



**2024 NL SUMMER GAMES**  
**SWIMMING**

Warm-Up Schedule



SUNDAY AUGUST 11	
PRELIMS	
8:30-9:00am  Avalon Central Labrador Eastern	9:00-9:30am  Host Mount Pearl/South St. John's/North Western
FINALS	
4:00-5:00pm  OPEN	
MONDAY AUGUST 12	
PRELIMS	
8:30-9:00am  Host Mount Pearl/South St. John's/North Western	9:00-9:30am  Avalon Central Labrador Eastern
FINALS	
4:00-5:00pm  OPEN	