

		Friday, June 23			
After 4pm	Staff Arrival (Bring your own dinner)				
5pm - 9pm	Staπ Arrival (Bring your own dinner) Once settled, please check in with Sarah to help with set-up				
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		Saturday, Julie 24			
Saturday Notes	Staff Arrivals: Morning: Kathi, Syd, Amy, Mackenzie, Lindsay; Bus: Deena, Laura, Jill, Brenda; Evening: Michele Group 1, 2 and 3 designations on camper name tags. Staff Groups (1: Marina, Julia, Molly) (2: Mackenzie, Thi, Kaleigh) (3: Brittany, Eileen) Please walk your group to their next activity before going on break and arrive back from break to help your group transition!				
Time	Activity	Kitchen	Staff Notes		
7:30am - 8:30am	Wake up!	Breakfast Prep: @ 7:30am: Pam, Thi, Marina @ 8am: Kaleigh, Molly			
8:30am - 9:30am	Breakfast @ Dining Hall	Breakfast			
9:30am - 11:00am	Staff Training @ Dining Hall	Breakfast Clean-Up & Lunch Prep: Cate, Debbie *Kathi, Amy & Syd to help here upon arrival to swap out with Cate & Debbie.			
11:00am - 11:30am	Final Preparation		Welcome Signs: Syd, Amy & Lindsay Bus Arrival: Debbie Nurse's Cabin: Cate, Julia, Molly & Eileen Welcome @ Walnut: Brittany & Abby Welcome @ Maple: Kaleigh & Mackenzie Welcome @ Willow: Thi & Marina		
11:30am - 12:15pm	Campers Arrive: Handprints, Change into camp t-shirts – WEAR NAME TAGS!	Lunch Prep @ 12pm: Amy, Syd			
12:15pm - 12:30pm	Safety Skit & Welcome		<ul> <li>Dining Rules: Eileen</li> <li>Safety Skit: Kaleigh, Julia, Molly, Abby</li> <li>Songs: Eileen, Emma, Cate, Debbie</li> </ul>		
12:30pm - 1:30pm	Lunch @ Dining Hall Campers complete surveys!	Lunch *Snack Pack given to each group			
1:30pm - 2:05pm	Kick-Off Session  @ Grass outside dining hall	Lunch Clean-Up: Laura, Jill, Syd Dinner Prep: Pam, Kathi, Laura	Staff Break 1:00pm - 2:00pm: Deena, Amy, Cate, Debbie (Eat lunch and go rest!)		
2:05pm - 2:15pm	Transition to next activity				
2:15pm - 3:10pm	Group 1: #RealChat @ Dock Group 2: Tie Dye @ Craft Cabin Group 3: Pool Party! @ Pool		RealChat: Deena & Amy Tie Dye: Cate & Syd Swimming: Debbie, Lindsay & Abby Breaks: Mackenzie, Molly, Jill		
3:10pm - 3:20pm	Transition to next activity				
3:20pm - 4:15pm	Group 1: Tie Dye @ Craft Cabin Group 2: Pool Party! @ Pool Group 3: #RealChat @ Dock		RealChat: Deena & Amy Tie Dye: Cate & Jill Swimming: Debbie, Lindsay & Abby Breaks: Syd, Marina, Eileen, Kaleigh		
4:15pm - 4:25pm 4:25pm - 5:20pm	Transition to next activity Group 1: Pool Party! @ Pool Group 2: #RealChat @ Dock	Dinner Prep @ 5:00pm – Laura, Jill	RealChat: Deena & Amy Tie Dye: Cate & Syd		
	Group 3: Tie Dye @ Craft Cabin		Pool Party: Lindsay, Debbie & Abby Breaks: Julia & Brittany		
5:20pm - 5:30pm	Transition to next activity				
5:30pm - 6:30pm	DINNER @ Dining Hall	Dinner	Songs: Emma, Debbie, Cate & Eileen		
6:30pm - 7:30pm	#TeamChallenge: Self-Love Scavenger Hunt @ Picnic Tables at Dining Hall	Clean-Up: Laura, Jill, Deena Next Day Food Prep: Pam, Kathi, Laura	Scavenger Hunt: Lindsay, Cate, Amy, Debbie, Amy, Syd Breaks: Thi & Abby		
7:30pm - 8:00pm	Change for Fire		Start Fire: Deena & Jill Clean Dining Hall Bathroom: Amy Clean Bathhouse: Debbie & Syd		
8:00pm - 9:00pm	Campfire: 'This is Me' @ Firepit by the water		Skit: Marina		
