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**RECORDS PR Short Course**
**SC Meters-Female**

10 & U	50 Free	31.60	<b>14-Dec-02</b>	WSH	Kelsey Flynn	
	100 Free	1:11.59	<b>7-Dec-95</b>	PSC	Eileen Robinson	
	200 Free	2:33.99	<b>23-Nov-17</b>	SJL	Heather Smart	@ Sink or Swim Invitational
	400 Free	5:29.69	<b>12-Jun-21</b>	SJL	Kallie Symonds at SJL Time Trial - June 12	
	800 Free	11:31.00	<b>25-Mar-84</b>	NAAC	Louise Copeman	
	1500 Free	22:08.90	<b>3-Feb-08</b>	AASC	Bobbi Nelson	
	50 Back	37.13	<b>14-Dec-02</b>	WSH	Kelsey Flynn	
	100 Back	1:21.48	* <b>9-Nov-12</b>	SJL	Erica McKinnon at Hickman Automotive Group Fall Classic 2012	
	100 Back	1:21.48	* <b>9-Nov-12</b>	SJL	Erica Mckinnon	@ 2012 Hickman Motors Fall Classic
	200 Back	2:51.08	<b>23-Nov-17</b>	SJL	Heather Smart	@ Sink or Swim Invitational
	50 Breast	40.25	<b>8-Feb-92</b>	NAAC	Laurie Green	
	100 Breast	1:26.56	<b>9-Feb-92</b>	NAAC	Laurie Green	
	200 Breast	3:12.86	<b>6-Dec-91</b>	NAAC	Laurie Green	
	50 Fly	34.52	<b>7-Jun-19</b>	MPM- NL	Jorja Row at 2019 Summer Classic	
	100 Fly	1:20.01	<b>7-Jun-19</b>	MPM- NL	Jorja Row at 2019 Summer Classic	
	200 Fly	3:06.12	<b>5-Apr-19</b>	MPM- NL	Jorja Row at Bluefins Spring Invitational	
	100 IM	1:23.13	<b>6-Mar-92</b>	NAAC	Laurie Green	
	200 IM	2:53.75	<b>12-Jun-21</b>	SJL	Kallie Symonds at SJL Time Trial - June 12	
	400 IM	6:21.54	<b>10-Jan-97</b>	SJL	Susan Murrin	
	200 Free Relay	2:23.98	<b>16-Mar-12</b>	SJL	St. John's Legends	E. Mckinnon, A. Jeon, M. Henley, N. Smart
	400 Free Relay	5:23.78	<b>17-Mar-12</b>	SJL	St. John's Legends	E. Mckinnon, N. Smart, A. Jeon, M. Henley
	800 Free Relay	12:45.97	<b>13-Nov-11</b>	SJL	St. John's Legends	N. Smart, M. Henley, M. Whelan, A. Simms
	200 Medley Relay	2:47.50	<b>11-Mar-84</b>	NAAC	NAAC	Smith, Copeman, Kiruluta, Squires
	400 Medley Relay	6:05.90	<b>16-Mar-12</b>	SJL	St. John's Legends	E. Mckinnon, M. Whelan, N. Smart, M.
11-12	50 Free	27.68	<b>24-Nov-17</b>	SJL	Abigail Williams	@ 2017 Sink or Swim Invitational
	100 Free	1:01.27	<b>9-Nov-02</b>	SJL	Laura Murray	
	200 Free	2:13.75	<b>31-Jan-97</b>	SJL	Leah Murrin	
	400 Free	4:38.30	<b>1-Mar-97</b>	SJL	Leah Murrin	
	800 Free	9:25.75	<b>28-Feb-97</b>	SJL	Leah Murrin	
	1500 Free	18:38.81	<b>1-May-87</b>	NAAC	Paula Crutcher	
	50 Back	32.53	<b>4-Mar-10</b>	SJL	Catherine Silotch	@ SC East Coast Championship 2010
	100 Back	1:09.48	<b>12-Mar-11</b>	SJL	Catherine Silotch	@ Provincial SC Champs
	200 Back	2:29.70	<b>19-Feb-11</b>	SJL	Catherine Silotch	@ 2011 Eastern Canadian Champs
	50 Breast	35.92	<b>10-Dec-15</b>	SJL	Emily Ricketts	
	100 Breast	1:17.90	<b>13-Dec-15</b>	SJL	Emily Ricketts	
	200 Breast	2:47.82	<b>6-Dec-93</b>	SJL	Laurie Green	
	50 Fly	30.85	<b>23-Nov-17</b>	SJL	Abby Williams	@ Sink or Swim Invitational
	100 Fly	1:08.92	<b>2-Jun-18</b>	MPM	Kailey Murrin	@ Summer Classic 2018
	200 Fly	2:32.41	<b>1-Mar-97</b>	SJL	Leah Murrin	
	100 IM	1:14.07	<b>12-Mar-11</b>	SJL	Catherine Silotch	@ Provincial SC Champs
	200 IM	2:35.12	<b>19-Oct-02</b>	SJL	Laura Murray	
	400 IM	5:16.91	<b>31-Jan-97</b>	SJL	Leah Murrin	
	200 Free Relay	1:59.86	<b>23-Nov-17</b>	SJL	St. John's Legends Swim Club	A Williams, I Albert, E Noseworthy, A
	400 Free Relay	4:29.10	<b>4-Mar-10</b>	SJL	St. John's Legends Swim Club	E. DORNAN, D. CURRAN, M.
	800 Free Relay	9:51.36	<b>1-Mar-14</b>	SJL	St. John's Legends	E. McKinnon, S Karlsson, M. Henley, N.
	200 Medley Relay	2:14.21	<b>23-Nov-17</b>	SJL	St. John's Legends Swim Club	M Whitten, A Williams, I Albert, E
	400 Medley Relay	4:58.56	<b>1-Mar-14</b>	SJL	St. John's Legends Swim Club	E. McKinnon, S. Karlsson, N Smart, M.
13-14	50 Free	27.15	<b>21-Nov-19</b>	SJL	Abby Williams at MPM 4th Annual Sink or Swim Invitational	

