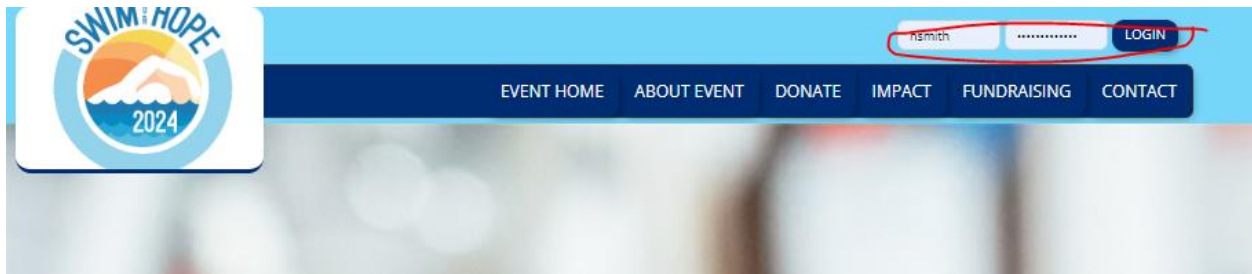


How to update your personal page.

Step 1. Login to the Swim for Hope website.



Step 2. Select the Participant Center



Step 3. Customize your page by adding your contacts, sharing your story, adding photos, tracking your progress, and inputting personal donations.

