

## 2025-2026 Competitions Schedule

DATE	MEET	HOST	Eligibility	Suggested Sessions
November 8-9	Prov. Invitational – WEST	Corner Brook Rapids	Open	2-3
November 14-16	Prov. Invitational – EAST	CBS Bluefins	12&Under	2
	Prov. Invitational – EAST	CBS Bluefins	13&Over	2
December 4-7	Provincial Invitational <i>Heats &amp; Finals</i>	Mount Pearl Marlins	OPEN	6-7
January 30-1	Provincial Invitational	Gander Lakers	OPEN	3-4
February 20-22	Provincial Invitational (12&U)	CBS Bluefins	12&Under	2
February 20-22	Provincial Invitational (13&O)	St. John's Legends	13&Over	2
March 6	2026 Swim for Hope	NA	NA	NA
March 13-15	Provincial Invitational	Corner Brook Rapids	OPEN	3-4
March 26-29	2026 East Coast Championships <i>(Spring)</i>	Swim Nova Scotia	East Coast Champ	7
April 17-19	Provincial Invitational	St. John's Legends	OPEN	4-5
May 8-10	Prov. Invitational – EAST	Mount Pearl Marlins	12&Under	2
	Prov. Invitational – EAST	Mount Pearl Marlins	13&Over	2
May 8-10	Prov. Invitational – WEST	Gander Lakers	12&Under	2
	Prov. Invitational – WEST	Gander Lakers	13&Over	2
May 29-31	SNL Provincial Championships	SNL	SNL Provincial Champ	6
June 12-14	Provincial Invitational	Poseidon	OPEN	3-4
July 10-14	2026 East Coast Championships <i>(Summer)</i>	SNL	East Coast Champ	8