**RECORDS PR Short Course**

13-14	100 Free	58.52	<b>21-Feb-04</b>	SJL	Laura Murray	
	200 Free	2:05.76	<b>22-Feb-04</b>	MPM	Laura Murray	
	400 Free	4:22.46	<b>21-Feb-04</b>	SJL	Laura Murray	
	800 Free	8:58.02	<b>12-Feb-95</b>	SJL	Suzanne Drodge	
	1500 Free	17:46.65	<b>6-Feb-04</b>	SJL	Laura Murray	
	50 Back	30.77	<b>16-Feb-12</b>	SJL	Maggie Whelan	@ 2012 Eastern Canadian Champs
	100 Back	1:05.52	<b>16-Feb-13</b>	SJL	Catherine Silotch	@ 2013 Eastern Canadian Champs
	200 Back	2:21.17	<b>21-Nov-19</b>	SJL	Abby Andrews at MPM 4th Annual Sink or Swim Invitational	
	50 Breast	32.92	<b>8-Dec-17</b>	SJL	Emily Ricketts	@ AA-AAA Invitation Pointe-Claire
	100 Breast	1:12.53	<b>23-Nov-17</b>	SJL	Emily Ricketts	@ Sink or Swim Invitational
	200 Breast	2:37.51	<b>1-Dec-17</b>	SJL	Emily Ricketts	@ AA-AAA Invitational Pointe-Claire
	50 Fly	29.11	<b>21-Nov-19</b>	SJL	Abby Williams at MPM 4th Annual Sink or Swim Invitational	
	100 Fly	1:05.87	<b>30-Nov-03</b>	SJL	Laura Murray	
	200 Fly	2:24.25	<b>20-Feb-99</b>	SJL	Leah Murrin	
	100 IM	1:09.15	<b>16-Mar-12</b>	SJL	Maggie Whelan	@ 2012 Provincial SC Champs
	200 IM	2:25.94	<b>23-Nov-17</b>	SJL	Emily Ricketts	@ Sink or Swim Invitational
	400 IM	5:09.17	<b>23-Nov-17</b>	SJL	Emily Ricketts	@ Sink or Swim Invitational
	200 Free Relay	1:53.51	<b>4-Mar-12</b>	SJL	St. John's Legends	C. Hickman, E. Dornan, R. Karlsson, C.
	400 Free Relay	4:10.22	<b>6-Mar-15</b>	SJL	St. John's Legends	A. Simms, K Stokes, K.Nixon, N Smart.
	800 Free Relay	9:08.30	<b>5-Mar-15</b>	SJL	St. John's Legends	A. Simms, K, Stokes, S. Karlsson, N. Smart
	200 Medley Relay	2:05.26	<b>16-Dec-04</b>	SJL	St. John's Legends	E. McKinnon, E Ricketts, J Ryder, K.
	400 Medley Relay	4:38.89	<b>18-Dec-11</b>	SJL	St. John's Legends	M. Whelan, C. Hickman, E. Dornan, C.
15-17	50 Free	26.25	<b>14-Dec-18</b>	SJL- NL	Abby Simms at Ontario Junior International 2018	
	100 Free	56.69	<b>24-Nov-06</b>	MPM	Laura Murray	
	200 Free	2:03.50	<b>19-Feb-06</b>	MPM	Laura Murray	
