



CLUB DECLARATION FORM – FACILITY RULES

The Facility Rules and Guidelines of Swimming Canada were effective February 21, 2023, and shall influence all decisions surrounding facility usage for competition and training in Canada. The Facility Rules and Guidelines are to be used in conjunction with Swimming Canada Rules for all sanctioned competitions in Canada. The Facility Rules and Guidelines (Section 3 – II.C16 TR01), stated below, are to be used for all affiliated Swimming Canada clubs in their daily training environment and sanctioned competitions.

II.C16 – TR01 – Dive Entries

Diving – A minimum water depth of 1.35 metres, extending from 1.0 metre to at least 6.0 metres from the end wall is required for pools with starting platforms.

A minimum water depth of 1.20 metres, extending from 1.0 metre to at least 5.0 metres from the end wall is required for pools where diving takes place from the permanent deck or bulkhead, where the height is not more than 0.35 metres from the water surface.

When the water depth is less than 1.20 metres, no diving is permitted.

Water Depth	
Less than 1.2m	No Diving, in water starts only
1.2m – 1.35m	Diving from the permanent deck or bulkhead where the height is not more than 0.35m from water surface is permitted.
1.35m (equal to or greater than)	Diving from starting platform (max 0.75m from water surface as per II.16.1.8)

I hereby declare that I have read, understand and agree to abide by the [Facility Rules and Guidelines of Swimming Canada](#), including but not limited to section 3 – II.C16-TR01 as set out above.

Club Name:

Club President's Name:

Club President's Signature:

Club Head Coach Name:

Club Head Coach Signature:

Date (mm/dd/yyyy):

Should you have any questions or concerns, please contact questions@swimming.ca and/or swimnl@sportnl.ca.