

St. Anthony Dolphins Swim Team Return to Swim Guidelines for the Summer Club season of 2021

The following guidelines provide information regarding best practices based on the current information available to maintain the safety of our swimmers , coaches and facility staff as we return to swimming.

1. Swimmers and parents will complete the current screening questions prior to each session. If the swimmer answers “no” to all questions, they will be permitted to swim. If a swimmer answers “yes”, they will be directed to their local Public Health Authority and will not be permitted to swim until they have been cleared by medical professionals.
2. Swimmers will arrive at the pool 10 minutes prior to practice and will remain outside the building until they are admitted by the coach.
3. Attendance will be taken prior to each practice to allow for contact tracing if required.
4. Swimmers will enter through the main entrance to the pool and will maintain 2 meter distancing.
5. Face masks will be worn on entry to the pool and must be maintained until the session begins.
6. Swimmers will place their belongings on the pool deck in the designated areas.
7. Water bottles must be labeled and cannot be shared with other swimmers.
8. Swimmers will be placed in their designated lane based on ability and must maintain 2 meter physical distancing.
9. Sessions will be 45 minutes in length and swimmers will exit the building via the back entrance.

10. Swimmers must follow the guidelines outlined by the Olympia Pool staff at all times. Swimmers not following the guidelines will be asked to leave the session.
11. There will be 2 double lanes only during each session to allow for social distancing with 5 swimmers per lane initially. Swimmers must not pass each other during the session.
12. Guidelines are subject to change at any time during the season. These changes will be communicated to parents, swimmers and coaching staff as they arise.