

Spectrum Gymnastics – SPRING SESSION

Session runs April 30th – June 22nd (some exclusions).

Priority Registration: March 30th @10am **General Registration:** April 6th @10am.

All participants must pay a non-refundable \$40 Gymnastics Ontario fee per year (renews July 1st, 2024).

All classes end 10 minutes before listed end time to allow transition between classes and family communication.

A & B classes will warm up as ONE GROUP and split up for events for the remainder of class.

Phone: 226-534-9702 **Email:** admin@spectrumgymnastics.ca **Address:** 175 Robinson St., Simcoe N3Y 5L6

Little Ones							
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday	
Tiny Tots	18 months – 2.5 years	10:30am-11:15am	4:10pm-4:55pm		5pm-5:45pm A 5pm-5:45pm B	10am-10:45am A 10am-10:45am B	
Tumble Tots	2.5-3	11:30am-12:15pm	4pm-4:45pm A 4pm-4:45pm B	4pm-4:45pm A 4pm-4:45pm B	5:10pm-5:55pm A 5:10pm-5:55pm B	10:10am-10:55am A 10:10am-10:55am B	
Little Leapers Learning	3-4			9:30am-11:30am			
Kindergym	4-5	5pm-6pm A 5pm-6pm B 6pm-7pm	5pm-6pm A 5pm-6pm B	4:10pm-5:10pm A 4:10pm-5:10pm B	4pm-5pm 4:10pm-5:10pm 4:20pm-5:20pm	11am-12pm A 11am-12pm B 11:10am-12:10pm 12:10pm-1:10pm A 12:10pm-1:10pm B	
		Leaps & Bounds	4-5 *invite only*	5:10pm-6:10pm			
		Baby & Me	8-18 months		10:30am-12pm		
Homeschool	4-10		11:30am-12:30pm				
Preschool Drop In	Walking – 4 years		10am-11am	2pm-3pm			

Rec Gymnastics						
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Basics & Beyond	6-7	6pm-7pm 7:10pm-8:10pm	6pm-7pm A 6pm-7pm B 6:10pm-7:10pm	6:40pm-7:40pm A 6:40pm-7:40pm B	6pm-7pm A 6pm-7pm B 6:10pm-7:10pm A 6:10pm-7:10pm B	12pm-1pm A 12pm-1pm B 12:20pm-1:20pm
		Kinetic Gymnastics	6-8 *invite only*	5:10pm-6:10pm		
Rhythmic Gymnastics	6-8				4:10pm-5:10pm	
Rec Gymnastics	8-10	7pm-8pm A 7pm-8pm B	7pm-8pm 7:10pm-8:10pm 7:20pm-8:20pm	6:50pm-7:50pm A 6:50pm-7:50pm B 7:40pm-8:40pm A 7:40pm-8:50pm B	7pm-8pm A 7pm-8pm B 7:10pm-8:10pm	
		Dynamic Gymnastics	9-13 *invite only*	6:10pm-8:10pm		
Rec Gymnastics	11-13		7pm-8pm	7:50pm-8:40pm	7:10pm-8:10pm	

Ninja Zone							
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday	
Lil' Ninjas	4-6	5:10pm-6:10pm 5:20pm-6:20pm 6:20pm-7:20pm	4:20pm-5:20pm A 4:20pm-5:20pm B 5:20pm-6:20pm	4:20pm-5:20pm 6:30pm-7:30pm	4pm-5pm 4:20pm-5:20pm 5:20pm-6:20pm	10:20am-11:20am 11:10am-12:10pm 11:20am-12:20pm	
		Ninja Training	7-11	7:20pm-8:20pm	5:20pm-6:20pm 6:20pm-7:20pm A 6:20pm-7:20pm B	7:30pm-8:30pm 6:20pm-7:20pm	12:20pm-1:20pm
		Ninja Pros	12-14			8:30pm-9:30pm	

Adaptive Programs						
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Sensory Gymnastics	7+			5:30pm-6:30pm		
Play Abilities	2-6	4pm-5pm				
Adaptive Fitness	18+				1pm-2pm	
Beyond Boundaries	7+	6:10pm-7:10pm				

Private Lessons & Rebound Therapy – Contact to Book

Trampoline & Tumbling						
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Trampoline & Tumbling	6-8	5:20pm-6:20pm 6:20pm-7:20pm	4:10pm-5:10pm 5:10pm-6:10pm	4:20pm-5:20pm 6:30pm-7:30pm	5:20pm-6:20pm	10:20am-11:20am
		Defying Gravity	6-8 *invite only*	7:20pm-8:20pm		
Trampoline & Tumbling	9-13		6:10pm-7:10pm 7:10pm-8:10pm	7:30pm-8:30pm 8:30pm-9:30pm	7:20pm-8:20pm	11:20am-12:20pm
		Zero Gravity	9-13 *invite only*			6:20pm-8:20pm
Teen Tumbling	14-18				7:30pm-9pm	

Adult Programming						
Programs	Age	Monday	Tuesday	Wednesday	Thursday	Saturday
Adult Gymnastics	18+		7:10pm-8:10pm			
Open Gym	16+		8:15pm-9:15pm			

Prices DO NOT include HST *based on one class per week* 8 week session:

Baby & Me - \$65/month
 Tiny Tots & Tumble Tots - \$168
 Little Leapers Learning - \$256/8 weeks
 Kindergym - \$176
 Leaps & Bounds - \$132
 Basics & Beyond - \$176
 Kinetic Gymnastics - \$176
 Rec Gymnastics - \$176
 Dynamic Gymnastics - \$192
 Adult Gymnastics - \$85/month
 Open Gym - \$15 drop in

Adaptive Fitness - \$20/class
 PlayAbilities - \$154
 Sensory Gymnastics \$176
 Beyond Boundaries - \$132
 Lil' Ninjas - \$216
 Ninja Training - \$216
 Ninja Pros - \$216
 Trampoline & Tumbling - \$176
 Defying Gravity - \$132
 Zero Gravity - \$256
 Teen Tumbling - \$216

Program descriptions listed on website: www.spectrumgymnastics.ca