	400 Free	4:16.52	<b>14-Dec-18</b>	MPM- NL	Kate Sullivan at Ontario Junior International 2018	
	800 Free	8:54.19	<b>14-Dec-18</b>	MPM- NL	Kate Sullivan at Ontario Junior International 2018	
	1500 Free	17:37.24	<b>5-Dec-97</b>	SJL	Suzanne Drodge	
	50 Back	29.80	<b>21-Nov-19</b>	MPM- NL	Ali Warren at MPM 4th Annual Sink or Swim Invitational	
	100 Back	1:04.31	<b>13-Dec-19</b>	SJL	Kate Williams at Ontario Junior International 2019	
	200 Back	2:16.88	<b>14-Dec-18</b>	SJL- NL	Kate Williams at Ontario Junior International 2018	
	50 Breast	33.65	<b>14-Dec-18</b>	SJL- NL	Emily Ricketts at Ontario Junior International 2018	
	100 Breast	1:12.37	<b>7-Jun-19</b>	SJL	Emily Ricketts at 2019 Summer Classic	
	200 Breast	2:34.70	<b>14-Mar-81</b>	NAAC	Paula Kelly	
	50 Fly	28.45	<b>16-Feb-06</b>	MPM	Laura Murray	
	100 Fly	1:03.71	<b>15-Feb-07</b>	SJL	Kelsey Alexander	@ Speedo Eastern Canadian Champs
	200 Fly	2:20.04	<b>21-Feb-98</b>	SJL	Suzanne Drodge	
	100 IM	1:06.92	<b>12-Jun-21</b>	SJL	Abby Williams at SJL Time Trial - June 12	
	200 IM	2:22.86	<b>14-Dec-18</b>	SJL- NL	Abby Simms at Ontario Junior International 2018	
	400 IM	5:03.20	<b>21-Feb-81</b>	NAAC	Paula Kelly	
	200 Free Relay	1:48.67	<b>23-Nov-18</b>	SJL	St. John's Legends A	A. Simms, K. Williams, E. Ricketts, E.
	400 Free Relay	3:58.34	<b>1-Mar-14</b>	SJL	St. John's Legends	C. Silotch, M. Whelan, C. Hickman, M.
	800 Free Relay	8:40.52	<b>13-Dec-13</b>	SJL	St. John's Legends	C Silotch, M Mackay, C Hickman, M Whelan
	200 Medley Relay	2:03.15	<b>1-Mar-14</b>	SJL	St. John's Legends	M. Whelan, R. Karlsson, C. Hickman, C.
	400 Medley Relay	4:29.71	<b>1-Mar-14</b>	SJL	St. John's Legends	M. Whelan, R. Karlsson, C. Hickman, C. Silotch
	50 Free	26.25	<b>14-Dec-18</b>	SJL- NL	Abby Simms	Ontario Junior International 2018
	100 Free	56.69	<b>24-Nov-06</b>	MPM	Laura Murray	
	200 Free	2:03.51	<b>19-Feb-06</b>	MPM	Laura Murray	
	400 Free	4:16.52	<b>14-Dec-18</b>	MPM- NL	Kate Sullivan	Ontario Junior International 2018
	800 Free	8:54.19	<b>14-Dec-18</b>	MPM	Kate Sullivan	Ontario Junior International