9:00pm - 10:00pm	Wind down! Hi/Los in Cabin Groups; Get ready for bed		Clean Up Fire: Deena & Jill		
10:00pm	LIGHTS OUT				



	Sunday, Jun	e 25: OPPOSITE DAY			
Sunday Notes	Sunday Notes Staff Arrivals: Hannah, Esther, JJ				
	Group 1: Timbira & Adichie; Group 2: Bilbac				
Time	Activity	Kitchen	Staff Notes		
7:00am – 8:00am	Wake Up! Get ready for day	Breakfast Prep @ 8am: Syd & Laura			
8:00am - 8:30am	Staff Huddle @ Picnic Tables outside dining hall				
8:30am – 9:30am	Breakfast @ Dining Hall	Breakfast	Songs: Cate & Eileen Morning Motivation Story: Amy		
9:30am - 10:30am	Group 1: Affirmation Hike @ Meet at the Pool Group 2: #Real Chat @ Picnic Tables	Breakfast clean-Up: Laura, Jill, Debbie	#RealChat: Amy & Deena Affirmation Hike: Syd Break: Cate, Abby, Marina		
10:30pm - 10:40am	Transition to next activity				
10:40am – 11:40pm	Group 1: #Real Chat @ Picnic Tables Group 2: Affirmation Hike @ Meet at the Pool		#RealChat: Amy & Deena Affirmation Hike: Syd Break: Debbie, Mackenzie, Brittany Set Up Crafts: Cate Clean Dining Hall Bathroom: Jill		
11:40am - 11:50am	Transition to next Activity		Break 11:40 - 12:40: Amy		
11:50pm - 12:30pm	Animal Visit! @ Dining Hall	12pm Lunch Prep: Thi, Eileen, Julia			
12:30pm – 1:30pm	Lunch @ Dining Hall	Lunch *Snack Pack given to each group	Songs: Marina		
1:30pm - 3:15pm	Group 1: Banana Boat @ Dock (Go to dock and as they finish, go to cabins to change and have FLOB rest time)  Group 2: Crafts & Potions  1:30pm – 2:20pm: Crafts w/ Cate @ Craft Cabin 2:30pm – 3:15pm: Potion Pamless @ Picnic Tables	Lunch Clean-Up: Laura, Jill, Amy	Banana Boat: Debbie, Abby Potion Pamless: Amy & Syd Crafts with Cate: Cate & Deena  @1:30pm - Amy & Syd set up Potions 1:30pm - 2:30pm Break: Molly 2:30pm - 3:30pm Break: Eileen		
3:15pm - 3:30pm	Transition to next activity and snack		Clean Bathhouse & begin set-up for Family Feud: Cate, Deena & Jill (between 2 craft sessions) Clean Dining Hall Bathroom: Deena (@3:30)		
3:30pm - 5:15pm	Group 1: Potions & Crafts  • 3:30pm – 4:20pm: Potion Pamless @ Picnic Tables  • 4:30pm – 5:15pm: Crafts w/ Cate @ Craft Cabin  Group 2: Banana Boat @ Dock (Go to dock and as they finish, go to cabins to change and have FLOB rest time)	5:00pm Dinner Prep: Laura, Jill, Amy	Banana Boat: Debbie, Abby, Potion Pamless: Amy & Syd Crafts with Cate: Cate* & Deena  3:30pm - 4:30pm Break: Jill, Kaleigh 4:30pm - 5:30pm Break: Syd, Julia		
5:15pm - 5:30pm	Change for Evening activities/fire				
5:30pm – 6:30pm	DINNER @ Dining Hall	Dinner	Songs: Kaleigh, Julia, Abby & Molly		
6:30pm - 7:00pm	Opposite Day Bingo @ Dining Hall	Clean Up: Laura, Deena, Debbie	Opposite Day Bingo: Emma Set up Family Feud: Cate, Syd		
7:00pm - 8:00pm	Family Feud @ Activites Room in Dining Hall		Family Feud: Cate Start Fire: Deena & Jill Break: Thi, Deena		
8:00pm - 9:00pm	Campfire: Sistah Series @ Firepit by the lake				
9:00pm - 10:00pm	Wind down! Hi/Los in cabin groups; Get ready for bed		Clean Up Fire: Deena & Jill		
10:00pm	LIGHTS OUT				



	Mon	iday, June 26	
Time	Activity	Kitchen	Staff Notes
6:30am - 7:00am	Optional Polar Bear Plunge @ Pool: Cannon Ball Contest	Breakfast Prep @ 7:30am: Pam, Kathi, Michele, @8am: Laura, Deena	Pool: Abby + 1 counselor from each team (whoever wants to attend!)
