

St. Alphonsus Parish Update

February 8, 2026



Coffee Sunday - February 8

To mark the beginning of Catholic Schools Week and to celebrate our parish and school connection, St Alphonsus School will be hosting Coffee Sunday after the 9 am and 11 am Masses on Sunday, February 8th. Please join us after Mass for some fellowship and treats.

Parish Outreach Activity

Our Parish needs your help and participation to grow our faith.

We have started a Parish Outreach Activity which intends to help disadvantaged people. This could include working to feed the hungry at soup kitchens; visiting seniors in local personal care homes; and possibly other works of mercy. If you are interested or have any questions, please call or text Steve Gadiant at 431 278 5049 or contact Fr. Greg or call the office.

Lenten Mini Retreat

Lent begins soon with Ash Wednesday on February 18.

We begin this season with a mini retreat led by Deacon Gilles. It will take place in the hall from 10:00 a.m. to 12:30 p.m. on Saturday, February 21, followed by a poor person's lunch.

If you are interested, please register by sending us an email at contactstals@gmail.com, calling us, or visiting the office.

Help the Needy Week

From March 7th through March 15th, we will be having a Help the Needy Week, which will include a food drive, a clothing drive, and other activities. More details will be provided in our upcoming bulletins.

Dates for the Sacraments at St Alphonsus this Year

- First Reconciliation - Saturday, April 25 at 10.30 am
- First Communion - Sunday, May 24 at 2 pm
- Confirmation - Sunday, May 10 at 3:30 pm

2026 Tax Receipts.

Receipts are being processed and will be available in a few weeks. Stay tuned for more details.

CRS OF MB - 40 day Fasting Program – February 18 to April 4, 2026

We encourage you to join our annual 40-day Bread and Water personal fasting program for Lent 2026 – Starting on Ash Wednesday February 18, 2026 and ending on Holy Saturday April 04, 2026. You can visit our website - www.catholicrenewalservices.com/events - to find more details/information

The Jesus Prayers Sessions.

An introduction to one of the oldest and most beautiful methods of Byzantine worship: praying with the heart by the invocation of the name of Jesus.

7-8 pm Thursdays, February 12 to March 5 at Holy Eucharist Parish, 505 Watt Street.

Games Night! The Knights of Columbus are hosting a parish games night on Thursday February 19 from 7:00 to 9:00 pm. Open to all members of the parish plus family and friends. We will have a cribbage tournament, a Scrabble table, and a Dominos table. The cost is \$5 per person which will cover the cost of prizes, drinks and snacks. We invite everyone to come out and play with a chance to socialize with others in the parish. Come out and give it a try. Not sure how to play, or a little rusty? no problem, we'll help you learn, or re-learn, the games.

Women's Retreat – February 21, 2026

Ignite your passion & empower His mission!

Take a day away to reconnect with God, with yourself, and with friends – to be reminded that God is with you and calling you to peace and purpose that fills you up without burning you out. Saturday, February 21 at Mary, Mother of the Church Parish Hall, 85 Kirkbridge Drive, Winnipeg.

Guest speaker is Leah Perrault.

Cost: \$ 20.

The following email can be used to register and also to e-transfer funds:

mmoc.cwl.president@gmail.com

Registration is limited so please register early.

Brought to you by the Catholic Women's League

Thank You For Your Donations January 31 & February 1, 2026

Regular donations	\$5236.25
Online Regular Donations	\$ 580.00
Building fund donations	\$2153.95
Online Building Fund Donations	\$ 215.00
Catholic Missions in Canada	\$ 310.00
Initial Offerings	\$ 5.00
Total to the Parish	<u>\$ 8500.20</u>

Special Invitation: Mass for All Healthcare Workers & World Day of the Sick

On Wednesday, February 11, 2026, at 7:00 PM, the five Catholic Arch/dioceses of Manitoba will come together at St. Gianna Beretta Molla Parish (15 Columbia Drive, Winnipeg) for a special Mass of Appreciation.

Celebrated on the 34th World Day of the Sick, this Mass is dedicated to honouring and praying for all those who work within our healthcare system, including doctors, nurses, caregivers, chaplains, and support staff. Under the theme “The Samaritan's Compassion: Loving by Sharing the Pain of Others,” we seek to offer spiritual renewal to those who carry the burden of healing.

