

SUMMER CLUB CHAMPIONSHIPS

2024

- Dates: Friday, August 23rd, Saturday, August 24th, Sunday, August 25th
- Location: Gander Arts and Culture Centre
- In Agreement With: Swimming Newfoundland and Labrador
- Meet Managers: Jason Sparkes
Fax (709) 668-0991
E-mail j_sparkes@hotmail.com
- Entries/Results: Jennifer Sparkes
E-mail jenniferjoysparkes@gmail.com
- Eligibility: All swimmers must be registered members of Swimming Newfoundland and Labrador in good standing with a Summer Club for the current 2024 season. **Registration cut-off date for meet eligibility is August 1st, 2024.** Eligibility is outlined in Summer Club Policy Manual updated and passed June 2007.
- Age Groups: 8 & under
9/10
11/12
13/14
15/16
17/18
- Entry Fees: The entry fee for individual events is \$2.00 per event
The entry fee for relays is \$7.00 per relay.
The Starter Box fee will be \$1.00 per swimmer.
- Entries: Meet entries must be **received** to the via jenniferjoysparkes@gmail.com email box no later than **Friday August 16th, 4:00 pm.** Entries **must** be submitted via e-mail using the Hy-Tek Team Manager or Team Manager Lite software.
- Entry fees are paid to Swimming Newfoundland and Labrador **prior** to the start of the first session of the championship meet. The fees can be mailed to the Swimming Newfoundland and Labrador office:

**1296A Kenmount Road
Paradise, NL, A1L 1N3**

or may be brought to the competition. Entry Fees are non-refundable and must be paid by cheque or money order made payable to Swimming Newfoundland and Labrador.

All entries must be verified by the coach prior to sending; clubs must include a contact person with a current telephone number and email address for clarification of entries if required.

Warm-ups & Start Times:	Warm up schedule will be provided. Coaches will be responsible to ensure Swimmers are aware of what swims they are preparing for. In the second half of the warm up portion swimmers will be using lanes 1,2, 5 and 6 for dives while lanes 3 and 4 will be used for swimming only. All warm ups and start times will be outlined in the attached schedule.
Coaches Information:	The coaches' meeting will take place on Friday at 8:00am. Exact location to be announced. Scratch Forms will be used. (Please see form below). There will be extra forms available at the scratch meeting.
Officials Clinic:	Officials' Clinics may be offered Friday evening, depending on the interest of attendees. There will be a meeting of all session officials 30 minutes prior to the start of <u>each</u> session.
Qualifying Times:	There are no qualifying entry standards for this meet, but if a swimmer has a time for an individual event which was achieved at an organized event, please enter it as those times will be used for seeding purposes. No Time (NT) should only be entered for those swimmers who do not have qualifying times from a summer swim meet or time trial. The pool length where the time was achieved should be noted for the times entered (i.e. 25 Yds or 25 M). Seeding will be circle seeded as per SNC rule SW 3.1 for all Preliminaries by SC (short course), YDS (yards), NT (no time).
Meet Rules:	Swimming/Natation Canada Rules will be in effect for this meet and the two (2) start rule will be in effect for this meet
Post Entries & Exhibition Swims:	Will not be accepted. Only in the event of CoEd relays.
Scoring:	Individual 5 - 2 - 1 Team 7- 5 - 4 - 3 - 2 - 1 Relays 14 -10 - 8 - 6 - 4 - 2
Awards:	Individual Top Achiever Awards male and female in each age group. Medals will be awarded to first, second and third place finalists in the individual events. Ribbons will be awarded for fourth, fifth and sixth place finalists in the individual events. The medals and ribbons will be given to the club coaches for presentation at a later date. Medals will be awarded to first, second and third place finalists in the relay events. Most Improved Team Award. Most Spirited Team (Description at end of Package)

Participation medals will be given to all 8 & under swimmers.

Relays:

All relay events will be swam as time finals.

Names of swimmers for relays must be included with the entries. This is required as per the Hy-Tek Meet Manager software. Changes to relay teams can be made up until **30 minutes** prior to the start of the session where that relay is being swum. Swimmers names will only be printed in the coaches' copy of the program.

Up to three swimmers from a lower age group may be moved up to complete a relay team but cannot displace eligible swimmers for that team.

Clubs may enter only one (1) male and one (1) female relay team per age group. A swimmer may move up to another age group to complete a relay team only if he/she is not displacing another swimmer and is only permitted to do this once (1) per session.

Events:

A swimmer may swim in a maximum of three (3) individual events plus two (2) relays in their own age group and two (2) relays in another age group as per the relay entry rules - five (5) [7] events in total.

