Race Date September 24, 2022

WSF Kinston <u>Age Group Results</u>

5K RUN

Male	OVF	RALI	Winne	rc
IVICILE	\mathbf{V}	$\square \square \square \square$	V V II II IC	

 Place
 Name
 City
 Age
 Bib No
 Overall
 Time

 1
 Darryl Hines
 28
 33
 1
 22:13.8

Female OVERALL Winners

PlaceNameCityAgeBib NoOverallTime1Yuliana Ponce Herrera37421130:21.9

5K RUN

iviale	18 to 29						
	ame_	City	_	Bib No	Overall	<u>Time</u>	
	harron Flanagan		24	19	4	25:18.6	
	abrice Adjafon		29	4	6	27:26.4	
3 * K	elvin Coley		25	14	9	27:49.6	
Fema	ale 18 to 29						
<u>Place</u> Na	<u>ame</u>	City	Age	Bib No	Overall	<u>Time</u>	
1 * M	laleka Williams		29	49	26	43:50.1	
Male	30 to 39						
Place Na	<u>ame</u>	City	Age	Bib No	<u>Overall</u>	<u>Time</u>	
	ontay Holmes		39	34	2	24:45.7	
	imothy Morris		30	39	20	39:59.7	
3 * To	ony Carmon		39	12	21	41:21.3	
	ony Carmon andy Freeman		39 38				
4 R				12	21	41:21.3	
4 R	andy Freeman	City	38	12 77	21	41:21.3	
4 R: Fema	ale 30 to 39	City	38	12 77	21 29	41:21.3 49:29.3	
4 R: Fema Place Na 1 * O	ale 30 to 39	<u>City</u>	38 <u>Age</u>	12 77 Bib No	21 29 Overall	41:21.3 49:29.3 Time	
4 R: Fema Place Na 1 * O: 2 * Ju	ale 30 to 39 ame felia Hernandez Suarez	City	38 Age 35	12 77 Bib No 32	21 29 Overall 12	41:21.3 49:29.3 Time 32:06.0	
4 R: Fema Place Na 1 * O 2 * Ju 3 * Fe	ale 30 to 39 ame Ifelia Hernandez Suarez uana Ponce	<u>City</u>	38 <u>Age</u> 35 32	12 77 Bib No 32 41	21 29 Overall 12 13	41:21.3 49:29.3 Time 32:06.0 33:08.5	
Fema Place Na 1 * 0 2 * Ju 3 * Fe 4 SI	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz	<u>City</u>	38 Age 35 32 34	12 77 Bib No 32 41 76	21 29 Overall 12 13 15	41:21.3 49:29.3 Time 32:06.0 33:08.5 35:46.3	
Fema Place Na 1 * O 2 * Ju 3 * Fe 4 SI 5 Al	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown	City	38 Age 35 32 34 32	12 77 Bib No 32 41 76 70	21 29 Overall 12 13 15 16	41:21.3 49:29.3 Time 32:06.0 33:08.5 35:46.3 37:12.4	
Fema Place Na 1 * O 2 * Ju 3 * Fe 4 SI 5 AI 6 Le	andy Freeman ale 30 to 39 ame ofelia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports	City	38 Age 35 32 34 32 37	12 77 Bib No 32 41 76 70 72	21 29 Overall 12 13 15 16 18	41:21.3 49:29.3 Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5	
4 R: Fema 1 * 0 2 * Ju 3 * Fe 4 SI 5 AI 6 Le 7 BI	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports eila Lovell	City	38 Age 35 32 34 32 37 31	12 77 Bib No 32 41 76 70 72 37	21 29 Overall 12 13 15 16 18 19	Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5 39:15.8	
4 R. Fema Place Na 1 * O 2 * Ju 3 * Fe 4 SI 5 AI 6 Le 7 BI Male	andy Freeman ale 30 to 39 ame Velia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports eila Lovell randi Madison 40 to 49 ame	City	38 Age 35 32 34 32 37 31 36	12 77 Bib No 32 41 76 70 72 37 38	21 29 Overall 12 13 15 16 18 19	41:21.3 49:29.3 Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5 39:15.8 41:29.2	
4 R: Female Male	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports eila Lovell randi Madison 40 to 49 ame evin Adcock		38 Age 35 32 34 32 37 31 36	12 77 Bib No 32 41 76 70 72 37 38	21 29 Overall 12 13 15 16 18 19 22	Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5 39:15.8 41:29.2	
4 R: Fema 1 * O 2 * Ju 3 * Fe 4 SI 5 AI 6 Le 7 BI Male Place Na 1 * Ko 2 * W	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports eila Lovell randi Madison 40 to 49 ame evin Adcock Ves Hall		38 Age 35 32 34 32 37 31 36	12 77 Bib No 32 41 76 70 72 37 38 Bib No 1 23	21 29 Overall 12 13 15 16 18 19 22	Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5 39:15.8 41:29.2 Time 24:50.8 26:06.3	
4 R: Fema Na 1 * 0 2 * Ju 3 * Fe 4 Si 5 Ai 6 Le 7 Bi Male Place Na 1 * Ko 2 * W 3 * Ro	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports eila Lovell randi Madison 40 to 49 ame evin Adcock Ves Hall eymond COBB		38 Age 35 32 34 32 37 31 36	12 77 Bib No 32 41 76 70 72 37 38	21 29 Overall 12 13 15 16 18 19 22 Overall 3	Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5 39:15.8 41:29.2 Time 24:50.8 26:06.3 27:32.1	
## Place Na	andy Freeman ale 30 to 39 ame Vielia Hernandez Suarez uana Ponce ebe Diaz hatyria Brown lison Sports eila Lovell randi Madison 40 to 49 ame evin Adcock Ves Hall		38 Age 35 32 34 32 37 31 36	12 77 Bib No 32 41 76 70 72 37 38 Bib No 1 23	21 29 Overall 12 13 15 16 18 19 22 Overall 3 5	Time 32:06.0 33:08.5 35:46.3 37:12.4 38:15.5 39:15.8 41:29.2 Time 24:50.8 26:06.3	

