



SWIMMING

NEWFOUNDLAND & LABRADOR

2024-2025 Competitions Schedule

DATE	MEET	HOST	ELIGIBILITY	SUGGESTED SESSIONS
October 25-27	SC Invitational – EAST	Carbonear		4-5
	SC Invitational – WEST	Corner Brook		3-5
November 15-17	SC Heats & Finals	Mount Pearl		6-8
January 31-2	SC Invitational	Gander		4-5
February 21-23	SC Invitational	CBS		4-5
March 7	2025 Swim for Hope	All Clubs		
March 14-16	SC Invitational	Corner Brook		4-5
March 27-30	2025 East Coast Championships	Swim Nova Scotia	EC	7
April 11-13	SC Invitational	St. John's		4-5
May 9-11	SC Invitational – EAST	CBS		4-5
	SC Invitational – WEST	Gander		4-5
May 30-June 1	SC Provincial Championships	Mount Pearl	SNL Champs Qualified	6
July 10-14	2025 East Coast Championships	Swim New Brunswick	EC	8
August 10-15	2025 Canada Summer Games	NL	Team NL	9

**Provincial Team activities will be confirmed as soon as possible. Information on travel meets and other opportunities that will be appropriate for our swimmers in the April/May 2025 period, are not available at this time.