



## Advanced Development Team Camp Selection Criteria

July 20-22<sup>nd</sup> St. John's Camp

This camp is focused on IM based technical skills and developing good training habits. Details to be announced!

Sat, July 20 – 10:00am-2pm – Bowring Park- Dryland and Swim

5:00-7:00pm Social TBA

Sun, July 21 – 10:30-2:00- Bowring Park Dryland and Swim

7:15pm-8:20pm Paul Reynolds Community Centre

Monday, July 22 – 9:15am-1pm – MEWS Centre St.John's

Parents are responsible for accommodation, transportation, and meals for their swimmer. There will be a fee of \$50 per swimmer payable to Swimming Newfoundland and Labrador (e-transfer to [swimnl@sportnl.ca](mailto:swimnl@sportnl.ca) or cheque accepted). Swimmers will receive a cap, water bottle and t-shirt!

### Selection Criteria:

**Up to 16 Females:** The highest-ranking girls born 2006 or later, with a minimum of 740 FINA points combined from three events including a maximum of one 50m swim, will be selected. Best times from October 1, 2017-June 9 2019 may be used for calculation.

**Up to 16 Males:** The highest-ranking boys born 2005 or later, with a minimum of 720 FINA points combined from three events including a maximum of one 50m swim, will be selected. Best times from October 1, 2017- June 9 2019 may be used for calculation.

Additionally, Up to 2 Para Swimmers will be selected. Either gender must be between ages 13 and 25 as of January 1<sup>st</sup> 2021 and have a minimum combined total of 425 Fina points in three events. Please submit attached application form. Selection will be made with Head Coaches discretion.

Please complete the attached application form and submit to [swimnltd@sportnl.ca](mailto:swimnltd@sportnl.ca) by **June 12<sup>th</sup>, 2019**. Selection will be made by June 15<sup>th</sup>.

**Coaches:** If you are interested in assisting with this camp please email [swimnltd@sportnl.ca](mailto:swimnltd@sportnl.ca)

Please submit this application by June 12th to [swimnltd@sportnl.ca](mailto:swimnltd@sportnl.ca)



## Advanced Development Team Camp Application

July 20-22<sup>nd</sup> St. John's Camp

**Athletes Name:** \_\_\_\_\_

**Date of Birth:** \_\_\_\_\_

**Club:** \_\_\_\_\_

**MCP#** \_\_\_\_\_ **Expiry Date:** \_\_\_\_\_

**Tshirt Size** \_\_\_\_\_

**Parents Name:** \_\_\_\_\_ **Email:** \_\_\_\_\_

**Emergency Contact Number:** 1 \_\_\_\_\_ 2 \_\_\_\_\_

Any Medical conditions which coach should be aware of:

Allergies or Dietary Concerns:

Other Notes:

Please complete the following, swimmers can only use one event either short course or long course. For example, you can not use 100 free short course and 100 free long course. FINA points should be taken from Team Aquatic Supplies Power Rankings found at:

<https://registration.swimming.ca/powerranking.aspx>

Event:	Best Time	Course	FINA Points
1.			
2.			
3.			

**Total FINA Points:** \_\_\_\_\_