



Empower Camp 2022: Schedule

Friday, July 29

4:00pm – 7:00pm

Rolling Arrival Window: You are welcome to arrive anytime between 4:00pm to 7:00pm on Friday, July 29. Please plan to eat dinner before arriving to camp!

Note: Staff Training will begin promptly at 7:00pm.

Our recommendation is to arrive BEFORE 7pm to get settled into your cabins before training starts!

Upon arriving to camp, follow the signage to park in designated areas and check-in at the Nurse's cabin. Please note that ALL medications (even over-the-counter) must be given to the nurse at check-in.

7:00pm – 10:30pm

MANDATORY All-Staff Training @ Dining Hall

We will review policies, procedures, the camp schedule and spend some time getting to know each other!

Saturday, July 30

8:00am	Breakfast
9:00am	Staff Training Continued/ Camp Set-Up (Lunch 12pm)
2:00pm	Campers Arrive
3:00pm	Camper Orientation
5:30pm	Dinner
7:00pm	#TeamChallenge
8:00pm	Campfire
10:00pm	Lights Out

Sunday, July 31

7:45am	Staff Meeting
8:30am	Breakfast
9:30am	Rotational Activities
12:15pm	Lunch
1:30pm	Rotational Activities
5:30pm	Dinner
7:00pm	Final Activity Rotation
8:00pm	Campfire
10:00pm	Lights out



Monday, August 1

7:45am Staff Meeting
8:30am Breakfast
9:30am Rotational Activities
12:15pm Lunch
1:30pm Rotational Activities
5:30pm Dinner
6:30pm All-Camp Photo
7:00pm #TeamChallenge
8:00pm Campfire
10:00pm Lights Out

Tuesday, August 2

7:00am Optional Morning Clubs: ½
Mile Club, Polar Plunge
7:45am Staff Meetings
8:30am Breakfast
9:15am Closing Session
10:15am Camper Pack & Clean-Up
11:00am Camper Pick-Up/Departure
12:00 pm Camp Wide Clean Up

Camp Departure for Staff: Our goal is to be done with camp clean-up by 3:00pm on Tuesday, August 2. Please do not make plans to leave prior to this time! We need all hands to help!