



2026 NL SUMMER GAMES SWIMMING

Warm-Up Schedule



SUNDAY AUGUST 9	
PRELIMS	
Officials Meeting: 9:00am	
8:00-8:40am Avalon Host Labrador Eastern	8:40-9:20am Central Mount Pearl/South St. John's/North Western
FINALS	
Officials Meeting: 4:30pm	
4:00-5:00pm OPEN	
MONDAY AUGUST 10	
PRELIMS	
Officials Meeting: 9:00am	
8:00-8:40am Central Mount Pearl/South St. John's/North Western	8:40-9:20am Avalon Host Labrador Eastern
FINALS	
Officials Meeting: 4:30pm	
4:00-5:00pm OPEN	