



Bluefins Swim Team Return to Swim Guidelines June 17th 2021

These guidelines are meant to provide information and guidance as to best practices based on current information available. While we are anxious to see our swimmers return to practice, we have a collective responsibility to ensure a safe return to the water. We will try to be as creative and flexible as the guidelines allow us while keeping our swimmers safety at the forefront.

Please note that it is the individual's responsibility for assessing his or her own personal risks in consultation with parent(s) and medical professionals.

1. Practices will look different. Swimmers must maintain physical distancing of 2m. Refer to video from Swim Canada, the video will show what the formation of what most practices will look like. Coaches will create practices in addition to this that will be fun and motivating, but all practices will have to maintain the 2m physical distancing.
2. Practices will be 45 min in duration. There will be 15 minutes allotted between practices to allow safe exit of swimmers before the next group arrives and to allow coaches to follow any cleaning protocol required.
3. Swimmers will have to maintain a 45 minute practice, understand the physical distancing rules and listen very carefully to the coaches. If a swimmer cannot do this, he/she will be asked to leave.
4. We will not exceed 100 participants in pool/deck as per the guidelines for licensed outdoor swimming pools.
5. Coaches will be taking attendance at the beginning of each practice. This will allow for contact tracing if required. If swimmers have any symptoms of COVID-19, they must remain home and not return to practice until they receive clearance from medical professionals..

6. Swimmers will have to follow the guidelines outlined by the Springdale Aquatic Center.
7. It is important for parents to read these guidelines and assess your child's ability to follow the protocol. If your child has difficulty following rules, listening to instructions, and swimming laps without assistance, your child should not join swim team this summer. We regret having to turn swimmers away, but guidelines must be followed. If you are unsure as to your child's abilities, please email sbfswimteam@gmail.com to ask questions. We all need to have patience and understanding during these uncertain and unprecedented times.
8. There will be no junior helpers or coaches in the water with the swimmers during practice.
9. Each swimmer should bring their own labelled water bottle and absolutely no sharing of water bottles.

Guidelines may change as we proceed throughout the summer. Please respect our rules and we will try our best to provide a safe and caring environment for your child. We will still have fun and make the best of what circumstances we have been dealt.

Thank you,

Bluefins Executive 2021