

Sahel Restaurant & Lounge

AFRICAN & CARIBBEAN CUISINE

TEL: 978-455-3635 | WWW.SAHELRESTAURANTLOUNGE.COM

APPETIZERS

Sahel Wings 11.50

Jerk or sweet chili. Served with housemade dipping sauce

Shrimp Tostones 12.50

Tostones topped with guacamole and grilled shrimp

Fish Cakes 13.50

Housemade fish cakes with remoulade

Curry Fries 7.50

French fries with rasta curry sauce

Beef Suya 10.50

Strips of beef seasoned with Suya spice and grilled to perfection

African Beef Empanadas 8.50

2 African beef empanadas with hot pepper sauce

SALADS

Sahel House Salad 10.50

Mixed greens/mango/avocado/dried cranberries/sliced almonds

Char Grilled Caesar Salad 8.50

Lightly grilled romaine lettuce/shaved parm/croutons/caesar dressing

Chicken 6 | Beef 8 | Shrimp 8

SANDWICHES

Classic Burger 15.50

Half pound burger with cheddar cheese, lettuce, tomato, and onion on a brioche bun. Served with plantain chips or fries.

Chicken Sandwich 13.50

Grilled chicken breast with chimichurri, lettuce, tomato, and chipotle aioli on a brioche bun. Served with plantain chips or fries.

Fish Cake Sandwich 16.50

Housemade fish cake with remoulade, lettuce, tomato, and pickled veggies on a brioche bun. Served with plantain chips or fries.

ENTREES

Braised Oxtail 24.50

Jamaican braised oxtail with white beans, fall off the bone tender. Served with sautéed vegetables and rice of choice.

Dancing Jerk Chicken 21.50 *Signature*

Jerk chicken with pineapple salsa and our award winning jerk sauce. Served with rice of choice.

Red Snapper 22.50 *Signature*

Baked or fried whole snapper served with African tomato stew. Choice of fried plantains or cassava sticks.

Ndole 23.50 *Signature*

A traditional Cameroonian peanut stew made with bitter leaves, flavored with garlic and crayfish and served with shrimp and beef. Served with rice of choice.

Egusi Stew 23.50 *Signature*

Made with ground melon seeds, spinach, and African spices, served with braised beef. Choice of pounded yam or fried plantains.

Curry Rasta Pasta 17.50

Penne pasta in a creamy coconut curry sauce with bell peppers and red onions. Choice of chicken, shrimp, or tofu.

Red Bean and Butternut Squash Stew 16.50 *Signature*

Red bean, butternut squash, sweet potato, cauliflower, and green beans stewed in a coconut herb sauce.

Jerk Tofu 18.50

Tofu with pineapple salsa and our award winning jerk sauce. Served with rice of choice.

SIDES

Jollof Rice 5.50	Cassava Sticks (Miondo) 6.50
White Rice 4.50	French Fries 5.50
Fried Ripe Plantains 6.50	Pounded Yam 6.50
Plantain Chips 5.50	Puff Puff 6.50

KIDS

Homemade chicken tenders with side	10.50
Pasta with butter and parmesan	7.50

Online Ordering
Pick-up & Delivery



DESSERTS

Chocolate Cake	5.25
SAHEL`s Bread Pudding	5.25
Sophia`s Yogurt	5.25

Please inform your server if anyone in your party has an allergy.
An 18% gratuity will be added to parties of 6 or more.
For reservations and birthdays please call 978-455-3635.

Our Digital Menu

