

Stitch and Flip Quilt

- Sew all your strips together joining them diagonally.
- Tape back of quilt right side down on flat surface.
- Spray the wrong side of the fabric with adhesive spray.
- Lay batting on top of backing and smooth out.
- If you would rather, you could pin the batting and backing together.
- Mark the batting with a line diagonally from one corner to the opposite corner.
- Cut off a length from your long strip that will measure the length of your drawn line.
- Place this strip on the drawn line pretty side up.
- Place the remaining (long strip) on top of the first strip right pretty side down.
- Sew a $\frac{1}{4}$ inch seam.
- Cut the strip off, flip open and press.
- Place your long strip on one raw edge of the 2 you just sewed and sew them together for you second seam.
- Repeat until the quilt top is covered.
- Square the quilt edges.
- Bind the quilt.
- Put a Delta Quilters Label on it.
- It is now ready for a newborn.