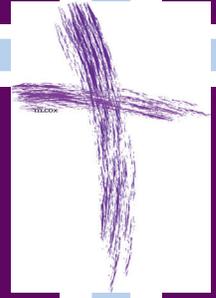


St. Alphonsus Parish Update

March 1, 2026



Thank you to everyone who joined us for our Lenten Mini Retreat, and a heartfelt thanks to all the volunteers who made it possible, especially those who helped with the lunch. We are also grateful to Steve Gadiant for the organization and to Deacon Gilles for leading us through such a meaningful time of prayer and reflection.

Stations of the Cross

During Lent we have the Stations of the Cross every Friday evening at 7 o'clock in the Church. This is a particular type of prayer in which we remember the suffering and death of Jesus with thanksgiving. We are grateful because he gave Himself to us totally, forgiving our sins and enabling us to rise from the dead. We also pray for those people around us who suffer... sometimes even needlessly. We ask that God help them and free them.

Coffee Sunday this Weekend !

Come on over to the hall after Mass on Sunday, March 1 to enjoy some fellowship at Coffee Sunday !

Dates for the Sacraments at St Alphonsus this Year

- First Reconciliation St. Alphonsus School - Saturday, April 18 at 10.30 am
- First Reconciliation Catechism Children- Saturday, April 25 at 10.30 am
- First Communion - Sunday, May 24 at 2 pm
- Confirmation - Sunday, May 10 at 3:30 pm

Help Those In Need Week. Our “ Help Those In Need Week “ will take place during Lent Saturday March 7 through Sunday March 15. We will have a food collection drive, a clothing drive, and soup kitchen volunteer work. Food and clothing donations will be inside the main church doors around the Manitoba Harvest bin area. Everyone is invited and welcome to join in.

We do accept food donations throughout the year; when bringing a tin for the bin please fill the yellow Manitoba Harvest bin.

Clothing drive. * Please do not bring in clothes before Saturday March 7th or after Sunday, March 15th.*

- Men’s & women’s clothes will go to Flavie Laurant.
- Young women, infant, & toddler clothes will go to Villa Rosa.
- Youth clothes will go to Rossbrook House.

Please bring new or good used clothes .

Clothes should be clean, packed in plastic bags, and identified with gender & age.

Thank you for your help and have a wonderful Lent. *Steve Gadiant*

Church Donations -

Tax Receipts

Tax receipts for the 2025 tax year have been printed and are available in the office. If you are in the area and would like to pick up your receipt, please stop by (it would save the parish some postage which would be nice). Alejandra is in the office Monday to Friday from 8:30 to 12:00 and 1:00 to 4:00 pm. Thank you for your financial support of the parish !

Winnipeg East 2 Chapter
warmly invites you in our...
Christian Life Program
(CLP)
March 15, 2026, Sunday 1:30pm
St. Alphonsus Parish
315 Munroe Avenue Winnipeg
Contact us:
Jo/Donna Garcia 204-298-3192
Jong Villanueva 204-881-2060
Loloy Villanueva 204-951-2061

COUPLES FOR CHRIST

COME UNTO TO JESUS
*"Come to me, all you who are weary
and are carrying heavy burdens
and I will give you rest.*
Matthew 11:28

scan to register

CFC Singles for Christ Winnipeg - invites all single young adults ages 18 to 40 to register for SEEK, our Christian Life Program, starting March 14 at Holy Redeemer Parish.

Are you searching for more in your faith, a deeper understanding of your vocation, or a community that truly walks with you? The Christian Life Program is a simple and powerful way to start—or restart—your faith journey.

Singles for Christ is a Catholic charismatic community of young adults growing together in faith, friendship, and life in the Holy Spirit. If you’re ready to encounter God in a real and personal way and not walk your journey alone, we invite you to seek Him with us. For more information, please contact: Anton Badajos at (204) 509-6889, Zhey Zapata at (204) 599-2356 or on Instagram: [@CFC_SFC_Winnipeg](https://www.instagram.com/CFC_SFC_Winnipeg)

Church Donation Envelopes

All 2025 donation envelopes which were not picked have now been taken back to the office and will be reassigned. If you wish to keep your box, please contact the office as soon as possible. Please write your name and donation amount on your envelopes. Doing so can be helpful to office staff and volunteers when we are opening and tallying your contributions especially as some of the old numbers are now being reassigned. Thank you.