Who is invited? All healthcare workers, their families, and the faithful of Manitoba. Healthcare workers of all faiths and backgrounds are cordially invited to join us for this time of prayer and solidarity.

Concelebrants: Archbishop Murray Chatlain, Metropolitan Lawrence Huculak, Archbishop Albert LeGatt, Most Rev. Susai Jesu, OMI, and Bishop Andriy Rabi.

Special Presentation: During this event, the Bishops of Manitoba will present the new pastoral letter, "Finding Solace in Faith." This document serves as a guide for Catholics on end-of-life issues, providing essential information on how to navigate these moments with dignity and according to our Catholic faith.

A fellowship reception will follow the Mass. Those wishing to attend the fellowship reception are kindly asked to pre-register, to assist with hospitality planning. Register here: <https://www.eventcreate.com/e/hcwmass>

Please join us to honour those who serve and to seek God's blessing for the sick and their healers.

Mass Intentions

February 7 at 9 am	Tanya Stegne+
February 7 at 5 pm	Thomas & Rosemary Haverstock
February 8 at 9 am	Noel Karl Curpen+
February 8 at 11 am	Alphonso Vis+
February 12 at 8 am	Primitiva Balbin+
February 13 at 8 am	Geralda & Noel Cyr+
February 14 at 9 am	For All Deceased Family and close friends
February 14 at 5 pm	Parishioners of St Alphonsus
February 15 at 9 am	Anna Cuc Vo+ and Anna Van Pham+
February 15 at 11 am	Bill & Shirley Hoffman
February 17 at 8 am	Ella Faith Gonzales
February 18 at 8 am	Mary Lynch+
February 19 at 8 am	Diane Koenigbaur+
February 20 at 8 am	Monica Mortemore+
February 21 at 9 am	Carol Picard+
February 21 at 5 pm	Dinh and Pham Families+
February 22 at 9 am	Parishioners of St Alphonsus
February 22 at 11 am	Norma Isaacson

Mass Times

Mass Schedule

Saturday evening 5 pm
 Sunday 9 am & 11 am
 Tuesday to Friday 8 am
 Saturday 9 am

Adoration

First Friday of the month
 8.30 am to 3 pm

Divine Mercy at 3 pm
 followed by Vespers

Reconciliation

Confession is available
 Saturdays at 4:15 pm before the
 5 pm mass or by appointment.
 To arrange for Confession,
 please call Father Greg at
 204-782-3135.

Baptism

Please see Father Greg after
 Mass.

Marriage

Please contact the office to
 make an appointment with Fr.
 Greg. Please contact us at least
 6 months prior to the
 wedding date.

Contact Information

St Alphonsus

Roman Catholic Church

341 Munroe Avenue
 Winnipeg, MB R2K 1H2
 Fr Greg Mulligan, Pastor
 Parish Office 204-667-9580
 Father Greg 204-782-3135
 Fax 204-661-4384
 School 204-667-6271

Contact Information:

contactstals@gmail.com

www.stalphonsuswinnipeg.ca

Facebook: [St Alphonsus Church](#)
 – [Winnipeg](#)

Bulletin submissions deadline is
 Monday at 4 pm.

Office Hours:

Monday to Friday:
 8.30 am to 12
 & 12.30 pm to 4 pm

Staff:

Pastor: Fr Greg Mulligan
 Parish Office: Alejandra Merino
 Catechetics: Fr. Greg Mulligan
 Caretaker: Ernie Samiana
 Bookkeeper: Tess Atkins

Rite of Election and Call to Continuing Conversion –

February 22, 2026 3:00 PM

at Saint-Boniface

Cathédrale, 180 de la
 Cathédrale Ave. (English
 Celebration) Candidates,
 Catechumens, their families
 and friends, sponsors, RCIA
 teams, and pastors are
 warmly invited to join us for
 the Rite of Election and Call
 to Continuing Conversion.
 This beautiful liturgy marks
 an essential step in the
 journey toward full initiation
 into the Catholic Church.

A Prayer For Families

O dear Jesus,
 I humbly implore You to
 grant Your special graces
 to our family.

May our home be the
 shrine of peace, purity,
 love, labor and faith.
 I beg You, dear Jesus,
 to protect and bless all of
 us, absent and present,
 living and dead.

Amen.

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