



**Branch 256 Stony Plain Alberta**



**Legion Closed till further notice**  
**no Meat Draw.**

**\$ 40.00 Meat Pack Shirley Groleau**

## Newsletter

Nov 29 ,2020

### Contact Information

4902-44 Avenue

Stony Plain T7Z-1V5

780-963-9232 Fax- 780-968-1571

[spl256@telus.net](mailto:spl256@telus.net)

[www.stonyplainlegion.com](http://www.stonyplainlegion.com)



This Week

Branch Closed

Nov Toonie Draw

Ronnie Martineau won  
\$100.00

# Royal Canadian LEGION



Presentation to Stony Plain Kinsmen Ed Berney from Branch #256 President Cde Darren Papish in support of Christmas Hampers.

## Stony Plain Legion Br. 256

Hello All

This is to inform everybody that the Legion will be shut down until January.

I would like to take this opportunity to thank all our members for the time that we were open this fall. Even with the reduced days we were open, and with the occupancy restrictions, I still feel that we were successful. That is a direct result from the hard work and dedication from the executives involved in getting the doors open, and all the members who volunteered their time to help. Yet another example why we have such an outstanding Legion and we have the successes that we do.

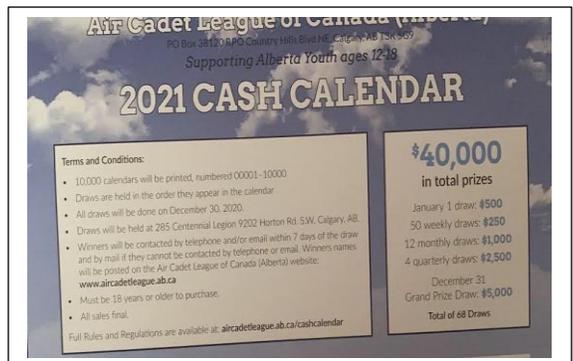
Darren Papish

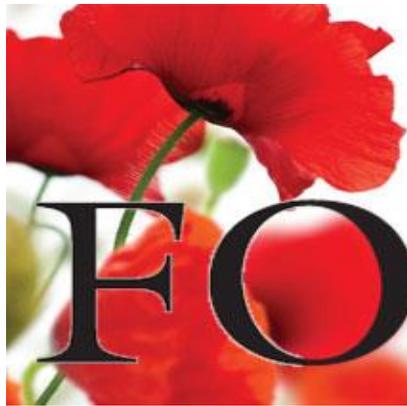
President

## Be part of making a difference

They served and sacrificed for our freedoms. Becoming a member of the Legion is the ultimate way to show your gratitude and give your support. You don't have to be a Veteran to join and make a difference.

For information contact 755 Parkland Air Cadets at 780-283-0208 or by email [755sscvicechair@gmail.com](mailto:755sscvicechair@gmail.com)





# LEST WE FORGET

## Executive Meeting

2<sup>nd</sup> Tuesday of each Month @  
7:00pm

## General Meetings

3<sup>rd</sup> Tuesday of each Month at  
7:00 pm except for July August  
and December.

November General Meeting  
Postponed because we are  
closed

President- Darren Papish

Past President -Pat Hale

1<sup>st</sup> Vice- Jim Stover

2<sup>nd</sup> Vice - Buck Coutts

Secretary- Dixie Jones

Treasurer- Kim Martin

Sgt-At-Arms- Larry Funge

Service Officer- Jerry Milne

Pastor- Rev Trevor Swanson MTS

Executive

Lanny McConnell, Andrew Benkovich, Ed  
Siteman ,Duffy Mervold, Jerry Milne  
Audrey Funge and Sherri Milne



## **Volunteers**

*Make everything happen!*

*Thank You!*

Thanks to all Our Volunteers



## 2021 MEMBERSHIP RENEWAL STICKERS

- The 2021 membership **RENEWAL STICKERS ARE IN** the Branch.
- Renewal **FEES** for 2021 remain at **\$50**.
- We will be running an **'INCENTIVE MEMBERSHIP DRAW'** again this year:
  - **3 DRAWS** at the end of **SEPTEMBER** for **FREE MEMBERSHIP**.
  - **2 DRAWS** at the end of **OCTOBER** for **FREE MEMBERSHIP**.
  - **1 DRAW** at the end of **NOVEMBER** for **FREE MEMBERSHIP**.

From your Membership chair Pat Hale, October's two winners of free membership are Keith Epton and Brian Klashinsky. Congratulations and thank you for paying your 2021 dues early. There will be one more draw at the end of November for free membership.

## POTATO BAG STRENGTH

**An exercise for people who are out of shape: Begin with a five-pound potato bag in each hand. Extend your arms straight out from your sides, hold them there for a full minute, and then relax. After a few weeks, move up to ten-pound potato bags. Then try 50-pound potato bags, and eventually try to get to where you can lift a 100-pound potato bag in each hand and hold your arms straight for more than a full minute. Once you feel confident at that level, put a potato in each bag. —Beverly Gross**

The Canadian military has its own flight demonstration squadron — akin to the Blue Angels — called the [Snowbirds](#). Like their American counterparts, the Snowbirds perform jaw-dropping acrobatic air shows to crowds across Canada and the U.S.

Identifiable by their bright red sweatshirts and hats, the [Canadian Rangers](#), a part of the Canadian Armed Forces Reserves, provide consistent military support in remote and hard-to-reach areas. These 5,000 volunteers are located through 200 of Canada's most-isolated northern and coastal communities.

Unlike the U.S., the [Canadian Coast Guard](#) is not a part of the Canadian military and instead operates as a civilian Special Operating Agency within Fisheries and Oceans Canada.

However, with the longest coastline of any country in the world, the Canadian Coast Guard often works with both the [Canadian and U.S. militaries](#) to complete missions along its [243,000 kilometers of coast](#).



## **WHAT'S HAPPENING AT BRANCH 256**

Closed till further notice



**If Help needed contact our service officer**

1 of 2



## Service Officer





**Cde. Jerry Milne**  
780-504-2888  
[jermilne16@gmail.com](mailto:jermilne16@gmail.com)

Stony Plain Legion #256  
4902-44<sup>th</sup> Ave  
Stony Plain, AB T7Z 1V5  
780-963-9232

The Last Sunday of the Month starting April 29, 2018 @ 1400 hours has been set aside for a gathering of Veterans of the Canadian Armed Forces & RCMP and all those serving on active duty to come together in fellowship and to be introduced to the Legion. Coffee and Donuts will be Served. All Veterans Welcome.

**Legion services for Veterans and their families**

The Legion provides a range of services and supports for Veterans, their families and dependants. In addition to directly assisting Veterans and their families with the disability claims process through Veterans Affairs Canada (VAC), the Legion offers a variety of programs, resources and referrals to support Veteran health, transition to civilian life, financial assistance and well-being.

**At the local Legion Branch, a Veteran or their family can:**

- meet with a volunteer Legion Service Officer to help identify unmet health or support needs and review possible benefits through VAC, as well as other supports available
- get assistance with completing the Legion Claims Form and receive a referral to Legion Command Service Officers for individual assistance
- request benevolent financial assistance through the Poppy Fund
- request visits to Veterans in retirement and long-term care facilities
- access Veteran support and care programs as offered through the Branch

# CHRISTMAS HAMPERS

A service project of the



Stony Plain Legion members, we may be closed but you can still donate to Christmas Hamper 2020, the need is great!

GO TO [www.stonyplainkinsmen.ca](http://www.stonyplainkinsmen.ca) AND CLICK TO DONATE or check out hampers in many local Businesses