2026-2027 EAST COAST CHAMPIONSHIPS QUALIFYING TIMES

Girls						SCM	Boys					
12 & U	13	14	15	16	17 & O	EVENT	17 & O	16	15	14	13	12 & U
	32.60	31.21	29.96	29.42	28.98	50 FREE	26.64	27.52	28.25	29.74	32.22	
	1:11.08	1:07.99	1:05.17	1:03.33	1:02.64	100 FREE	57.72	59.59	1:01.25	1:05.15	1:09.27	
2:38.17	2:32.70	2:26.38	2:20.46	2:16.84	2:15.31	200 FREE	2:05.86	2:09.56	2:13.98	2:21.59	2:29.71	2:40.88
5:27.61	5:17.03	5:05.38	4:54.00	4:49.02	4:43.90	400 FREE	4:28.61	4:35.41	4:44.69	4:58.49	5:15.20	5:38.15
11:04.15	10:48.59	10:25.81	10:03.24	9:53.71	9:45.43	800 FREE	9:12.10	9:26.05	9:44.25	10:11.08	10:44.42	11:30.36
20:51.94	20:22.60	19:47.17	19:09.16	18:53.31	18:37.51	1500 FREE	17:31.97	17:57.23	18:32.92	19:28.44	20:32.18	22:00.05
			33.73	33.13	32.51	50 BACK	30.16	31.03	32.23			
	1:17.13	1:14.49	1:11.77	1:10.48	1:09.16	100 BACK	1:04.18	1:06.01	1:08.57	1:12.38	1:16.55	
2:55.08	2:48.28	2:41.52	2:35.22	2:32.52	2:29.78	200 BACK	2:17.80	2:21.00	2:25.52	2:33.52	2:43.62	2:58.61
			36.79	36.14	35.49	50 BREAST	33.02	33.88	34.98			
	1:27.02	1:23.34	1:19.98	1:18.57	1:17.14	100 BREAST	1:11.78	1:13.65	1:16.04	1:20.01	1:24.18	
3:12.03	3:06.25	2:59.13	2:52.51	2:49.83	2:47.08	200 BREAST	2:35.85	2:40.07	2:45.57	2:54.66	3:04.63	3:18.28
			31.76	31.12	30.54	50 FLY	27.62	28.35	29.35			
	1:15.80	1:13.38	1:10.58	1:09.16	1:07.88	100 FLY	1:01.38	1:02.99	1:05.22	1:09.03	1:12.55	
2:52.54	2:45.45	2:40.08	2:33.82	2:30.82	2:28.21	200 FLY	2:17.29	2:20.99	2:26.22	2:34.29	2:43.38	2:55.73
2:56.96	2:51.36	2:44.42	2:37.73	2:34.79	2:32.02	200 MEDLEY	2:20.51	2:24.12	2:29.28	2:37.14	2:45.31	2:56.69
6:10.33	5:59.30	5:45.64	5:32.46	5:26.73	5:20.86	400 MEDLEY	5:02.84	5:09.72	5:19.41	5:33.65	5:50.50	6:14.02

Girls						LCM	Boys					
12 & U	13	14	15	16	17 & O	EVENT	17 & O	16	15	14	13	12 & U
	33.25	31.84	30.56	30.02	29.55	50 FREE	27.19	28.07	28.84	30.23	32.75	
	1:12.50	1:09.16	1:06.47	1:04.62	1:03.92	100 FREE	58.89	1:00.79	1:02.51	1:06.18	1:10.65	
2:41.33	2:35.75	2:29.31	2:23.27	2:19.63	2:18.01	200 FREE	2:08.43	2:12.15	2:16.68	2:24.43	2:32.71	2:44.09
5:34.16	5:23.38	5:11.49	4:59.87	4:54.80	4:49.58	400 FREE	4:33.98	4:40.92	4:50.39	5:04.45	5:21.50	5:44.91
11:17.43	11:01.56	10:38.33	10:15.31	10:05.59	9:57.14	800 FREE	9:23.14	9:37.37	9:55.94	10:23.30	10:57.31	11:44.17
21:16.97	20:47.06	20:10.91	19:32.15	19:15.98	18:59.86	1500 FREE	17:53.02	18:18.77	18:55.19	19:51.81	20:56.83	22:26.46
			34.41	33.79	33.15	50 BACK	30.77	31.65	32.88			
	1:18.67	1:15.98	1:13.21	1:11.90	1:10.54	100 BACK	1:05.47	1:07.33	1:09.94	1:13.83	1:18.08	
2:58.58	2:51.65	2:44.74	2:38.32	2:35.57	2:32.77	200 BACK	2:20.56	2:23.82	2:28.43	2:36.60	2:46.90	3:02.18
			37.52	36.87	36.19	50 BREAST	33.68	34.56	35.67			
	1:28.77	1:25.01	1:21.58	1:20.14	1:18.68	100 BREAST	1:13.22	1:15.12	1:17.56	1:21.60	1:25.86	
3:15.87	3:09.97	3:02.72	2:55.96	2:53.22	2:50.43	200 BREAST	2:38.96	2:43.27	2:48.88	2:58.15	3:08.33	3:22.25
			32.40	31.74	31.15	50 FLY	28.17	28.91	29.93			
	1:17.31	1:14.85	1:11.99	1:10.54	1:09.24	100 FLY	1:02.61	1:04.25	1:06.52	1:10.40	1:14.01	
2:55.99	2:48.75	2:43.28	2:36.91	2:33.84	2:31.18	200 FLY	2:20.04	2:23.81	2:29.14	2:37.38	2:46.64	2:59.24
3:00.51	2:54.78	2:47.70	2:40.88	2:37.88	2:35.05	200 MEDLEY	2:23.31	2:27.00	2:32.27	2:40.28	2:48.62	3:00.23
6:17.73	6:06.48	5:52.55	5:39.11	5:33.26	5:27.28	400 MEDLEY	5:08.90	5:15.92	5:25.81	5:40.33	5:57.50	6:21.51

12 & U – Option 1: 200m IM OR 400m IM PLUS any 200m event or longer **(1 IM event + any other event that is 200m or longer)**

Option 2: Any three 200m events or longer

13-14 – Any 2 (two) qualifying times

15 & Over - Any 1 (one) qualifying time

Maximum of 6 (six) individual swims

All ages - Must attain the QT in 800 or 1500 Freestyle to be eligible to swim the event at the meet. If they attain the QT in 800 or 1500 then can swim the alternate distance without proof of time.

Qualifying period: Times must be achieved on or after October 1st, 2025

All qualified swimmers may enter up to **6** individual events