Mobility offers a Taxi Choice Option for passengers who need a ride for 7 miles or less.

Companions are charged \$3.50 from the client account. Same day rides or changes are not allowed.

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Guide to Getting Around the Pikes Peak Region

<https://ppacg.org/wp-content/uploads/2025/03/2025-Mobility-Guide.pdf>

Information and Assistance

Resource Navigation

Case Management

Ship- State Health Insurance Program

Homemaker and Personal Care Vouchers- **Waitlist**

Emergency Response Systems- **Waitlist**

Retirement Series

Medicare 101

Family Caregiver Support Center

1. Free Consultation
2. Monthly Support and Education Group
3. Powerful Tools for Caregivers- 6 week class
4. Respite Voucher Programs
 - a. Traditional respite voucher program- 15 hours every few months
 - b. Recreational Respite- A break from the monotony of the day by creating meaningful moments through play
5. Caregiver Pampering Day- *“Garden of Gratitude”*

Consultation Topics

1. Medical
2. Legal
3. Financial
4. Levels of Care
5. Support and Resources
6. Self Care



Thank
you

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