

Spectrum Gymnastics – SPRING SESSION

Session runs July 7th – August 28th (some exclusions).

Priority Registration: May 26th @2pm **General Registration:** June 2nd @2pm

All participants must pay a non-refundable \$42 Gymnastics Ontario fee per year (renews July 1st, 2025).

Q symbol beside class means there is only 2 classes in the gym at the time allowing for a quieter space than usual.

Phone: 226-534-9702 **Email:** admin@spectrumgymnastics.ca **Address:** 175 Robinson St., Simcoe N3Y 5L6

THE MAIN GYM

Rec Gymnastics: Ages 6-7					
Programs	Age	Monday	Tuesday	Wednesday	Thursday
Basics & Beyond	6-7		4:15pm-5:05pm	6:15pm-7:05pm	4:15pm-5:05pm
			5:15pm-6:05pm		5:25pm-6:15pm
Intermediate Rec	6-7		4:25pm-5:40pm		
Advanced Rec	6-7			5:25pm-6:40pm	

Rec Gymnastics: Ages 8-10					
Programs	Age	Monday	Tuesday	Wednesday	Thursday
Rec Gymnastics	8-10		5:15pm-6:05pm	6:35pm-7:25pm	4:25pm-5:15pm
				7:15pm-8:05pm	6:25pm-7:15pm
Intermediate Rec	8-10			5:15pm-6:45pm	7:15pm-8:05pm
					5:15pm-6:45pm
Advanced Rec	8-10		6:15pm-8:15pm		7:25pm-8:55pm

Rec Gymnastics: Ages 11-13					
Programs	Age	Monday	Tuesday	Wednesday	Thursday
Rec Gymnastics	11-13			6:15pm-7:05pm	4:25pm-5:15pm
Advanced Rec	11-13		6:25pm-8:25pm		6:15pm-8:15pm

NinjaZone					
Programs	Age	Monday	Tuesday	Wednesday	Thursday
Ninja Training	7-11		4:25pm-5:15pm	5:25pm-6:15pm	4:15pm-5:05pm
			5:25pm-6:15pm	7:15pm-8:05pm	5:25pm-6:15pm
Ninja Pros	12-14			7:25pm-8:40pm	

Adaptive Programs					
Programs	Age	Monday	Tuesday	Wednesday	Thursday
PlayAbilities	2-6	4:15pm-5:05pm			
Sensory Gymnastics	7+			4:15pm-5:05pm	

Trampoline & Tumbling					
Programs	Age	Monday	Tuesday	Wednesday	Thursday
Trampoline & Tumbling	6-8		4:15pm-5:05pm	7:25pm-8:15pm	
Advanced T&T	6-8			5:15pm-6:30pm	
Trampoline & Tumbling	9-13			6:35pm-7:25pm	5:15pm-6:05pm
					7:15pm-8:05pm
Advanced T&T	9-13		6:15pm-8:15pm		6:15pm-8:15pm
Teen Tumbling	14-18				6:25pm-7:55pm

Prices DO NOT include HST *based on one class per week* 8 week session:

Basics & Beyond - \$192
Intermediate Rec (ages 6-7) - \$216
Advanced Rec (ages 6-7) - \$216
Rec Gymnastics - \$192
Intermediate Rec (ages 8-10) - \$256
Advanced Rec (ages 8-10 & 11-13) - \$288
Ninja Training - \$232

Ninja Pros - \$256
Teen Tumbling - \$256
PlayAbilities - \$168
Sensory Gymnastics - \$192
Trampoline & Tumbling - \$192
Advanced T&T (ages 6-8) - \$216
Advanced T&T (ages 9-13) - \$288

Program descriptions listed on website: www.spectrumgymnastics.ca

GYM CLOSED:

July 1st-6th Staff Training

August 4th Civic Holiday

August 30th-September 7th Break