TIME FINAL EVENTS:

All 8 and under events
All Relay Events
Any event with 6 or less swimmers.

All events except the 8 and under will be swam as preliminaries and Finals.

Deck Access:

Each team will be permitted one (1) Team Manager in designated swimmers area and two (2) CSCA registered coaches on the pool deck. **All coaches on deck must be registered members of the Canadian Swim Coaches Association.** Coaches can be registered with CSCA in the same manner as swimmers are registered on the following website: <https://www.swimming.ca/Registration.aspx>. Name tags will only be issued to coaches listed on the CSCA website by August 13th, 2024.

Chaperone passes will be made available for any Special Olympians needing assistance. Names of the chaperone must be submitted (via email) to Director of Officials by August 16th, 2024.

Name tags will be made available for Deck Personnel at the scratch meeting **ONLY** to those individuals whose names have been submitted to the Director of Officials by email prior to August 16th, 2024.

Due to the limited deck space,

There will be absolutely no access to the pool deck given unless an individual is wearing the proper identification tag.

- Viewing Area: There will be no upstairs viewing area this year. Swimmers will be using this area as a swimmers lounge. However there will be a designated, clearly marked spectator area for two viewers per swimmer to be marshaled in through back entrance, watch their swimmer and exit immediately through the exit. It will be the spectators responsibility to know when their swimmer is swimming. This will be fast moving. The meet manager will have the authority to shut down this spectator area if it is misused. There will also be a live you tube streaming link. This will be provided to your clubs prior to the start of champs.
- Accommodations: Accommodations are the responsibility of the individual teams. It is advisable to book your accommodations early if you plan to stay in the area.
- Officials: Forms are attached so that any parents wishing to officiate at the Summer Club Championships can be identified. Clubs are asked to please **email their completed officials forms to Kara Moss snlscdoo@gmail.com by August 16th, 2024. Please make sure that the session(s) available and the qualification sections are completed.**
- Volunteers: The success of Summer Champs is dependent upon officials and volunteers.
- Volunteers will be requested if needed.
However, if your club has a certified medical professional (Dr./ Nurse/ paramedic) please send along their information with your list of officials.

**SWIMMING NEWFOUNDLAND AND LABRADOR
2024 SUMMER CLUB PROVINCIAL CHAMPIONSHIP**

MEET ENTRY FEE REMITTANCE FORM

NAME OF CLUB: _____

FEES: STARTER BOX AND STOP WATCHES

TOTAL # SWIMMERS
ENTERED IN MEET: _____ X \$1.00 PER SWIMMER =\$ _____

FEES: MEET ENTRIES

TOTAL # INDIVIDUAL
EVENT ENTRIES: _____ X \$2.00 PER EVENT = \$ _____

TOTAL # RELAY
TEAMS ENTERED: _____ X \$ 7.00 PER RELAY = \$ _____

TOTAL OF FEES: \$ _____

Paid by: ☐ Cheque
 ☐ Money Order
 ☐ Cash

Paid: ☐ In advance to SNL
 ☐ At Meet in Gander

Paid by: (individuals name) _____

Received by: _____

Receipt # issued: _____

**SWIMMING NEWFOUNDLAND AND LABRADOR
2024 SUMMER CLUB PROVINCIAL CHAMPIONSHIP**

OFFICIALS FORM

(Timer, Chief Timekeeper, Starter, Clerk of the Course, Stroke & Turn)

Email to Kara Moss snlscdoo@gmail.com by August 16th, 2024

CLUB NAME: _____

Please list the names of people in your club wishing to officiate at this competition, their level of Official's certification as well as the sessions (complete) they are available to officiate.

[illegible]

When you accept a position please ensure that you are available at the pool deck area no less than 30 minutes prior to the start of your chosen session to sign in and receive instruction from the Referees.

*****PLEASE NOTE NEW CHANGES***: Appropriate clothing is WHITE SHIRTS, BLACK BOTTOMS for timekeepers and chief timekeepers and RED POLO SHIRTS, BLACK BOTTOMS for all other officials. Street shoes may not be worn on the pool deck. Bring clean non-skid footwear to wear on the pool deck.**

Head Lane Timer positions require Stroke and Turn Judge qualifications and wear red.