An Invitation to all Parishioners

Your Pastoral Parish Council will be hosting a Parish Community Information Meeting on March 8, 2026 after 11 am Mass in the Church Hall. Doors will open at approximately 12:15 pm. Lunch will be served before the event. Our theme for this meeting is "One Parish, Many Hearts". The purpose of this meeting is for parish members to come together, remind themselves of our Parish's vision and values, be informed about "particular projects" in which the church participates or set goals for the next year, and to celebrate each and every member of the Parish Community.

Sign up sheets are available in the parish. Please let us know if you are able to join us. Hope to see you there.

Thank you for your donations February 18, 21 & 22, 2026

Regular donations	\$ 5,762.10
Online donations	\$ 2,165.00
Building fund donations	\$ 919.00
Online building fund donations	\$ 1,430.00

Total to the Parish **\$ 10,276.1**

Donations which leave the parish

Catholic Missions	\$ 10.00
St Alphonsus School	\$ 220.00

Mass Intentions

February 28 at 5 pm	Domingo Borges+
March 1 at 9 am	Maria & Carol Slykerman
March 1 at 11 am	Parishioners of St Alphonsus
March 3 at 8 am	Han Family
March 4 at 8 am	Legion of Mary
March 5 at 8 am	Joe Ganchar+
March 6 at 8 am	Andrew Ogidi
March 7 at 9 am	Tanya Stegne+
March 7 at 5 pm	Parishioners of St Alphonsus
March 8 at 9 am	Glenor Elbourne+
March 8 at 11 am	George Celine+
March 10 at 8 am	Margaret Tebinka+

Share Lent 2026 - This Lent, let's move forward 'On Track for Justice'

Development and Peace, Caritas Canada's 2026 Share Lent campaign, On Track for Justice, has been launched! Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity.

1. By donating online at devp.org/give or during the Solidarity Sunday collection on March 22, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world!
2. Get the Mini-magazine and follow the Solidarity Calendar with your family. Discover all the resources at devp.org/lent/resources



Mass Times

Mass Schedule

Saturday evening	5 pm
Sunday	9 am & 11 am
Tuesday to Friday	8 am
Saturday	9 am

Adoration

First Friday of the month
8.30 am to 3 pm

Divine Mercy at 3 pm
followed by Vespers

Reconciliation

Confession is available Saturdays at 4.15 pm before the 5 pm mass or by appointment. To arrange for Confession, please call Father Greg at 204-782-3135.

Baptism

Please see Father Greg after Mass.

Marriage

Please contact the office to make an appointment with Fr. Greg. Please contact us at least 6 months prior to the wedding date.

Contact Information

St Alphonsus Roman Catholic Church

341 Munroe Avenue
Winnipeg, MB R2K 1H2
Fr Greg Mulligan, Pastor

Parish Office 204-667-9580
Father Greg 204-782-3135
Fax 204-661-4384
School 204-667-6271

Contact Information:

contactstals@gmail.com
www.stalphonsuswinnipeg.ca
Facebook: [St Alphonsus Church - Winnipeg](#)
Bulletin submissions deadline is Monday at 4 pm.

Office Hours:

Monday to Friday:
8.30 am to 12
& 1:00 pm to 4 pm

Staff:

Pastor: Fr Greg Mulligan
Parish Office: Alejandra Merino
Catechetics: Fr Greg Mulligan
Caretaker: Ernie Samiana
Bookkeeper: Tess Atkins

Holistic Sexuality 6-Week Course

This course examines the experience of sexuality through the lens of Church teaching. It helps young men and women come to terms with their sexuality and fertility and assists them in making responsible decisions. Presented by the Catholic School of Evangelization and taught by Hannah and Rhéal Chartier, this class runs from 2:30-4:30 on various Sundays from March 15th to May 31st at the Notre-Dame de Lorette Parish in Lorette. Created for ages 18-35, but open to all adults. Must be over 18 to attend. The cost for this course is \$55 per person or \$100 for couples which includes one course book per participant.

Registration is required. Anyone who cannot afford the registration fee is encouraged to contact us for assistance. Visit [here](#) for more information.

Monthly Prayer Intention of Pope Leo XIV - March 2026. For Disarmament and Peace

Let us pray that nations move toward effective disarmament, particularly nuclear disarmament, and that world leaders choose the path of dialogue and diplomacy instead of violence.

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