SWIMMING NEWFOUNDLAND AND LABRADOR

PROVINCIAL SC RECORDS (FEMALE)

	10 & Under		11 -12		13 - 14		15 - 17		Open	
50 Free	**30.84**	Kateryna Koretska	**27.68**	Abby Williams	**27.15**	Abby Williams	**26.25**	Abby Simms	**26.25**	Abby Simms
	SJL	*22/02/25*	SJL	*24/11/17*	SJL	*21/11/19*	SJL	*14/12/18*	SJL	*14/12/18*
100 Free	**1:07.66**	Kateryna Koretska	**1:00.62**	Gillian Smith	**58.52**	Laura Murray	**56.69**	Laura Murray	**56.69**	Laura Murray
	SJL	*11/04/25*	SJL	*15/11/24*	SJL	*21/02/04*	MPM	*24/11/06*	MPM	*24/11/06*
200 Free	**2:31.18**	Kateryna Koretska	**2:10.23**	Claire Chin	**2:05.76**	Laura Murray	**2:03.51**	Laura Murray	**2:03.51**	Laura Murray
	SJL	*11/04/25*	SJL	*17/11/23*	SJL	*22/02/04*	MPM	*19/02/06*	MPM	*19/02/06*
400 Free	**5:29.69**	Kallie Symonds	**4:38.30**	Leah Murrin	**4:22.46**	Laura Murray	**4:16.52**	Kate Sullivan	**4:16.52**	Kate Sullivan
	SJL	*12/06/21*	SJL	*01/03/97*	SJL	*21/02/04*	MPM	*14/12/18*	MPM	*14/12/18*
800 Free	**11:31.00**	Louise Copeman	**9:25.75**	Leah Murrin	**8:58.02**	Suzanne Drodge	**8:54.19**	Kate Sullivan	**8:54.19**	Kate Sullivan
	NAAC	*25/03/84*	SJL	*28/02/97*	SJL	*12/02/95*	MPM	*14/12/18*	MPM	*14/12/18*
1500 Free	**22:08.90**	Bobbi Nelson	**18:21.64**	Kallie Symonds	**17:46.65**	Laura Murray	**17:37.24**	Suzanne Drodge	**17:37.24**	Suzanne Drodge
	AASC	*03/02/08*	SJL	*28/05/23*	SJL	*12/03/10*	SJL	*05/12/97*	SJL	*05/12/97*
50 Back	**37.13**	Kelsey Flynn	**31.28**	Gillian Smith	**30.06**	Gillian Smith	**29.80**	Ali Warren	**28.66**	Charli LeBlanc
	WSH	*14/12/02*	SJL	*25/10/24*	SJL	*29/01/26*	MPM	*21/11/19*	MUSC	*17/11/17*
100 Back	**1:21.48**	Erica Mckinnon	**1:09.40**	Gillian Smith	**1:05.46**	Gillian Smith	**1:03.17**	Laura Pittman	**1:02.32**	Charli LeBlanc
	SJL	*09/11/12*	SJL	*01/02/25*	SJL	*04/12/25*	MPM	*19/11/17*	MUSC	*19/11/17*
200 Back	**2:51.08**	Heather Smart	**2:29.70**	Catherine Silotch	**2:21.17**	Abby Andrews	**2:15.55**	Alex Campbell	**2:15.41**	Kate Williams
	SJL	*23/11/17*	SJL	*19/02/11*	SJL	*21/11/19*	SJL	*11/12/25*	MUSC	*17/11/21*
50 Breast	**38.53**	Kateryna Koretska	**35.56**	Gillian Smith	**32.92**	Emily Ricketts	**33.06**	Lindsay Goodland	**32.20**	Veronica Reid
	SJL	*15/03/25*	SJL	*14/03/25*	SJL	*08/12/17*	MPM	*31/05/24*	MUSC	*24/02/18*
100 Breast	**1:25.43**	Kateryna Koretska	**1:17.90**	Emily Ricketts	**1:12.53**	Emily Ricketts	**1:11.91**	Lindsay Goodland	**1:09.11**	Jasmine Foran
	SJL	*14/03/25*	SJL	*13/12/15*	SJL	*23/11/17*	MPM	*31/05/24*	MUSC	*09/02/18*
200 Breast	**3:12.03**	Kateryna Koretska	**2:47.82**	Laurie Green	**2:37.51**	Emily Ricketts	**2:34.70**	Paula Kelly	**2:33.12**	Jasmine Foran
	SJL	*16/03/25*	SJL	*06/12/93*	SJL	*01/12/17*	NAAC	*14/03/81*	MUSC	*09/02/18*
50 Fly	**34.51**	Kateryna Koretska	**29.81**	Gillian Smith	**29.11**	Abby Williams	**28.13**	Abby Williams	**28.13**	Abby Williams
	SJL	*11/04/25*	SJL	*11/04/25*	SJL	*21/11/19*	SJL	*11/12/21*	SJL	*11/12/21*
