



Ar FRVEN LIM



fitwel AMEASSADOR

Nationality Singaporean

Qualifications

WELL Accredited Professional (2021), Int'l Wellbeing Insitute (License No: WELL-AP-0000058732)

Fitwel Ambassador (2021-)

Master of Arts (Distinction) (Landscape Urbanism) Architectural Association, United Kingdom, 2002

Diploma of the Architectural Association Architectural Association, United Kingdom, 1999

Bachelor of Arts (Honours) University of Manchester, United Kingdom, 1996

Professional/Technical Career Roles

2016-23 DP Architects (London Studio Director) 2021-22: Guest Tutor at Harvard GSD, NUS 2016: Adjaye Associates (Project Lead) 2003-15: Surbana Int'l Consultants (aka Surbana Jurong) Senior Consultant (2015) Dy Managing Director, Design Director (2013-15) Dy Managing Director, Director (Architecture) (2010-13) 1999-2003: HDB (Architect)

PROFILE

Frven Lim is an expert in the field of wellbeing design. His methodology is evident-based and the techniques involve applied research of his own studies as well as interpreted adaptations of studies by Neuroscientists and other human behaviours specialists.

Wellbeing Expertise

Frven is a thought leader in the topic of holistic wellbeing design. He champions the motto of "making a difference through design". This is evident in his thought leadership articles and openly accessible webinars in social media platforms. His unique skills lies in the global and human-centric approach to wellbeing applied research.

As a keen advocate, he is often invited to speak at webinars and conferences on the topic of how architecture and design affects the inhabitants' wellbeing and happiness. This thrust is coined #WHAD, which stands for "wellbeing+happiness through Architecture+Design", and is steadily amplifying the discourse across the more ambitious tribe of architects and designers, who believe in the importance of meaning and purpose.

This specific field is particularly relevant for developers and all real estate players; in particular, to deliver products/ services that are truly value-packed in a highly competitive market. More importantly, it is also the conduit for designers to fulfil the holistic mission of truly creating better places and spaces. To elevate humanity's wellbeing.

Technical Achievements

Frven is an Architect who specialises in the fiHe has a built track record of >11,000 residential units and >2 million square meters over his 23-year professional career.

He trained at the Architectural Association in London, where he received his AA diploma in 1999 and MA (Distinction) in the field of Landscape Urbanism in 2001. He practices with an attitude of experimentation and research. This originality is evident in his works, and has earned him several highprofile design recognitions, including the prestigious '20 under 45' accolade accorded by Singapore's Urban and Redevelopment Authority in 2010.

Throughout his career, Frven has led and spearheaded design studios in Singapore and London. His repertoire included projects ranging from the smallest bespoke urban insertions to large-scale townships and Masterplans. The diverse portfolio across Asia, the Middle-East, India, China, UK, and Europe range from private residential, commercial and retail schemes to government/public commissions.

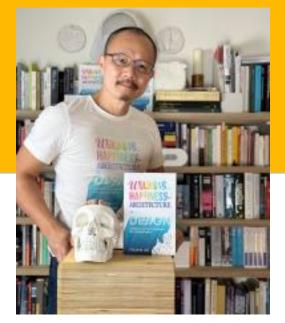
Speaking+Advocacy (2021-)

2022 Dec: Happiness Workship, Dsg School of X, (Singapore National Design Centre)

2022 Nov: EdCrunch, Education Sector Conference, Almaty Kazahkstan

2021 Oct: Dubai Expo Thematic Business Forum, Dubai





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Knowledge and Research sources/platforms:





Professional





fitwe



Author

Wellbeing+Happiness thru' Architecture+Design ISBN: 978-1-76124-130-7 Published 2023



Publications (Editor-in-chief)

"project 2050", 2014 (ISBN: 978-981-09-2224-5) "Crafting Public Realms", 2014 (ISBN: 978-981-09-0225-4) "1degNorth", 2013 (ISBN: 978-981-07-7534-6) "Housing People", 2012 (ISBN: 978-981-07-1793-3)

Publications (featured)