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**RECORDS PR Short Course**

1500 Free	17:37.24	<b>13-Dec-97</b>	SJL	Suzanne Drodge	
50 Back	28.87	<b>18-Nov-16</b>	MUSC	Charli LeBlanc at 2016 Kemp Fry Invitational	
100 Back	1:03.39	<b>18-Nov-16</b>	MUSC	Charli LeBlanc at 2016 Kemp Fry Invitational	
200 Back	2:16.88	<b>14-Dec-18</b>	SJL	Kate Williams	Ontario Junior International
50 Breast	32.20	<b>24-Feb-18</b>	MUSC	Veronica Reid	@ 2018 U-Sports Championships
100 Breast	1:09.11	<b>9-Feb-18</b>	MUSC	Jasmine Foran	@ 2018 AUS Championships
200 Breast	2:33.12	<b>9-Feb-18</b>	NAAC	Jasmine Foran	@ 2018 AUS Championships
50 Fly	28.45	<b>16-Feb-06</b>	MPM	Laura Murray	
100 Fly	1:03.55	<b>19-Nov-93</b>	NEWS	Michelle MacWhirter	
200 Fly	2:19.77	<b>10-Feb-19</b>	MUSC	Allison Somers	
100 IM	1:06.92	<b>12-Jun-21</b>	SJL	Abby Williams	SJL Time Trial - June 12 (Class 1)
200 IM	2:20.88	<b>9-Feb-18</b>	MUSC	Jasmine Foran	@ 2018 AUS Championships
400 IM	5:03.20	<b>21-Feb-81</b>	NAAC	Paula Kelly	
200 Free Relay	1:48.67	<b>23-Nov-18</b>	SJL	St. John's Legends A	A. Simms, K. Williams, E. Ricketts, E.
400 Free Relay	3:54.17	<b>9-Jun-19</b>	SJL	St. John's Legends A	A. Simms, K. Williams, E. Ricketts, A.
800 Free Relay	8:40.52	<b>13-Dec-13</b>	SJL	St. John's Legends	C Silotch, M Mackay, C Hickman, M Whelan
200 Medley Relay	2:03.43	<b>24-Aug-09</b>	NL	Team Newfoundland & Labrador	K Flynn, D Tucker, N Rockwood, K
400 Medley Relay	4:21.65	<b>20-Nov-16</b>	MUSC	MUN SeaHawks	C LeBlanc, V Reid, A Somers, V Legge