5K RUN

Female 40 to 49						
Place Name	City	Age	Bib No	<u>Overall</u>	<u>Time</u>	
1 * Kimie Edwards		40	71	14	35:31.5	
2 * Darlenda Rebollar		49	68	17	38:10.9	
3 * Teresa Best		49	10	23	41:45.4	
4 Amy Holloway		45	67	28	46:17.6	
5 Patricia Foggs		44	78	30	52:59.8	
6 Sheka Moore		42	75	31	55:58.4	
Male 50 to 59						
Place Name	<u>City</u>	<u>Age</u>	Bib No	<u>Overall</u>	<u>Time</u>	
1 * Mike Criswell		52	69	10	28:14.5	
Female 50 to 59						
Place Name	City	Age	Bib No	Overall	Time	
1 * Beth Pratt		56	43	25	42:25.0	
Male 60 and Over						
Place Name	<u>City</u>	Age	Bib No	Overall	<u>Time</u>	
1 * Roger Dobbs		_	74	24		

Race Date September 24, 2022

WSF Kinston <u>Age Group Results</u>

5K WALK

Male	O	/FR	ΔΙΙ	Wir	ners
IVIGIC	\smile	/ L I \	\ L L		111013

 Place
 Name
 City
 Age
 Bib No
 Overall
 Time

 1
 Brian Piro
 42
 438
 3
 42:36.2

Female OVERALL Winners

 Place
 Name
 City
 Age
 Bib No
 Overall
 Time

 1
 Renee Hines
 38
 342
 1
 41:01.2

5K WALK

lace	Name_	City	AnΑ	Bib No	Overall	Time	
	Arvin Fletcher	<u> </u>	24	406	34	1:01:52.9	
Fer	male 18 to 29						
lace	<u>Name</u>	City	<u>Age</u>		Overall	<u>Time</u>	
1 *	Janna Dawson		23	334	27	58:05.1	
Ма	le 30 to 39						
lace	<u>Name</u>	City			Overall	<u>Time</u>	
1 *			38	326	5	47:10.5	
2 *			39	399	7	48:41.1	
3 *	Wesley Maresh		38	349	9	48:49.5	
4	Anthony Crosby		39	358	14	51:58.3	
Fer	male 30 to 39						
<u>Place</u>	<u>Name</u>	<u>City</u>	_		Overall	Time	
<u>Place</u> 1 *	Name Alisha Sessoms	<u>City</u>	34	369	4	45:48.4	
<u>Place</u> 1 * 2 *	Name Alisha Sessoms Mercedes Boyd	<u>City</u>	34 30	369 311	4 16	45:48.4 52:11.7	
Place 1 * 2 * 3 *	Name Alisha Sessoms Mercedes Boyd Reva Williams	<u>City</u>	34 30 35	369 311 381	4 16 18	45:48.4 52:11.7 53:17.4	
Place 1 * 2 * 3 * 4	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton	<u>City</u>	34 30 35 34	369 311 381 387	4 16 18 23	45:48.4 52:11.7 53:17.4 55:49.3	
Place 1 * 2 * 3 * 4 5	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson	City	34 30 35 34 32	369 311 381 387 408	4 16 18 23 24	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0	
Place 1 * 2 * 3 * 4 5 6	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades	City	34 30 35 34 32 36	369 311 381 387 408 347	4 16 18 23 24 26	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3	
Place 1 * 2 * 3 * 4 5 6 7	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo	<u>City</u>	34 30 35 34 32 36 32	369 311 381 387 408 347 368	4 16 18 23 24 26 30	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3	
Place 1 * 2 * 3 * 4 5 6 7 8	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo Brittney Lindsey	City	34 30 35 34 32 36 32 32	369 311 381 387 408 347 368 351	4 16 18 23 24 26 30 32	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3 1:01:48.8	