"Vertical Garden City", 2014 (CTO, pp 78-81) (ISBN: 978-981-4342-59-9) Less is more: Aquatic Science Centre", Singapore Architect Issue #264, 2011 "Green Revolution: CleanTech One", Singapore Architect Issue #264, 2011 "Drawing (and) information polytechnic drawing", 2011 "Asia Surface 06", 2011 "Young Guns Part2", Singapore Architect Issue #261, 2010 "CleanTech Park's first iconic green building", SouthEastAsia Building magazine, Sep/Oct 2010 "Public Housing for all", The Monocle Singapore Survey 2009, Sep 2009 "World Architectural Review: Special Issue on Architectural Association 94/95" A Manual for the Machinic Landscape", AA Publications, 2001 Teaching

Visiting Tutor and Critic, Harvard GSD, 2020-21 Visiting Tutor and Critic, École polytechnique fédérale de Lausanne, Switzerland, 2016 Invited Critic, National University of Singapore (NUS), 2015-2020 Adjunct Studio Master, Special Project studio (NUS), 2015 Workshop Director, Diploma Unit 13, Architectural Association, London, 2002

Academia and publications

Frven is an invited tutor/critic for Harvard GSD, Switzerland EPFL and Architectural School of Singapore NUS. He has authored and edited numerous publications, of which the four seminal books are "Housing People", "1degNorth", "Crafting Public Realms" and "project 2050". In addition to these, Frven has also contributed an essay which was published alongside the exhibition titled "1000+ Singapores" held at Paris' city hall in the summer of 2015.

Professional Associations

Member, Academy of Neuroscience for Architecture (ANFA) Registered APEC Architect, Singapore, 2015-Registered Architect, #1914, Board of Architects, Singapore, 2005-Royal Institute of British Architects, Chartered Member, 2008-

Personal Awards

"20under45: The Next Generation" (2010), selected as one of twenty prominent Singapore registered Architects under the age of 45 Recipient of AA School Scholarship, 1999 Recipient of HDB Overseas Scholarship, 1993

Exhibitions

"20 under 45: The Next Generation", URA (Singapore), Aug 2010-Feb 2011 "20 under 45: The Next Generation", AEDES am Pfefferberg, Berlin, Mar-12 May 2011

Project Thumbnails

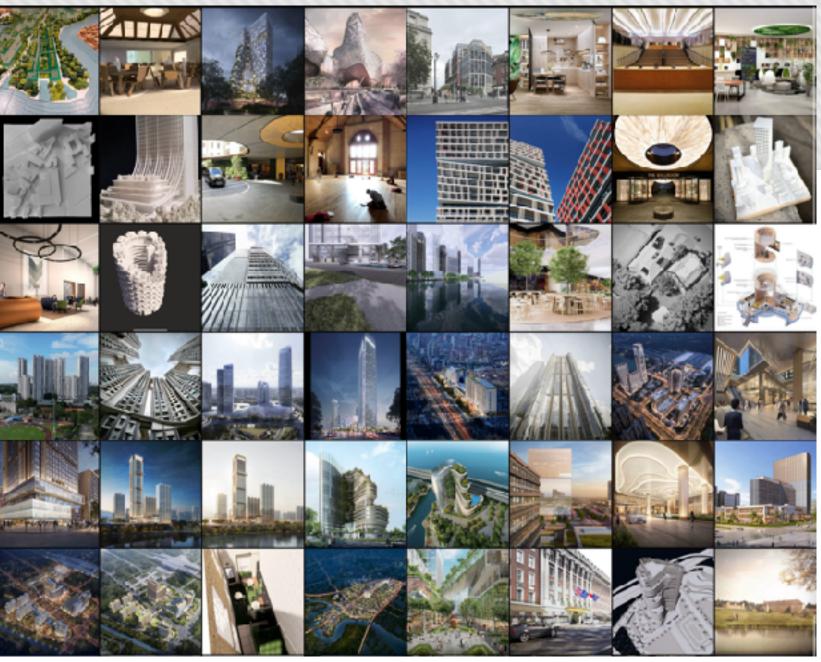
Water 5 fitnEss 4 Light 1 6 m B ARCHITECTURE i o n 8 Innovation r f 3 Nutrition o G t



<u>WHAD</u>

Project Thumbnails

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<u>WHAD</u>