## RECORDS PR Short Course

### SC Meters-Male

10 & U	50 Free	31.90	<b>3-Feb-91</b>	PSC	Chris Grimes	
	100 Free	1:09.89	<b>6-Dec-91</b>	WWSC	Michael Robertson	
	200 Free	2:36.03	<b>11-Mar-88</b>	NAAC	Chris Granter	
	400 Free	5:20.86	<b>26-Feb-88</b>	NAAC	Chris Granter	
	800 Free	11:41.22	<b>2-Jun-18</b>	SJL	Sawyer Leblanc	2018 Summer Classic
	1500 Free	22:51.07	<b>1-Mar-96</b>	WWSC	Skylar Pike	
	50 Back	36.51	<b>21-Nov-19</b>	CBSB	James Traverse at MPM 4th Annual Sink or Swim Invitational	
	100 Back	1:20.84	<b>1-Nov-19</b>	CBSB	James Traverse at Gander Lakers Fall Invitational 2019	
	200 Back	2:50.51	<b>1-Nov-19</b>	CBSB	James Traverse at Gander Lakers Fall Invitational 2019	
	50 Breast	41.53	<b>9-Feb-91</b>	PSC	Chris Grimes	
	100 Breast	1:29.49	<b>9-Mar-91</b>	PSC	Chris Grimes	
	200 Breast	3:07.37	<b>9-Mar-91</b>	PSC	Chris Grimes	
	50 Fly	35.75	<b>10-Oct-83</b>	NAAC	Iain Tennent	
	100 Fly	1:23.96	<b>25-May-96</b>	WWSC	Skylar Pike	
	200 Fly	3:15.10	<b>16-Jan-82</b>	NAAC	Fergus O'Brien	
	100 IM	1:23.14	<b>26-Feb-88</b>	NAAC	Chris Granter	
	200 IM	2:54.13	<b>21-Nov-19</b>	CBSB	James Traverse at MPM 4th Annual Sink or Swim Invitational	
	400 IM	6:11.41	<b>24-Nov-17</b>	MPM	Jaxson Row	2017 Body Quest Sink or Swim
	200 Free Relay	2:18.88	<b>2-Mar-87</b>	NAAC	NAAC	Nagpurkar, Scott, Granter, Hatcher
	400 Free Relay	5:26.40	<b>12-Nov-88</b>	NAAC	NAAC	Herder, Howell, Howell, Tennent
	800 Free Relay	12:40.86	<b>5-Nov-10</b>	SJL	St John's Legends Swim Club	J. BATTCOCK, M. BREEN, C.
	200 Medley Relay	2:43.81	<b>3-Mar-87</b>	NAAC	NAAC	Hatcher, Scott, Nagpurkar, O'Reilly
	400 Medley Relay	6:53.52	<b>9-Jun-18</b>	SJL	St. John's Legends	L. Haerberle, A. Zein, S. Leblanc, N. Wilson
11-12	50 Free	27.40	<b>19-Nov-21</b>	CBSB	James Traverse at MPM Sink or Swim November 2021	
	100 Free	57.54	<b>7-Jun-19</b>	MPM- NL	Jaxson Row at 2019 Summer Classic	
	200 Free	2:10.95	<b>7-Dec-85</b>	NAAC	Iain Tennent	
	400 Free	4:32.60	<b>6-Dec-85</b>	NAAC	Iain Tennent	
	800 Free	9:38.53	<b>28-Feb-13</b>	SJL	Noah Cumby at 2013 East Coast SC Championships	
	1500 Free	17:24.74	<b>5-Dec-85</b>	NAAC	Iain Tennent	
	50 Back	30.55	<b>19-Nov-21</b>	CBSB	James Traverse at MPM Sink or Swim November 2021	
	100 Back	1:06.76	<b>6-Dec-18</b>	MPM- NL	Jaxson Row at AA-AAA Invitation Pointe-Clai	
	200 Back	2:25.11	<b>6-Dec-18</b>	MPM- NL	Jaxson Row at AA-AAA Invitation Pointe-Clai	
	50 Breast	36.17	<b>12-Mar-93</b>	PSC	Chris Grimes	
	100 Breast	1:16.34	<b>31-Jan-97</b>	GLSC	Nick Smith	
	200 Breast	2:48.80	<b>31-Jan-97</b>	GLSC	Nick Smith	
	50 Fly	29.80	<b>7-Jun-19</b>	MPM- NL	Jaxson Row at 2019 Summer Classic	
	100 Fly	1:05.87	<b>7-Jun-19</b>	MPM- NL	Jaxson Row at 2019 Summer Classic	
	200 Fly	2:29.31	<b>7-Jun-19</b>	MPM- NL	Jaxson Row at 2019 Summer Classic	
	100 IM	1:09.90	<b>18-Jun-16</b>	MPM	Miguel Pond at 2016 NL Summer Games Time Trial - MP Region	
	200 IM	2:30.29	<b>6-Dec-18</b>	MPM- NL	Jaxson Row at AA-AAA Invitation Pointe-Clai	
	400 IM	5:22.09	<b>12-Feb-16</b>	MPM	Miguel Pond at 2016 SNL SC Championships	
	200 Free Relay	2:02.94	<b>26-Feb-88</b>	NAAC	NAAC	Costello, Nagpurkar, Hatcher, Squires
	400 Free Relay	4:34.12	<b>4-Mar-10</b>	SJL	St. John's Legends Swim Club	L. SLADE, W. FERGUSON-O'BRIEN, S.
	800 Free Relay	10:14.16	<b>1-Mar-13</b>	SJL	St. John's Legends	N. Cumby, C. Hickman, J. Wareham, D.
	200 Medley Relay	2:17.56	<b>22-Feb-85</b>	NAAC	NAAC	Flemming, Krizan, Kiruluta, Tennent
	400 Medley Relay	5:19.97	<b>1-Mar-13</b>	SJL	St. John's Legends Swim Club	J. Wareham, C. Hickman, N. Cumby, D.
13-14	50 Free	24.25	<b>18-Feb-10</b>	SJL	Owen Daly	@ Championnats Canadiens de l'es
	100 Free	53.68	<b>4-Mar-10</b>	SJL	Owen Daly	@ SC East Coast Champs 2010

