## **Spectrum Gymnastics - FALL SESSION**

Session runs September 6<sup>th</sup>-December 23<sup>rd</sup>, 2022 (some exclusions) Priority Registration: August 6<sup>th</sup> @10am General Registration: August 7th @10am

All participants must pay a \$40 Gymnastics Ontario fee per year (renews July 1st, 2022)

All classes end 10 minutes before listed end time to allow transition between classes and extra sanitation

## Phone: 226-534-9702 Email: info@spectrumgymnastics.ca Address: 175 Robinson St., Simcoe N3Y 5L6

			Little Ones			
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Tiny Tots	18 months – 2.5 years	10:30am-11:15am	4 mm 4 4 F mm	4:10pm-4:55pm		10am-10:45am
Tilly Tots	18 months – 2.5 years	10:40am-11:25am	4pm-4:45pm			10:30am-11:15am
		11:30am-12:15pm	4:10	4:20pm-5:05pm	4.000 4.45.000	10:10pm 10:55pm
Tumble Tots	2.5-3	11:40am-12:25pm	4:10pm-4:55pm		4pm-4:45pm	10:10am-10:55am
		5pm-5:45pm	4:20pm-5:05pm		4:10pm-4:55pm	10:20am-11:05pm
Kina dia nanana	4.5	5:10pm-6:10pm	5pm-6pm	4pm-5pm	4:20pm-5:20pm	11am-12pm
Kindergym	4-5	5:20pm-6:20pm	6pm-7pm	4:20pm-5:20pm	5pm-6pm	11:10am-12:10pm
Leaps & Bounds	4-5 *invite only*	5:30pm-6:30pm				
Baby & Me	8-18 months			10:30am-12pm		
Homeschool	4-6		11am-12pm			

			<b>Rec Gymnastics</b>				
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday	
		6:10pm-7:10pm	5:10pm-6:10pm 6:20pm-7:20pm	C.E.O	5:20pm-6:20pm 6pm-7pm		
Basics & Beyond	6-7			6:50pm-7:50pm 7pm-8pm			
					6:10pm-7:10pm		
Kinetic Gymnastics	6-7 *invite only*		5:20pm-6:20pm				
Rec Gymnastics	8-10	7:10pm-8:10pm	7pm-8pm	7:50pm-8:50pm	7pm-8pm		
Rec Gynnastics		0-10	0-10	7:30pm-8:30pm	7:20pm-8:20pm	7.50pm-8.50pm	7:20pm-8:20pm
Dynamic Gymnastics	8-10 *invite only*	6:30pm-8:30pm					
Rec Gymnastics	11-13			8:40pm-9:40pm			
Homeschool	7+		12pm-1pm				

			Ninja Zone			
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Lil' Ninjas	4-6	6:20pm 7:20pm	4:30pm-5:30pm	6:30pm-7:30pm	4:30pm-5:30pm	12pm-1pm
Lii Niiijas		6:20pm-7:20pm	5:30pm-6:30pm		5:30pm-6:30pm	
Ninja Training	7-11	7:20pm-8:20pm	6:30pm-7:30pm	7:30pm-8:30pm	6:30pm-7:30pm	12:10pm-1:10pm
Ninja Training	/-11	7-11 7.20pm-8.20pm	7:30pm-8:30pm		7:30pm-8:30pm	
Ninja Pros	12-14			8:30pm-9:30pm		

			Special Needs				
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday	
Sensory Gymnastics	7+			5:30pm-6:30pm			
Play Abilities 2-6 4pm-5pm							
	Private Lessons & Rehound Therany – Contact to Book						

Trampoline & Tumbling						
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Trouveline 8 Truckline	6.9	Care Jam	C:10mm 7:10mm	C: 10 7: 10	E:10am C:10am	11:20am-12:20pm
Trampoline & Tumbling	6-8	6pm-7pm	6:10pm-7:10pm	6:40pm-7:40pm	5:10pm-6:10pm	12:20pm-1:20pm
Defying Gravity	6-8 *invite only*	7pm-8pm				
Trampoline & Tumbling	9-13		7:10pm-8:10pm	7:40pm-8:40pm	7:10pm-8:10pm	
Zero Gravity	9-13 *invite only*				6:20pm-8:20pm	
Teen Tumbling	14-18			8pm-9:30pm		

Adult Programming						
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Adult Gymnastics	18+	8:30pm-9:30pm				
Open Gym	16+		8:30pm-9:30pm			

Prices DO NOT include HST *based on one class per week* 8 week session:					
Baby & Me - \$60/month	PlayAbilities - \$320				
Tiny Tots & Tumble Tots - \$305	Sensory Gymnastics \$320				
Kindergym - \$320	Lil' Ninjas - \$360				
Leaps & Bounds - \$320	Ninja Training - \$360				
Basics & Beyond - \$320	Ninja Pros - \$360				
Kinetic Gymnastics - \$320	Trampoline & Tumbling - \$320				
Rec Gymnastics - \$320	Defying Gravity - \$320				
Dynamic Gymnastics - \$480	Zero Gravity - \$480				
Adult Gymnastics - \$80/month	Teen Tumbling - \$400				
Open Gym - \$15 drop in					

Program descriptions listed on website: www.spectrumgymnastics.ca