



“I’ve worked with Christian over the past two years, and I’m really impressed by how he has helped develop my leadership and communication skills. He always brings clarity and sharpness, in a humble and empathetic way.”

Vice President, Electrolux Group

“He guided me and provoked me into thinking completely differently about what I valued from my job and helped me figure out what truly mattered. I’ve been much happier and more content ever since.”

Global Marketing Manager, Mark Anthony Brands International

“He showed me tools I didn’t think I had, allowing me to face an important transformation that became concrete in a short time. Unexpectedly performing.”

Founder & Director, Rootia

“One of the most valuable sessions of coaching I have ever had. He ensures his experiences translate into tangible approaches and next steps.”

Sales Executive, Google

“A competent, empathetic, and attentive coach. He knows how to listen and understand the needs of his coachee, structuring a path to achieve goals in a natural and coherent way.”

Program Manager, Inedit

“Christian helped me to focus: he didn’t give me anything that I didn’t already have inside me, but he helped me put it in order to see it clearly.”

Social Media Manager, Creative Sector

“Starting a new career path can be overwhelming. He guided me through critical thinking exercises and provided honest and constructive feedback that helped me leverage my experience.”

Certified Coach in Contemplative Neuroscience and Mindfulness-Based Protocols