**RECORDS PR Short Course**

13-14	200 Free	1:56.27	<b>4-Mar-10</b>	SJL	Owen Daly	@ SC East Coast Champs 2010
	400 Free	4:12.59	<b>4-Mar-10</b>	SJL	Owen Daly	@ SC East Coast Champs 2010
	800 Free	8:44.98	<b>18-Feb-10</b>	SJL	Owen Daly	@ Championnats Canadiens de l'es
	1500 Free	16:39.97	<b>12-Mar-10</b>	MPM	Gavin Dyke	@ Provincial SC Champs
	50 Back	28.34	<b>5-Mar-15</b>	SJL	Noah Cumby at 2015 East Coast Short Course	
	100 Back	1:02.41	<b>12-Dec-14</b>	GLSC	Dylan Morawski	@Pointe Claire Invite
	200 Back	2:13.37	<b>4-Mar-12</b>	SJL	Logan Slade	@ 2012 SC East Coast Champs
	50 Breast	31.91	<b>19-Nov-21</b>	MPM	Joel Thomas at MPM Sink or Swim November 2021	
	100 Breast	1:08.03	<b>23-Nov-17</b>	SJL	Cormac Bull	@ Sink or Swim Invitational
	200 Breast	2:30.86	<b>6-Dec-18</b>	SJL- NL	Arjan O'Brien at AA-AAA Invitation Pointe-Clai	
	50 Fly	26.22	<b>4-Mar-10</b>	SJL	Owen Daly	@ SC East Coast Champs 2010
	100 Fly	58.79	<b>4-Mar-10</b>	SJL	Owen Daly	@ SC East Coast Champs 2010
	200 Fly	2:15.00	<b>24-Aug-08</b>	SJL	Owen Daly	
	100 IM	1:05.38	<b>18-Oct-09</b>	MPM	Ryan Adams	
	200 IM	2:15.14	<b>23-Nov-17</b>	MPM	Miguel Pond	@ Sink or Swim Invitational
	400 IM	4:50.25	<b>12-Mar-10</b>	SJL	Owen Daly	@ Provincial SC Champs
	200 Free Relay	1:46.19	<b>4-Mar-12</b>	SJL	St. John's Legends	L. Slade, S. Hiscock, L. O'Leary, J. Twells
	400 Free Relay	3:55.90	<b>4-Mar-10</b>	SJL	St. John's Legends	O. DALY, S. NEWHOOK, L. FROUDE, I.
	800 Free Relay	8:46.99	<b>16-Dec-11</b>	SJL	St. John's Legends	S. Hiscock, L. Slade, C. Smith, D. Brown
	200 Medley Relay	2:01.92	<b>22-Nov-19</b>	SJL	St. John's Legends	R. Row, J. Sullivan, J. Seo, J. Davis
	400 Medley Relay	4:25.21	<b>1-Mar-12</b>	SJL	St. John's Legends	G. Shortall, L. O'Leary, L. Slade, S. Hiscock
15-17	50 Free	22.92	<b>16-Dec-17</b>	SJL	Noah Cumby	@ 2017 Ontario Junior International
	100 Free	50.09	<b>17-Dec-17</b>	SJL	Noah Cumby	@ 2017 Ontario Junior International
	200 Free	1:52.68	<b>28-Feb-13</b>	SJL	Owen Daly at 2013 East Coast SC Championships	
	400 Free	4:02.98	<b>8-Feb-97</b>	SJL	Robbie Tennent	
