2019 EMPOWER TREK APPLICATION

Empower Trek is September 27-29, 2019 at the Cadence Lodge in Wilmington, NY in the Adirondack Mountains and is open to women, ages 21+. The trek fee is $320 per trekker (need-based camp scholarships are available) and there is a $100 non-refundable deposit due with this application. Deposits can be cash, check to 'Empower Camp,' paid via Venmo or PayPal.

Name: _____   Today's Date: _____

Street:_____ Town: _____

State: _____   Zip Code:_____   T-Shirt Size: S   M   L   XL   XXL

Birthdate: ____/____/_____   Phone Number: _____   Email Address:_____

How did you hear about Empower Trek?

( ) Attended 2018 Camp   ( ) Online   ( ) School   ( ) A Friend _____   ( ) Other_____

Hiking Information: Rate your hiking experience on a scale of 1 (novice hiker) – 5 (expert hiker)? 1 2 3 4 5

Exercise: Detail your current activity below -or- [ ] None

Activity	Frequency per week	Approx. time/distance	Intensity Level

Swimming Ability: [ ] Cannot Swim   [ ] Can swim 200 ft   [ ] Strong Swimmer

Are you willing to share a room at the lodge? YES   NO   *Note: There is an additional $275 fee to book a single room.*

Are you an early bird or night owl? Early Bird   Night Owl

Why do you want to attend Empower Trek? (What do you hope to get from the experience?, What are you excited about?)

_____

_____

Tell us about yourself! (i.e. Favorite hobbies or interests, any nicknames, favorite food, TV shows, books, music, pets, etc.)

_____

_____

Commitment of Applicant: Your success in this program depends on your personal commitment to being an active, involved, and respectful member of the Empower Trek community. It is our expectation that you will attend the full trek session from September 27-29, 2019. I understand that I will be notified within a week of submitting my application about acceptance into the program. I understand that the trek fee is $320 and that the fee must be paid in full by September 1, 2019. Please make checks payable to Empower Camp, Inc. NOTE: Need based camp scholarships available if needed (apply online www.empcamp.com/register) I understand that I am required to have the completed Registration Paperwork, including the Physician's Report, returned to Empower Camp by September 1, 2019 or I may forfeit my spot in the program.

"If selected, to the best of my ability, I promise to participate in all aspects of the program by my attendance, positive attitude, respect for others and cooperation."

_____   _____
                    Signature of Applicant   Date

Return completed application to info@empcamp.com or to Empower Camp, PO Box 231, Buffalo, NY 14207.
For questions, contact Sarah Bachwitz, 716-906-2995 or sarah@empcamp.com.