



Empower Camp 2023

STAFF Packing List

Sleep items

- Sleeping bag (or blankets)
- Extra Blanket (for either at the fire or in your bunk!)
- Pillow
- Twin Fitted Sheet (for mattress)
- Optional* – Mattress Topper

Clothing

- T-Shirts / Sweatshirts
- Shorts / Jeans / Sweatpants
- Socks
- Undergarments
- Bathing Suit
- Pajamas
- Indoor shoes (slippers)

**Pro Tip!* Check the weather report leading up to camp and pack your clothing accordingly.

Outerwear

- Sunglasses
- Rain coat
- Hat
- Sneakers/boots
- Water Shoes (or old sneakers)

Toiletries

- Flip flops
- Toiletry Bucket or Bag
- Toothbrush / Toothpaste
- Hair Care Products
- Face soap
- Body Soap
- Shampoo / Conditioner
- Washcloth / Face towel
- Shower towel
- Deodorant / Powder

Other

- Sunscreen
- Bug Spray
- Medications
- Beach Towel
- Day backpack
- Water Bottle
- Wristwatch
- Coffee Mug
- Flashlight (with extra batteries)
(Note: There is NO POWER in the cabins!)
- Portable Cell Phone Charger
(Note: There are no power outlets in the cabins)
- OPTIONAL:* "Extras" such as sneakers, blankets, bug spray/sunscreen, sleeping bag, pillow, towels (Sometimes campers forget these things so extras on hand are helpful)

Reminders:

- **Pack smart!** Please note that you will not be able to drive to your cabin to unload. You will need to carry your gear to your cabin.
- Please leave all valuable items at home. *Empower Camp is not responsible for lost, stolen or damaged items.*
- Bring clothing that can and will get dirty and clothes that are weather appropriate because rain or shine we will be outside!
- Make sure your name is clearly written on all personal items. This is important to make sure all of your items return home with you.
- **Please do NOT pack any food/snacks!** The critters will find them and create an unpleasant living experience for all!