	800 Free	8:20.32	<b>14-Feb-13</b>	MPM	Gavin Dyke	@ 2013 Eastern Canadian Champs
	1500 Free	15:58.09	<b>13-Dec-12</b>	MPM	Gavin Dyke	@ 2012 P1/P2 Invitational
	50 Back	27.29	<b>16-Dec-16</b>	SJL	Noah Cumby	@ Ontario Junior International
	100 Back	56.67	<b>17-Dec-16</b>	SJL	Noah Cumby	@Ontario Junior International
	200 Back	2:07.04	<b>6-Feb-97</b>	SJL	Robbie Tennent	
	50 Breast	30.22	<b>13-Dec-19</b>	SJL- NL	Cormac Bull at Ontario Junior International 2019	
	100 Breast	1:04.89	<b>13-Dec-19</b>	SJL- NL	Cormac Bull at Ontario Junior International 2019	
	200 Breast	2:20.95	* <b>14-Feb-13</b>	SJL	Martin Whelan at Championnat canadien de l'Est Speedo	
	200 Breast	2:20.95	* <b>15-Feb-13</b>	SJL	Martin Whelan	@ 2013 Eastern Canadian Champs
	50 Fly	24.52	<b>19-Jun-21</b>	MPM- NL	Chris Weeks at MPM June 19 Time Trial	
	100 Fly	54.90	* <b>1-Mar-13</b>	SJL	Owen Daly	@ 2013 SC East Coast Champs
	100 Fly	54.90	* <b>28-Feb-13</b>	SJL	Owen Daly at 2013 East Coast SC Championships	
	200 Fly	2:09.53	<b>20-Feb-99</b>	SJL	George Colbert	
	100 IM	1:00.63	<b>7-May-10</b>	CBSC	Theoren Goosney	@ Lakers Provincial Invitational
	200 IM	2:10.08	* <b>1-Mar-13</b>	SJL	Martin Whelan	@ 2013 SC East Coast Champs
	200 IM	2:10.08	* <b>28-Feb-13</b>	SJL	Martin Whelan at 2013 East Coast SC Championships	
	400 IM	4:35.25	<b>6-Mar-82</b>	MUSC	Mike Tuck	
	200 Free Relay	1:37.21	<b>24-Aug-09</b>	NL	Team NL	T Goosney,A Buckingham,A Harvey,N
	400 Free Relay	3:34.72	<b>24-Aug-09</b>	NL	Team NL	A Buckingham,A Harvey,N Hogan,T
	800 Free Relay	7:54.60	<b>24-Aug-09</b>	NL	Team NL	T Goosney,A Harvey,N Hogan,O Daly
	200 Medley Relay	1:50.93	<b>24-Aug-09</b>	NL	Team NL	A Buckingham,T Goosney,B McKay,N
	400 Medley Relay	4:01.32	<b>1-Mar-14</b>	SJL	St. John's Legends	R. Robinson, C. Smith, O. Daley, S. Hiscock
	50 Free	22.92	<b>16-Dec-17</b>	SJL	Noah Cumby	@ 2017 Ontario Junior International
	100 Free	50.23	<b>18-Nov-16</b>	MUSC	Sam Leawood at 2016 Kemp Fry Invitational	
	200 Free	1:51.16	<b>21-Feb-14</b>	MPM	Gavin Dyke	Memorial SeaHawks