100 Fly	**1:19.86**	Kateryna Koretska	**1:08.92**	Kailey Murrin	**1:05.87**	Laura Murray	**1:03.00**	Amelia Smith	**1:03.00**	Amelia Smith
	SJL	*22/02/25*	MPM	*02/06/18*	SJL	*30/11/03*	MPM	*30/05/25*	MPM	*30/05/25*
200 Fly	**3:05.62**	Kateryna Koretska	**2:32.41**	Leah Murrin	**2:24.25**	Leah Murrin	**2:20.04**	Suzanne Drodge	**2:19.77**	Allison Somers
	SJL	*22/05/25*	SJL	*01/03/97*	SJL	*20/02/99*	SJL	*21/02/98*	MUSC	*10/02/19*
100 IM	**1:23.13**	Laurie Green	**1:10.00**	Gillian Smith	**1:09.15**	Maggie Whelan	**1:05.83**	Abby Williams	**1:05.83**	Abby Williams
	NAAC	*06/03/92*	SJL	*16/03/25*	SJL	*16/03/12*	SJL	*03/12/21*	SJL	*03/12/21*
200 IM	**2:50.33**	Kateryna Koretska	**2:32.01**	Claire Chin	**2:25.94**	Emily Ricketts	**2:22.86**	Abby Simms	**2:20.88**	Jasmine Foran
	SJL	*11/04/25*	SJL	*17/11/23*	SJL	*23/11/17*	SJL	*14/12/18*	MUSC	*09/02/18*
400 IM	**6:05.37**	Kateryna Koretska	**5:16.91**	Leah Murrin	**5:09.17**	Emily Ricketts	**4:56.48**	Anna Rideout	**4:56.48**	Anna Rideout
	SJL	*14/03/25*	SJL	*31/01/97*	SJL	*23/11/17*	SJL	*11/12/25*	SJL	*11/12/25*
200 Free Relay	**2:23.98**	E. Mckinnon A. Jeon M. Henley N. Smart	**1:59.86**	A. Williams I. Albert E. Noseworthy A. Andrews	**1:53.51**	C. Hickman E. Dornan R. Karlsson C. Silotch	**1:48.67**	A. Simms K. Williams E. Ricketts E. Mckinnon	**1:48.67**	A. Simms K. Williams E. Ricketts E. Mckinnon
	SJL	*16/03/12*	SJL	*23/11/17*	SJL	*04/03/12*	SJL	*23/11/18*	SJL	*23/11/18*
400 Free Relay	**5:23.78**	E. Mckinnon N. Smart A. Jeon M. Henley	**4:27.50**	J. Rideout K. Koretska O. Roberts A. Bazeley	**4:10.22**	A. Simms K. Stokes K. Nixon N. Smart	**3:58.34**	C. Silotch M. Whelan C. Hickman M. Mackay	**3:54.17**	A. Simms K. Williams E. Ricketts A. Williams
	SJL	*17/03/12*	SJL	*04/12/25*	SJL	*06/03/15*	SJL	*01/03/14*	SJL	*09/06/19*
800 Free Relay	**12:45.97**	N. Smart M. Henley M. Whelan A. Simms	**9:51.36**	E. Mckinnon S. Karlsson M. Henley N. Smart	**9:08.30**	A. Simms K. Stokes S. Karlsson N. Smart	**8:40.52**	C. Silotch M. Mackay C. Hickman M. Whelan	**8:40.52**	C. Silotch M. Mackay C. Hickman M. Whelan
	SJL	*13/11/11*	SJL	*01/03/14*	SJL	*05/03/15*	SJL	*13/12/13*	SJL	*13/12/13*
200 Medley Relay	**2:47.50**	Smith Copeman Kiruluta Squires	**2:14.21**	M. Whitten A. Williams I. Albert E. Noseworthy	**2:04.61**	M. Ladha Y. Koretska G. Smith K. Symonds	**2:02.12**	A. Campbell E. Young H. LeBlanc K. Symonds	**1:58.38**	C. LeBlanc J. Foran L. Pittman V. Legge
	NAAC	*11/03/84*	SJL	*23/11/17*	SJL	*30/05/25*	SJL	*04/12/25*	MUSC	*17/11/17*
400 Medley Relay	**6:05.90**	E. Mckinnon M. Whelan N. Smart M. Henley	**4:58.56**	E. Mckinnon S. Karlsson N. Smart M. Henley	**4:34.96**	H. LeBlanc Y. Koretska I. Bourne K. Symonds	**4:29.71**	M. Whelan R. Karlsson C. Hickman C. Silotch	**4:18.17**	L. Pittman J. Foran A. Somers C. LeBlanc
	SJL	*16/03/12*	SJL	*01/03/14*	SJL	*30/05/25*	SJL	*01/03/14*	MUSC	*19/11/17*

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New Record

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