1 * 2 * 3 * 4 5 6 7 8 9	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo Brittney Lindsey Ashley Suggs	City	34 30 35 34 32 36 32 32 32	369 311 381 387 408 347 368 351 374	4 16 18 23 24 26 30 32 33	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3 1:01:48.8 1:01:51.1	
Place 1 * 2 * 3 * 4 5 6 7 8	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo Brittney Lindsey	City	34 30 35 34 32 36 32 32	369 311 381 387 408 347 368 351	4 16 18 23 24 26 30 32	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3 1:01:48.8	
Place 1 * 2 * 3 * 4 5 6 7 8 9 10 11	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo Brittney Lindsey Ashley Suggs Jelissa Knocket	City	34 30 35 34 32 36 32 32 37 32	369 311 381 387 408 347 368 351 374 348	4 16 18 23 24 26 30 32 33 35	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3 1:01:48.8 1:01:51.1 1:02:07.8	
1 * 2 * 3 * 4 5 6 7 8 9 10 11 Ma	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo Brittney Lindsey Ashley Suggs Jelissa Knocket Nikki Nelson	<u>City</u>	34 30 35 34 32 36 32 32 37 32 32	369 311 381 387 408 347 368 351 374 348 361	4 16 18 23 24 26 30 32 33 35	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3 1:01:48.8 1:01:51.1 1:02:07.8	
1 * 2 * 3 * 4 5 6 7 8 9 10 11	Name Alisha Sessoms Mercedes Boyd Reva Williams Jessica Congleton Jasmine Lawson Belinda Mades Siria Russo Brittney Lindsey Ashley Suggs Jelissa Knocket Nikki Nelson		34 30 35 34 32 36 32 32 37 32 32	369 311 381 387 408 347 368 351 374 348 361	4 16 18 23 24 26 30 32 33 35 40	45:48.4 52:11.7 53:17.4 55:49.3 55:55.0 56:04.3 1:00:16.3 1:01:48.8 1:01:51.1 1:02:07.8 1:07:38.6	

5K WALK

Fer	nale 40 to 49					
Place	Name_	City	Age	Bib No	Overall	Time
1 *	Guillermina Basa		49	305	2	42:02.7
2 *	Dawn Tellis		40	373	8	48:49.2
3 *	Tanita Simpler		43	336	15	52:10.1
Mal	e 50 to 59					
Place	Name	City	Age	Bib No	Overall	Time
1 *	Sabu Nsenda		54	362	6	47:23.2
2 *	Roger Smith		50	371	11	49:35.2
3 *	Greg Cox		55	332	25	56:03.7
4	Ray Koonce		53	350	38	1:06:33.6
Fer	nale 50 to 59					
<u>Place</u>	<u>Name</u>	City	<u>Age</u>	Bib No	Overall	<u>Time</u>
1 *	Celiastine Ross		51	367	12	49:52.3
2 *	Tavia West		56	380	17	52:18.0
3 *	Lisa Fields		56	389	19	53:19.8
4	Brenda Cox		58	331	20	53:25.6
5	Lana Dawson		52	333	28	58:22.4
6	Cherese Chappell		50	329	31	1:01:48.3
Mal	le 60 and Over					
Place	<u>Name</u>	City	_	Bib No	<u>Overall</u>	Time
1 *	William Lawson		68	346	10	48:59.2
2 *	Steven Ritchie		60	365	13	50:15.1
3 *	Gerald Swinson		62	376	21	54:51.0
Fer	nale 60 and Over					
Place	<u>Name</u>	City	<u>Age</u>	Bib No	Overall	<u>Time</u>
1 *	Adelina McCullough		60	357	22	54:57.8
	PATSY GRANT		71	340	29	59:16.4
2 *						
2 * 3 *	Pamela Carter		60	325	36	1:02:45.4