

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Aqua Aces Swim Club**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 5 | | 3 | | | | 8 | |
| 1st Round Splashes : | 30 | | 18 | | 1 | | 49 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 1 | 50% | 1 | 2% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 1 | 50% | 1 | 2% |
| DQ's : | 1 | 3% | 1 | 6% | 0 | 0% | 2 | 4% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 10 | 33% | 11 | 61% | 0 | 0% | 21 | 43% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Cbs Bluefins**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 34 | | 17 | | | | 51 | |
| 1st Round Splashes : | 196 | | 91 | | 14 | | 301 | |
| 1st Round Scratches : | 1 | 1% | 0 | 0% | 13 | 48% | 14 | 4% |
| 1st Round No Shows : | 7 | 3% | 11 | 11% | 0 | 0% | 18 | 6% |
| DQ's : | 7 | 4% | 5 | 5% | 0 | 0% | 12 | 4% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 114 | 58% | 49 | 54% | 2 | 14% | 165 | 55% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017

Meet Summary

Corner Brook Rapids SwimClub

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 4 | | 10 | | | | 14 | |
| 1st Round Splashes : | 24 | | 60 | | 9 | | 93 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 1 | 10% | 1 | 1% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| DQ's : | 0 | 0% | 1 | 2% | 0 | 0% | 1 | 1% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 16 | 67% | 40 | 67% | 3 | 33% | 59 | 63% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Deer Lake Dolphins**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|----|---------------|----|--------------|-----|
| Athletes : | 6 | | 0 | | | | 6 | |
| 1st Round Splashes : | 36 | | 0 | | 1 | | 37 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| DQ's : | 3 | 8% | 0 | 0% | 0 | 0% | 3 | 8% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 18 | 50% | 0 | 0% | 0 | 0% | 18 | 49% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Gander Lakers**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 10 | | 14 | | | | 24 | |
| 1st Round Splashes : | 57 | | 76 | | 7 | | 140 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 1 | 12% | 1 | 1% |
| 1st Round No Shows : | 1 | 2% | 1 | 1% | 0 | 0% | 2 | 1% |
| DQ's : | 2 | 4% | 1 | 1% | 2 | 29% | 5 | 4% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 37 | 65% | 49 | 64% | 0 | 0% | 86 | 61% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Melville Mantas Swim Club**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 10 | | 8 | | | | 18 | |
| 1st Round Splashes : | 57 | | 42 | | 9 | | 108 | |
| 1st Round Scratches : | 0 | 0% | 7 | 14% | 1 | 10% | 8 | 7% |
| 1st Round No Shows : | 3 | 5% | 0 | 0% | 0 | 0% | 3 | 3% |
| DQ's : | 1 | 2% | 5 | 12% | 0 | 0% | 6 | 6% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 32 | 56% | 31 | 74% | 2 | 22% | 65 | 60% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Memorial University**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|------|--------------|-----|
| Athletes : | 6 | | 3 | | | | 9 | |
| 1st Round Splashes : | 16 | | 13 | | 0 | | 29 | |
| 1st Round Scratches : | 2 | 11% | 0 | 0% | 1 | 100% | 3 | 9% |
| 1st Round No Shows : | 1 | 6% | 1 | 7% | 1 | 100% | 3 | 9% |
| DQ's : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 7 | 44% | 3 | 23% | 0 | 0% | 10 | 34% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Mount Pearl Marlins**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 46 | | 22 | | | | 68 | |
| 1st Round Splashes : | 262 | | 128 | | 29 | | 419 | |
| 1st Round Scratches : | 0 | 0% | 1 | 1% | 2 | 6% | 3 | 1% |
| 1st Round No Shows : | 12 | 4% | 1 | 1% | 0 | 0% | 13 | 3% |
| DQ's : | 6 | 2% | 3 | 2% | 2 | 7% | 11 | 3% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 126 | 48% | 68 | 53% | 8 | 28% | 202 | 48% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Northern Lights Swim Club**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 7 | | 4 | | | | 11 | |
| 1st Round Splashes : | 42 | | 24 | | 4 | | 70 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| DQ's : | 2 | 5% | 2 | 8% | 1 | 25% | 5 | 7% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 27 | 64% | 12 | 50% | 0 | 0% | 39 | 56% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Port aux Basques Piranha**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|----|--------------|-----|
| Athletes : | 2 | | 3 | | | | 5 | |
| 1st Round Splashes : | 12 | | 18 | | 0 | | 30 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| DQ's : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 7 | 58% | 10 | 56% | 0 | 0% | 17 | 57% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Poseidon Swim Club**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 12 | | 4 | | | | 16 | |
| 1st Round Splashes : | 68 | | 22 | | 5 | | 95 | |
| 1st Round Scratches : | 4 | 6% | 2 | 8% | 3 | 38% | 9 | 9% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| DQ's : | 3 | 4% | 1 | 5% | 0 | 0% | 4 | 4% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 30 | 44% | 7 | 32% | 1 | 20% | 38 | 40% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****St Johns Legends**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|-----|---------------|-----|--------------|-----|
| Athletes : | 77 | | 52 | | | | 129 | |
| 1st Round Splashes : | 418 | | 276 | | 27 | | 721 | |
| 1st Round Scratches : | 15 | 3% | 7 | 2% | 10 | 27% | 32 | 4% |
| 1st Round No Shows : | 31 | 7% | 34 | 11% | 0 | 0% | 65 | 8% |
| DQ's : | 20 | 5% | 17 | 6% | 0 | 0% | 37 | 5% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 289 | 69% | 187 | 68% | 16 | 59% | 492 | 68% |

2017 Body Quest - SINK OR SWIM Invitational - 11/23/2017 to 11/26/2017**Meet Summary****Toronto Swim Club**

| | <u>Women</u> | | <u>Men</u> | | <u>Relays</u> | | <u>Total</u> | |
|---------------------------------|--------------|-----|------------|----|---------------|----|--------------|-----|
| Athletes : | 1 | | 0 | | | | 1 | |
| 1st Round Splashes : | 6 | | 0 | | 0 | | 6 | |
| 1st Round Scratches : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| 1st Round No Shows : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| DQ's : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Over-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Time Standard Under-Achievers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Record Breakers : | 0 | 0% | 0 | 0% | 0 | 0% | 0 | 0% |
| Improved Times : | 5 | 83% | 0 | 0% | 0 | 0% | 5 | 83% |