

Spectrum Gymnastics - SPRING SESSION

Session runs May 2nd – June 23rd, 2022 (some exclusions)

Priority Registration: March 26th @10am General Registration: April 2nd @10am

All participants must pay a \$40 Gymnastics Ontario fee per year (renews July 1st, 2022)

All classes end 10 minutes before listed end time to allow transition between classes and extra sanitation

Phone: 226-534-9702 Email: info@spectrumgymnastics.ca Address: 175 Robinson St., Simcoe N3Y 5L6

| Little Ones | | | | | | |
|----------------|-----------------------|----------------------------------|--------------------------|--------------------------------|---------------|------------------------------|
| Programs | Age | Monday | Tuesday | Wednesday | Thursday | Saturday |
| Tiny Tots | 18 months – 2.5 years | 10:30am-11:15pm | 4pm-4:45pm | | 4:35pm-5:20pm | 10am-10:45am |
| Tumble Tots | 2.5-3 | 11:30am-12:15pm 5:05pm-5:50pm | 4:35pm-5:20pm | 4pm-4:45pm | 5:40pm-6:25pm | 10:15am-11am |
| Kindergym | 4-5 | 5:15pm-6:15pm 5:45pm-6:45pm | 4:15pm-5:15pm 6pm-7pm | 4:10pm-5:10pm 4:20pm-5:20pm | 4pm-5pm | 11am-12pm 11:15am-12:15pm |
| Leaps & Bounds | 4-5 *invite only* | 5:25pm-6:25pm | | | | |
| Baby & Me | 8-18 months | | | 10:30am-12pm | | |

| Rec Gymnastics | | | | | | |
|--------------------|--------------------|--------------------------------|---|--------------------------------|--------------------------------|-----------------|
| Programs | Age | Monday | Tuesday | Wednesday | Thursday | Saturday |
| Basics & Beyond | 6-7 | 6:10pm-7:10pm 6:50pm-7:50pm | 5pm-6pm 6:05pm-7:05pm | 6:35pm-7:35pm 6:40pm-7:40pm | 4:25pm-5:25pm 5:30pm-6:30pm | 10:30am-11:30am |
| Rec Gymnastics | 8-10 | 7:15pm-8:15pm | 5:10pm-6:10pm 7:05pm-8:05pm 7:10pm-8:10pm | 7:40pm-8:40pm | | |
| Dynamic Gymnastics | 8-10 *invite only* | | | | 6:35pm-7:35pm | |
| Rec Gymnastics | 11-13 | | | | 7:40pm-8:40pm | |

| Ninja Zone | | | | | | |
|----------------|-------|---------------|--------------------------------|---------------|--------------------------------|----------------|
| Programs | Age | Monday | Tuesday | Wednesday | Thursday | Saturday |
| Lil' Ninjas | 4-6 | 6:25pm-7:25pm | 4:25pm-5:25pm 5:30pm-6:30pm | 6:25pm-7:25pm | 4:15pm-5:15pm 5:20pm-6:20pm | 12:20pm-1:20pm |
| Ninja Training | 7-11 | 7:30pm-8:30pm | 6:35pm-7:35pm 7:40pm-8:40pm | 7:30pm-8:30pm | 6:25pm-7:25pm 7:30pm-8:30pm | 12pm-1pm |
| Ninja Pros | 12-14 | | | 8:35pm-9:35pm | | |

| Special Needs | | | | | | |
|---|-----|---------|---------|---------------|----------|----------|
| Programs | Age | Monday | Tuesday | Wednesday | Thursday | Saturday |
| Sensory Gymnastics | 7+ | | | 5:30pm-6:30pm | | |
| Play Abilities | 2-6 | 4pm-5pm | | | | |
| Private Lessons & Rebound Therapy – Contact to Book | | | | | | |

| Trampoline & Tumbling | | | | | | |
|-----------------------|--------------------|---------------|--------------------------------|--------------------------------|--------------------------------|-----------------|
| Programs | Age | Monday | Tuesday | Wednesday | Thursday | Saturday |
| Trampoline & Tumbling | 6-8 | 6pm-7pm | 5:20pm-6:20pm 6:25pm-7:25pm | 4:30pm-5:30pm 6:30pm-7:30pm | 5:05pm-6:05pm | 11:30am-12:30pm |
| Trampoline & Tumbling | 9-13 | 7:05pm-8:05pm | 7:30pm-8:30pm | | 6:10pm-7:10pm 7:15pm-8:15pm | |
| Zero Gravity | 9-13 *invite only* | | | 7:35pm-8:35pm | | |
| Teen Tumbling | 14-18 | | | 8:15pm-9:45pm | | |

| Adult Programming | | | | | | |
|-------------------|-----|---------------|---------------|-----------|----------|----------|
| Programs | Age | Monday | Tuesday | Wednesday | Thursday | Saturday |
| Adult Gymnastics | 18+ | 8:30pm-9:30pm | | | | |
| Open Gym | 16+ | | 8:30pm-9:30pm | | | |

Prices DO NOT include HST *based on one class per week* 8 week session:

Baby & Me - \$60/month
 Tiny Tots & Tumble Tots - \$155
 Kindergym - \$160
 Basics & Beyond - \$160
 Rec Gymnastics - \$160
 PlayAbilities - \$160
 Sensory Gymnastics \$160

Lil' Ninjas - \$180
 Ninja Training - \$180
 Ninja Pros - \$180
 Trampoline & Tumbling - \$160
 Teen Tumbling - \$200
 Adult Gymnastics - \$80/month
 Open Gym - \$15 drop in

Program descriptions listed on website: www.spectrumgymnastics.ca