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**RECORDS PR Short Course**

400 Free	3:57.01	<b>21-Feb-14</b>	MPM	Gavin Dyke	Memorial SeaHawks
800 Free	8:23.09	<b>17-Nov-13</b>	MPM	Gavin Dyke	Memorial SeaHawks
1500 Free	15:45.44	<b>17-Nov-13</b>	MPM	Gavin Dyke	Memorial SeaHawks
50 Back	25.82	<b>5-Mar-04</b>	MUSC	George Colbert	
100 Back	56.67	<b>17-Dec-16</b>	SJL	Noah Cumby	@Ontario Junior International
200 Back	2:04.78	<b>4-Dec-15</b>	MUSC- NL	David HAINES	at 2015 Body Quest Heats & Finals Invitational
50 Breast	29.36	<b>30-Nov-08</b>	MUSC	Nick Smith	
100 Breast	1:04.73	<b>11-Feb-95</b>	UNB	Nick Smith	
200 Breast	2:20.44	<b>17-Feb-11</b>	CBSC	Theoren Goosney	@ 2011 Western Canadian Champs
50 Fly	24.59	<b>19-Nov-21</b>	SJL	Chris Weeks	at MPM Sink or Swim November 2021
100 Fly	54.90	<b>1-Mar-13</b>	SJL	Owen Daly	@ 2013 SC East Coast Champs
200 Fly	2:04.43	<b>5-Mar-93</b>	SJL	Iain Tennent	
100 IM	59.15	<b>30-Nov-08</b>	MUSC	Nick Smith	
200 IM	2:08.05	<b>8-Feb-19</b>	MUSC	Thomas Chafe	2019 Subway AUS Championships
400 IM	4:35.25	<b>6-Mar-82</b>	MUSC	Mike Tuck	
200 Free Relay	1:37.21	<b>24-Aug-09</b>	NL	Team NL	T Goosney,A Buckingham,A Harvey,N
400 Free Relay	3:29.56	<b>7-Feb-20</b>	MUSC	MUN Sea-Hawks	T. Chafe, D. Morawski, C. Escalante, Y.
800 Free Relay	7:43.63	<b>1-Mar-83</b>	MUSC	MUN Sea-Hawks	Noel, Tuck, Daly, Gillies
200 Medley Relay	1:50.41	<b>10-Mar-02</b>	SJL	St. John's Legends	Gibbons, Thornhill, Kennedy, Mowbray
400 Medley Relay	3:53.36	<b>9-Feb-20</b>	MUSC	MUN Sea-Hawks	D. Morawski, M. Kelly, Y. Zaazou, T.

**RECORDS PR Short Course**

**SC Meters-Mixed**

10 & U	200 Free Relay	2:22.63	<b>14-Oct-17</b>	SJL	SJL	S. Power H. Smart S. LeBlanc B. Pritchett
	200 Medley Relay	2:48.58	<b>14-Oct-17</b>	SJL	SJL	B. Pritchett S. Power H. Smart S. LeBlanc