Schedule of Events

Friday Aug 23rd, 2024

12:00pm – Coaches meeting

1:00pm – Official's meeting

2:00pm – Start

FEMALE EVENTS

1

3

5

7

9

11

13

15

17

19

21

23

25

27

29

31

33

35

37

39

41

43

45

47

49

51

53

55

57

59

61

63

65

67

69

71

73

75

77

79

EVENT

25 FREE*

50 FREE

50 FREE

50 FREE

100 FREE

100 FREE

25 FLY*

25 FLY

50 FLY

50 FLY

50 FLY

50 FLY

25 BACK*

50 BACK

50 BACK

50 BACK

100 BACK

100 BACK

100 IM*

100 IM

100 IM

100 IM

100 IM

100 IM

200 FREE R.*

200 FREE R.*

200 FREE R.*

200 FREE R.*

200 FREE R.*

25 BREAST*

50 BREAST

50 BREAST

50 BREAST

100 BREAST

100 BREAST

200 MEDLEY R.*

200 MEDLEY R.*

200 MEDLEY R.*

200 MEDLEY R.*

200 MEDLEY R.*

AGE

8 & UNDER

9 - 10

11 - 12

13 - 14

15 - 16

17 - 18

8 & UNDER

9 - 10

11 - 12

13 - 14

15 - 16

17 - 18

8 & UNDER

9 - 10

11 - 12

13 - 14

15 - 16

17 - 18

8 & UNDER

9 - 10

11 - 12

13 - 14

15 - 16

17 - 18

10 & UNDER

11 - 12

13 - 14

15 - 16

17 - 18

8 & UNDER

9 - 10

11 - 12

13 - 14

15 - 16

17 - 18

10 & UNDER

11 - 12

13 - 14

15 - 16

17 - 18

MALE EVENTS

2

4

6

8

10
12

14
16
18
20
22
24

26
28
30
32
34
36

38
40
42
44
46
48

50
52
54
56
58

60
62
64
66
68
70

72
74
76
78
80



SWIMMING CANADA COMPETITION WARM-UP SAFETY PROCEDURES

Meet Management for all sanctioned Canadian swimming competition must ensure the following safety procedures are applied. It is incumbent on coaches, swimmers, and officials to comply with these procedures during all scheduled warm-up periods. Coaches are requested to encourage swimmers to cooperate with Safety Marshals.

GENERAL WARM-UP:

- ☐ Swimmers must enter the water **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- ☐ Running on the pool deck and running entries into the pool tank are prohibited.
- ☐ Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated either in pre-competition handout, announcement or deck signage.
- ☐ Diving starts shall be permitted only in designated sprint lanes.
- ☐ Only one-way swimming from the start end of sprint lanes is permitted.
- ☐ Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.

EQUIPMENT:

- ☐ Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the scheduled warm-up time.
- ☐ Meet Management may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. Coaches are responsible for equipment reliability and use.
- ☐ Hand paddles, drag chutes, and flippers / fins are not permitted during any warm-up at any time.

VIOLATIONS:

- ☐ Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion will be scratched without warning from their first event following the warm-up period in which the violation occurred.
- ☐ In the case of a second offense during the same competition the swimmer will be removed from the competition in its entirety. A provincial disciplinary action or report may be filed.

SAFETY MARSHALS:

The Safety Marshal is a trained position designated by Meet Management. Safety Marshals shall:

- ☐ Be visible by safety vest
- ☐ Be situated at each end of the competition tank and when applicable, similarly situated in designated warm-up tanks when pre-competition warm-ups are scheduled.
- ☐ Actively monitor all scheduled warm-up periods.
- ☐ Ensure participants comply with warm-up safety procedures and report violations to the Referee.

PARA-SWIMMER NOTIFICATION:

Coaches are requested to notify Safety Marshals of any Para-swimmers participating in warm-ups where necessary and at the coach's discretion.

The following statement must appear in all Swimming Canada sanctioned meet information and posted notices:

“SWIMMING CANADA WARM-UP COMPETITION SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”

SWIMMING NEWFOUNDLAND AND LABRADOR 2024 SUMMER CLUB PROVINCIAL CHAMPIONSHIP

COACHES/TEAM MANAGER

CLUB NAME: _____

Please list the names of your Team Manager and your Head Coach at the beginning of the list. List all other coaching staff who are not swimmers immediately following the Head Coach. All coaches will be issued name tags to allow them deck access as long as they follow the 2 coach on deck at a time rule. Also list the names of chaperones for any Special Olympians swimmers.

NAME	INDICATE MANAGER, HEAD COACH OR ASSISTANT COACH

All coaches on deck must be registered members of the Canadian Swim Coaches Association.

Information on getting registered with CSCA is available on the following website:

<https://www.swimming.ca/Registration.aspx>. Name tags will only be issued to coaches listed on the CSCA website by August 13th, 2024.