7:00am – 8:00am	Wake Up! Ensure all campers are packed and bags in piles for BUS and PARENT Pick-Ups; Ensure all campers in camp t-shirts!		Counselors: Have campers pack and leave pile of stuff near each unit.  Support Staff: Start cleaning - See Cleaning List
8:00am – 8:30am	Staff Huddle @ Picnic Tables outside dining hall		
8:30am – 9:30am	Breakfast @ Dining Hall		Songs: Amy & Debbie Morning Motivation: Emma Skit (@ end of breakfast): Marina
9:30am – 10:30am	Closing Session w/ Group Pics and surveys @ Picnic Tables	Clean Up Breakfast and Begin Cleaning/Packing Process: Pam, Kathi, Michele, Debbie, Laura, Jill, Deena.	Truck: Cate, Amy, Syd to pick up piles of stuff. Drop Parent Pick-Up stuff at Nurse's cabin. Drop bus stuff by the pool Bus Lunches: Laura - Drop lunch stuff by the pool Bus Tip: Deena
10:30am - 11:00am	Final Prep for Depature:  - Campers being picked up by parents to go to Nurse's Cabin  - Campers going on bus to go to Pool	Clean	Bus: Deena, Jill, Brenda and Laura to report to bus pick-up spot and make sure everyone has lunch. Be ready for bus. Parents: Campers being picked up by parents to play games by the Nurse's Cabin with Marina, Eileen, Kaleigh and Julia until they are all picked up.  All other counselors to begin clean-up duties.
11:00am – 12:00pm	Departure / Camper Pick-Up	Clean	Clean
12:00 pm - 2:00pm	Camp Wide Clean Up	Clean	Clean

Clean Up List	
Dining Hall Bathroom (wipe down sink, toilet, mirror, sweep, mop)	Kaleigh, Molly
Bathhouse (wip down sinks, toilets, mirrors, sweep, mop, wipe down showers)	Thi, Marina, Eileen, Mackenzie
Walnut: Sweep, remove all trash	Abby, Brittany & Julia
Maple: Sweep, remove all trash	Thi, Marina, Kaleigh, Molly, Eileen, Mackenzie
Loon: Sweep, wipe down all surfaces, wipe down sinks and counters, remove trash and recycling (put into receptacles behind dining hall)	Emma & Brenda
Heron: Sweep, wipe down all surfaces, wipe down sinks and counters, remove trash and recycling (put into receptacles behind dining hall)	Pam, Kathi, Michele
Osprey: Sweep, wipe down all surfaces, wipe down sinks and counters, remove trash and recycling (put into receptacles behind dining hall)	Sarah
Dining Hall: Remove all trash to the dumpster, wipe down all tables and counters, stack tables and chairs, sweep and mop both rooms	Abby, Brittany, Julia, Sarah, Emma
Kitchen: Remove all trash, recycling, compost to appropriate bins, empty sinks, empty dishwashers, clean all surfaces, sweep/mop the floor	Pam, Kathi, Michele, Debbie, Amy, Syd, Cate
Porch of Lodge: Empty trash bins and sweep well	Kaleigh, Molly
Craft Cabin: Empty trash bins and sweep well	Cate, Emma
Bus	Deena, Jill H., Brenda, Laura