SWIMMING NEWFOUNDLAND AND LABRADOR 2024 SUMMER CLUB PROVINCIAL CHAMPIONSHIP

SCRATCH FORM

Coach's Name:

[illegible]

MOST SPIRITED TEAM AWARD CRITERIA

To increase the excitement and competitive feeling amongst teams, SNL has come up with a Most Spirited Team Award. Teams will be judged on four criteria during the Summer Championships Weekend. A representative from each Team (Manager or Designate, not a swimmer registered to compete in the Championships) will rank the top three teams excluding their own on each of the four criteria outlined below.

First Place Ranking	10 points
Second Place Ranking	5 points
Third Place Ranking	3 points

The team with the most points overall will be the winner of the Most Spirited Team Award and receive a banner to display at their pool and bring to meets at other pools during the summer swim season.

Criteria

1. **Most Creative Team Banner:** Be as creative as you want. The whole team should participate in creating this banner. It can be as big as you want and it can look anyway you want as long as it is swimming appropriate.
2. **Expression of Team Spirit:** Swimmers can show team spirit by wearing team colors, coordinating outfits with team, face painting...etc. Must be swimming appropriate.
3. **Best Cheering Section:** Teams will be judged on the quality and creativeness of cheers as well as the amount of cheering done during the weekend.
4. **Most Sportsman like Behavior:** The team that exhibits the most sportsmanlike behavior during the meet (takes loss or defeat without complaint or victory without gloating and who treats opponents and officials with courtesy, fairness and generosity).

The Ron Brewer Memorial Award

This is an award in memory of Ron Brewer, who lost his battle with cancer in May 2015. Ron began his involvement in swimming because of his love for his daughter, Julia, and continued his involvement because he learned a new love.... Swimming! In 2002 Ron began officiating swim meets as a member of Swim NL. He went on to become a Senior Official and travelled around the province to officiate various swimming competitions. By 2011 Ron had completed his level V certification. This award was created in memory of Ron's strong sense of fair play and his love of swimming. As a teacher Ron was known by his students as a "Gentle Giant" and his presence was the same on pool deck. The Ron Brewer Memorial Award represents the result of hard work, commitment and the dedication to see things through to the end. To win this award would be a great honor!

The Ron Brewer Memorial Award will be **awarded annually** to a swimming official who has made a significant contribution to the sport of swimming. **The nominee should:** exemplify the true spirit of the sport of swimming; demonstrate fair play, integrity, respect for others and a commitment to swimming. They must want to go further in officiating and understand that there is a commitment to the process. They must volunteer at the Summer Club Championships each year and be willing to work the majority of sessions wherever they are best suited.

SNL Summer Club is looking for nominations for our Ron Brewer Memorial Award, which will be presented at the Summer Club Championships on August 23rd, 2024. Each club involved can nominate someone (parent/official) from their club that they feel fits the criteria which are listed above. Please provide **in writing**, a description of the achievements, course completions, involvements and worthiness of each nominee. Please be detailed and specific, and take care to use the criteria of the award as the basis for your nomination. Please submit your nominations to Jason Sparkes via j_sparkes@hotmail.com to no later than August 24th, 2024 as this will be decided on by the awards committee during our championship meet Aug 25th, 2024

Message from the Summer Club President

Welcome everyone to the Summer Swim Club Provincial Championships. Hopefully everyone is adjusting to the new way we have to run our provincial meet over the last couple summers. This is the weekend the swimmers have been waiting for. It's finally here! We are returning to Gander. Time is here and we are going to have a great weekend. These swimmers have worked very hard over the summer and the excitement and anticipation to get started is certainly high. I hope everyone is as eager as I am to see the swimmers show us their personal bests and make friends and memories to last a lifetime.

PLEASE NOTE: All parents, family, and friends **NEED** to obey the regulations regarding pool deck access. **ONLY** working officials and volunteers wearing a proper name badge are permitted on deck.

It takes a tremendous number of volunteers to pull this weekend off successfully so first and foremost, I want to send out a huge thank you to everyone who is lending a hand this weekend whether your job is big or small. Thank you to the Gander Arts and Culture Centre and the Town of Gander for hosting our championships again. Thank you to our office staff and our officials (especially those who have come without any swimmers) for keeping everything running smoothly, and a special thank you to Corina Hartley (Swim Newfoundland and Labrador) for arranging the awards and all the other behind the scenes assistance she has provided.

I want to thank our swimmers for trying, and doing, their best and for showing great sportsmanship to their fellow teammates, and also their competitors. Finally, I want to thank the parents, caregivers and other family members for being here to cheer on these awesome kids to be the best that they can be...

Have a safe and enjoyable weekend!

Erica Chatman, Summer Club President

Helen Penney, Vice-President

Jason Sparkes, Meet Manager

Kara Moss, , Director of Officials

Jennifer Sparkes, Director of Swim Statistics/Office Manager

Danielle Osmond, Secretary

